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SKELETON CONFIRMS
PSYCHIC'S FINDINGS**

**WOMAN WHO ACCUSED
FAMOUS HEALER
TAKES HER OWN LIFE**

**BLIND MEDIUM'S WEIGHT
LOSS BOOSTS CONFIDENCE**

**CRAWLING PHANTOM
SEEN AT SCOTTISH LODGE**

**PIONEER SPIRITUALIST
WAS ARRESTED AS SPY**

**GLASTONBURY'S
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**GETTING THE
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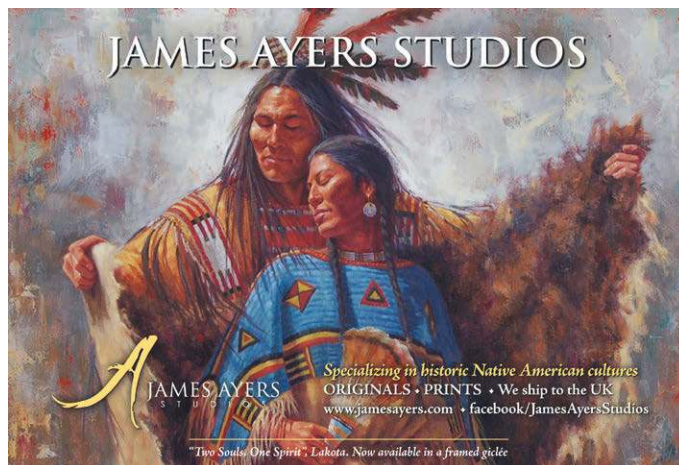
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TWO WORLDS ARE ONE

NEWS AND VIEWS FROM
THE EDITOR'S DESK

BY TONY ORTZEN

To heal the spirit

TIME flies when you're having fun! In all the years I have been a journalist – and that's almost 50 – I've never written about Aborigines. Well, there's a first time for everything.

For this story, we need to nip over to South Australia, where Aboriginal traditional healers, known as Ngangkari, are now working hand-in-hand with health professionals to treat patients in hospitals and healthcare facilities across the Northern Adelaide Local Health Network (NALHN).

Kurt Towers, the Executive Director of Aboriginal Health, said that Ngangkari provide an essential service for physical, emotional and cultural health and wellbeing.

"In an innovative national first, the NALHN Aboriginal health team has developed the first formalised and clinically endorsed procedure to support Ngangkari healers working in a health setting, including mental health," Mr Towers added.

"The formal agreement enhances the recognition of the role of Aboriginal traditional medicine within Australian health care.

"We have had exceptional support from doctors, nurses and staff throughout NALHN. The addition of the service will help our efforts to close the gap and achieve



NGANGKARI healers Margaret Richards and Gerard Watson are seen with Kurt Towers, the Executive Director of Aboriginal Health. (Photo: SA Health)

greater health and life expectancy equality for Aboriginal people."

Dr Simon Jenkins, Director of Critical Care, said NALHN clinicians recognise the Ngangkari as a valued profession.

"From a western medicine perspective, it's difficult to conceptualise this kind of diagnosis and treatment, but the Ngangkari methods of healing have a profound effect

Psychic News (incorporating Two Worlds)

Psychic News was founded in 1932 and *Two Worlds* in 1887. Both were established by famous mediums and joined forces in July 2018 to form a single publication promoting Spiritualism from an independent viewpoint and mind-body-spirit issues.

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on patients and complement mainstream treatment," he continued.

"Doctors, nurses and allied health staff across NALHN can now refer patients for an appointment with a Ngangkari to support their recovery and help patients get better quicker."

A press statement explained that Ngangkari "inherit the healing powers through beliefs, bloodlines and traditional training methods, and focus on healing a person's spirit."

Dr Francesca Panzironi, the founder and Chief Executive Officer of Anangu Ngangkari Tjutaku Aboriginal Corporation, commented: "In simple terms, when people get sick, the Ngangkari use their traditional healing methods to take away the pain.

"The healers use methods including pampuni (healing touch), mapampa (blowing) and marali (spiritual healing and bush medicines) to complement mainstream treatment.

"Patients say things like, 'I felt the energy had left me.' After seeing a Ngangkari, they say they feel better, like their spirit has returned."

Back in the UK, it's a huge shame that our NHS does not make greater use of spiritual healers, although some are available at a few hospitals.

A premier surprise

ONE of the most fascinating people I ever interviewed was romance writer Dame Barbara Cartland, who had many psychic experiences.

The majority of people within the mind-body-spirit community would doubtless support much more use of complementary therapies. Surprisingly, it's just emerged that Baroness Thatcher took so-called alternative remedies which the novelist sent to her, including one to tackle tiredness.

Dame Barbara also provided the then Prime Minister with supplements to counteract jet lag and travel sickness ahead of a trip to the Far East.

The Margaret Thatcher Foundation is gradually releasing her private files. The most recent batch made public show that Dame Barbara corresponded with Baroness Thatcher fairly regularly and lunched with her.

In one letter, dated June 8, 1989, she wrote to "my dear prime minister" after seeing her the night before, commenting: "It is incredible, with all you do, how you can still look as though you were 25.

"In case you ever feel tired, I am enclosing the very latest product we have in the Health Movement, which takes oxygen to every part of the body, including the brain.

"My son, aged 51, says that he wakes up in the morning and feels like a boy of 16, and at nearly 88 I find it fantastic."

In her reply, Baroness Thatcher thanked Dame Barbara for the "charming letter" and the "nutrimental capsules."

A few weeks later, Dame Barbara wrote to Mrs Thatcher's diary secretary, Amanda Ponsonby, with further supplements ahead of the Premier's planned trip to the Far East.

"Thank you so much for being most kind and saying that you will give the enclosed to the Prime Minister," wrote Dame Barbara. "I hope that there are enough because it is a very long trip.



DAME BARBARA CARTLAND believed that acorns from a 450-year-old oak tree in the garden of her estate had magical powers. (Photo: Allan Warren)

"I did it myself and it does feel ghastly when you get home. Do impress on her that as far as I know there are no side effects at all.

"They are not soporific, so that you feel you must go to sleep. It just stops that awful feeling in the head and ears."

In November 1989, Baroness Thatcher wrote to the novelist after a "wonderful luncheon" and thanked her for a "golden acorn," adding, "I shall need it in the coming days!"

Decorated in gold leaf, the acorn came from a 450-year-old oak tree, which Dame Barbara believed contained magic powers, in the garden of her estate in Hertfordshire. The writer maintained that Elizabeth I planted it.

Elsewhere in the newly-released files are references to Baroness Thatcher taking royal jelly and Vitamin C.

The documents also detail Downing Street's fury over revelations that Baroness Thatcher visited an Indian guru for "electric bath" treatments to maintain



FILES reveal that *Baroness Thatcher* visited an *Indian guru* for “electric bath” treatments.

her youthfulness.

The treatment, which involved passing 0.3 amps of electricity through water, supposedly to release “unlocked energy,” was revealed in the American magazine *Vanity Fair*.

Millionaire industrialist Sir Emmanuel Kaye, once a strong supporter of the Conservative Party, also wrote to Baroness Thatcher offering advice about her supplements.

Sir Emmanuel said he could “sort out vitamins, minerals, etc, and, if you like, check whether the Vitamin C and the royal jelly you are having are of the best variety for you and work out the optimum dosage.”

The industrialist also mentioned that he had evolved “an advanced form of homoeopathy called body tuning,” although it is not known whether he offered any for Baroness Thatcher.

Chris Collins, of the Margaret Thatcher Foundation, said he believed her interest in complementary medicines was genuine, although references in the archives were “obscure, perhaps deliberately so.”

Not surprisingly, the “electric baths” report generated a lot of attention in the world’s media. Mr Collins added that Bernard Ingham, Baroness Thatcher’s press secretary, could not treat lightly “the impression of dottiness, of a woman ‘slightly off her trolley’.”

Pets are pampered

ONE of the most influential and recognisable fashion designers of the 20th century, Karl Lagerfeld recently passed on at the age of 85 after suffering from pancreatic cancer.

At one point, it was announced that he

would be cremated, but have no ceremony in accordance with his wishes. Indeed, he once stated: “There will be no funeral. I’d rather die!”

In any event, celebrities, friends and admirers attended his funeral even though a spokeswoman for Chanel, the brand he led for over 30 years, had previously announced, “His wishes will be respected.”

Be that as it may, it seems that the fashion designer has left some of his £153 million fortune to his Birman cat Choupette.

Apparently, Choupette already has a substantial fortune of her own, having earned over £2 million taking part in adverts for a German car firm and a Japanese cosmetics brand.

Mr Lagerfeld once revealed that he employed two maids to look after the cat who, he said, has “four different dishes prepared for her” each day “served in fabulous bowls.”

Her favourite meals came from some of the best restaurants in Paris. One typically lavish offering was a mixture of king crab, smoked salmon and caviar.

A few years ago, fashion designer Alexander McQueen left £50,000 of his £16 million fortune to his three English bull terriers.

In 1996, actress Beryl Reid left her £1 million home to her cats. Three years later, London bookshop owner Christina Foyle arranged £20,000 a year as “upkeep” for her five felines.

Apparently, Oprah Winfrey has already let it be known that her dogs will inherit £30 million if she passes on first.

I think that next time round, I’ll see if it’s possible to return as a much-pampered pet rather than an overworked editor!

Let’s go green!

SPIRIT guides lay much stress on natural law. Unfortunately, for decades humanity had pillaged and plundered planet Earth rather than revered, respected and replenished her. These days, the dire results of pollution and climate change are all too easy to see.

Anyway, it was great news to see in a paper the other day that last year, renewable power rose to a record high and produced more than a quarter of the UK’s electricity.

Wind, solar, bioenergy and hydropower supplied 27.5 per cent, which was up from the previous figure of 23.7 per cent.

Quite by chance, the next day my water bill arrived. Included within it was a leaflet, which stated:

“We turn poo, wind and solar into energy. Last year, we generated over twenty per cent of our own energy into renewable sources.

“This is the equivalent to £30 million a year in energy costs, which we’re reinvesting to improve your service.”

It was also good to learn that a deal between the government and the wind industry will ensure 30 per cent of electricity comes from offshore wind by 2030. The move will help the UK towards an aim of securing almost all its power from low-carbon sources by that date.

I have never liked nuclear energy since some of its waste products will, according to various sources, be hazardous for thousands of years, thereby jeopardising future generations. Then, of course, there have been disasters such as Chernobyl.

In my book, self-serving politicians rarely do the obvious. Surely another



KARL LAGERFELD: Celebrities, friends and admirers attended his funeral service, even though the fashion designer said he did not wish one to be held. (Photo: Siebbi)



LAST year, renewable energy rose to a record high and produced more than a quarter of the UK's electricity.

brilliant scheme would be to revive the offer to all households to subsidise solar panels.

Apart from boosting green power, their manufacture and installation could create many thousands of jobs, and we really would be working with nature and natural laws rather than against them.

Silence is deafening

A COUPLE of years ago, under a previous editor, *PN* launched the TRUTH campaign in an attempt to stamp out fraudulent physical mediumship. Part of the initial announcement read:

"As a first step, we are campaigning for every physical medium who demonstrates publicly to be tested using the latest non-invasive thermal technology.

"We are also inviting all Spiritualist churches and centres to give their support to this campaign by agreeing to allow only those physical mediums whose abilities have been verified by thermal imaging technology to demonstrate on their premises."

Later came: "The Catch 22 situation is that whereas a genuine medium appears to need a room largely devoid of light to produce physical phenomena – just as a seed needs darkness in order to germinate – a fraudulent physical medium also needs those same conditions in order to fake the interaction of spirits with objects or people in the room.

"So how do we distinguish one from the other? The good news is that new passive technology now exists that makes it possible to record activities in a darkened séance room without emitting any form of light.

"What thermal imaging cameras do, instead, is detect heat in the form of infrared emissions (body heat) from each individual in the room.

"This should make it possible, when the recording is reviewed, to see if the medium or anyone else moved from their seat

during the event."

Not a single physical medium was tested, even though *PN*'s TRUTH campaign received major backing from three continents.

So where are we at the moment? Well, since last month I've received phone calls and e-mails about a recent séance where three sitters had their toes sucked.

I e-mailed the medium concerned, saying, in part: "In the last week or so, I have received more than one complaint about a séance you gave... in which several people had their toes sucked..."

"One of those who e-mailed wrote: 'Not only is the toe-sucking incident offensive, it debases everything a séance should be..."

"On one hand the incident has comedy value. It's just ridiculous enough to be funny, but, in fact, it is an insult to the hundreds of hard-working mediums around the world who go out of their way to help bring comfort and peace of mind to people who grieve. This is not mediumship; it is debauchery!"

"The séance concerned has been discussed on social media and is therefore in the public domain.

"I am probably going to write a piece about the incident in my column for our April issue. It's always very important to me to be scrupulously fair, so I would much welcome your comments as soon as possible."

The result from the medium was a deafening silence. However, in an obviously orchestrated move, what the office did receive were several e-mails from another medium and various individuals threatening us under the European Union's General Data Protection Regulation (GDPR).

Having checked the legal situation regarding GDPR, it seems that we could indeed name the medium concerned, but I am not prepared to give him or anyone else claiming physical gifts any publicity whatsoever.

Why? Sadly, I can guarantee that were I to do so, centres run by those who are too trusting would still go ahead and ask them to demonstrate.

The purpose of a sitting or séance is to offer intelligent and credible evidence of survival after death. I am not convinced that toe-sucking antics fulfil this criterion.

Some of those attending such séances are so desperate to believe in an afterlife that they accept anything no matter how dubious or banal. This hinders rather than helps our noble cause.

It is always essential to assess any

phenomena which occur. Sitters should never leave their common sense at the séance room door, as some do.

I would be absolutely delighted to hear from a physical medium who is willing to demonstrate in a welcoming, friendly atmosphere using non-invasive thermal technology.

However, I doubt that anyone will come forward, but merely trot out a load of nonsense about "The guides don't like it" the moment such technology is mentioned.

Should I be wrong and someone does demonstrate paranormal phenomena under these conditions just think what a terrific boost it would give to Spiritualism.

Living with the land

LET'S finish where we began and return to Aborigines. Here are a few lovely thoughts from their philosophy:

- Our spirituality is a oneness and an interconnectedness with all that lives and breathes, even with all that does not live or breathe.
- We cultivated our land, but in a way different from the white man. We endeavoured to live with the land; they seemed to live off it. I was taught to preserve, never to destroy – Tom Dystra.
- The land is my mother. Like a human mother, the land gives us protection, enjoyment and provides our needs – economic, social and religious.
We have a human relationship with the land: mother, daughter and son. When the land is taken from us or destroyed, we feel hurt because we belong to the land and are part of it – Djinyini Gondarra.
- The more you know, the less you need.
- Traveller, there are no paths. Paths are made by walking.
- To us, health is about so much more than simply not being sick. It's about getting a balance between physical, mental, emotional, cultural and spiritual health.
Health and healing are interwoven, which means that one can't be separated from the other – Dr Tamara Mackean.
- We are all visitors to this time, this place. We are just passing through. Our purpose here is to observe, to learn, to grow, to love and then we return home. ■

Corn on the cob in coffin features in spirit message



LOUISE EATON: "Although I can't see, I can feel colours. I love bold blues and reds."

This month's editor's interview is with medium Louise Eaton, who recently appeared in "My Weekly." First, Louise, who is sightless, tells why the magazine carried an article about her.

THE magazine wanted to tell the story of a life-long struggle with my weight and my decision to have weight loss surgery at The Montefiore Hospital in Hove, East Sussex, near to where I live.

Two years ago, I weighed eighteen stone and was a size 22 to 24. I couldn't walk up a hill without getting breathless and was on blood pressure tablets.

My GP tried to encourage me to lose weight, but it is not as easy as people think. My father died of a heart attack and I was terrified of the same thing happening to me.

Weight loss surgery is a very personal journey, but it's the best thing I have ever done. I am now a size ten, weigh around nine stone and off the blood pressure tablets. I also sleep better, feel happier and it has even given me confidence in my work.

I used to get very nervous before doing public meetings and would cough a lot, but since I have lost weight, I feel more confident and the coughing has stopped. I am now ready to appear at larger public meetings.

Let's go back to the very beginning. Where were you born and when?

I was born near Bolton, Lancs, in 1968, which means that last year was really big for me, as I celebrated my 50th birthday. My present to myself was losing weight and becoming healthier.

I booked a trip to see relatives in Australia last November as part of my birthday celebrations. For the first time, I was able to fly long-distance without having to ask airline staff for a seatbelt extension.

Where do you live now?

I moved to Hove in 1991 with my former husband. We both felt that Hove was not too busy and easy for a blind person to get around.

Were you born without vision?

I was born blind and had to attend special schools, which was very common in those days. Nowadays, blind people are much more integrated into society and I wouldn't have had to go to a special boarding school for the blind if I were a child today.

Although I can't see, I can feel colours. I love bold blues and reds. Funnily enough, I had the doors repainted when I moved into my flat because I didn't like the feel of the colour. Apparently, they were green.

When did you first encounter Spiritualism?

I was aware of it when I was a little girl because spirit people used to wake me up in the middle of the night calling my name.

My mum tried to explain it away by saying I was probably hearing the next-door neighbours talking about me through the wall, but why would they do that at 2.00 am?

I used to have premonitions and thought I was a complete nutter! When Dad died, my mum gave me his wedding ring. I could feel his energy when I wore it.

As explained, Dad died of a heart attack and my heart would go really fast when I wore it. I now know this was clairsentience.

What psychic gifts do you have?

I am a Spiritualist evidential medium, which means I prove to people that their relatives are still around by telling them



things only they would know.

Because I can't see anyone, I cannot read body language. Therefore, I can't be accused of picking up on things or "cold reading" people.

Most of my readings are done face to face, but I can give them over the phone using voice vibrations.

Can you "see" spirit communicators?

No. I sense them. I am not clairvoyant, so don't see with my third eye. I just have a sense that they are there.

I can sense their personality and physical features, such as how tall they are. I can also sense how communicators died.

Do you see images when you dream?

I don't see images because I have always been blind. I hear, feel and sense them.

When meeting someone for the first time, can you gain an impression of what they are like?

I know whether I am going to like them or not in an instant. It's a natural instinct, which I think we all have to some degree.

Do you have a guide dog?

I've had three in my lifetime, but they are a huge responsibility. Although they are very clever, I prefer to have my own independence.

I can find my own way around using a white stick and memorising my routes. I know how many kerbs and roads there are to a certain location and route-map it in my head. My stick stops me from walking into obstacles and falling down holes.

Another reason I don't have a guide dog now is the emotional trauma when they have to retire. I had my second dog, Dorrie, for nine years. When she was retired and

taken away from me, I really grieved for her, as we had a real bond.

Dorrie has been "dead" for a while now, but sometimes I can feel her as she climbs on to the bed and hear her making grunting noises.

I had another dog after Dorrie, but it really didn't work out. She used to eat everything – even attempting to eat my crystals! – and took me into the middle of the road. It made me panic to go out and knocked my confidence, so I had to give her up.

Are you a full-time medium or do you have another occupation?

I'm full-time now, doing readings at home and demonstrations at Spiritualist centres, as well as leading services at the Brotherhood Gate Spiritualist Church in Brighton where I am the president.

What jobs have you done in the past?

When I first moved to Hove, I was an audio typist for the Inland Revenue, but I found it mind-numbingly boring. I used to look forward to the lunch trolley to take my mind off work, which didn't help with my weight problem.

In the early 1990s, I retrained at The Wilbury School of Massage and Reflexology. Part of my work included offering massage and reflexology to blind



and partially-sighted veterans at the Blind Veterans UK Centre in Ovingdean, which is east of Brighton.

I felt sorry for them because I think it must be much worse to have had sight and then lose it rather than never to have had sight at all. I consider myself to be very blessed.

Meanwhile, I was doing the occasional reading and gradually built that up. Six years ago, I set myself up in business and went self-employed. It was a bit of a gamble, but paid off. I have my own website and am now very busy.

How long have you been president of Brotherhood Gate Spiritualist Church?

The church was founded about 100 years ago and is in the heart of Brighton, just a stone's throw from Brighton pier. I have been president for the past four years. It's been a very busy time.

We have divine services on Sunday evenings and have just started clairvoyant evenings on the last Thursday of the month.

What's the average size of a Sunday congregation?

It changes all the time. Sometimes it can



“

Trust your intuition and the spirit world, as they are the best teachers you will ever have

”

be in the 20s and other Sundays we'll have around nine or ten people.

What are the pleasures and pitfalls of running a church?

The pleasures are huge. I particularly enjoy meeting lots of different people and helping them on their spiritual journey.

I also enjoy meeting mediums – as they all have such different personalities – and teaching people to develop their mediumship.

I am also in charge of maintaining the building, which is a huge responsibility. Recently, we had a damp course put in, so I had to be there and make sure everything was okay.

It was so stressful with builders coming in one day, then the decorators another. Next, the toilet leaked and the boiler broke down – it was a real challenge organising it all.

A president of a church is not simply a figurehead, as there is a lot of work involved.

The church website says that a few years ago it had a stall at Brighton Pride and you offer same-sex marriages. Have these proved popular?

It is really early days and we haven't been very busy with this, but we will be at Brighton Pride again this summer to spread the word.

Do you think that too often we preach to the converted and should find ways of making Spiritualism relevant to the wider community?

When you are in a small environment, such as a church, you are often preaching to the converted. If you get a chance to hire bigger venues, then you are likely to get more people, such as friends of friends, the sceptical and the curious.

As a medium do you often demonstrate at other churches? If so, how far do you travel?

I've travelled all around this country and been to the Festival of Change in New York. I met a lady there who was a TV presenter and sceptical about mediumship.

I gave her evidence to prove her mum and her husband were around. I knew that her mum was buried in blue and was laid to rest with cream roses, and described the bedroom where her husband died.

I did a spiritual course in Malta a few years ago. Friends there have invited me over to do private readings. Since my trip to Australia, I would love to go back there and teach.

What's the most unusual spirit message you have ever relayed?

I told another lady whose husband had also died that she placed a picture of their family cat in the coffin with him and put

something green, like a plant, into his right hand. She said, "Yes – it was a corn on the cob."

They had planted their allotment, but the husband died before he could see the corn ripen, so she put a corn on the cob inside the coffin. I was blown away.

What advice would you give to someone who has just started to develop their psychic gifts?

Trust your intuition and the spirit world, as they are the best teachers you will ever have. Go to church, find a teacher who can help develop your gifts and join a development circle.

Do you have a family?

I have one remaining sister, nieces and nephews, and great-nieces and great-nephews. I had ovarian cancer more than ten years ago and a hysterectomy, so can't have children. I did want to have them, but I am still alive, so feel very lucky.

If you were Prime Minister for a week and had the power to do so, what laws would you introduce?

My "Louise Laws" would be to make weight-loss surgery available on the NHS, as it has drastically changed my life for the better and improved my health.

Secondly, to make sure that Braille is much more readily available on everyday things such as bills, which would make life easier.

I would bring back the beep sound on zebra crossings. You now have to put your hand on a sensor, but by the time it registers that you need to cross, you can barely make it across the road.

Lastly, I'd introduce a law to reinstate guards on trains, so people with disabilities could travel more easily. Since some companies took away the guards, I have been stuck on a train or put on the wrong one.

What would be your perfect day?

I work most days, so having a day off and walking somewhere local in Brighton to sit outside in the sunshine and enjoy a glass of wine with friends would be my perfect day.

Giving readings and helping people to know their relatives are still with them in spirit also makes for an enjoyable day.

■ **Louise's website is at louise-eaton.com**
Since gaining confidence following weight loss surgery, Louise has hired a 360-seater venue for an evening of mediumship on Saturday, July 13.

It starts at 7.30 pm at Clair Hall, Haywards Heath, West Sussex. Tickets are £15.00 in advance or £20.00 on the night. Please see <https://www.placesleisure.org/centres/clair-hall>

Woman who accused famous healer **takes her own life**



BRAZILIAN healer Joao Teixeira de Faria had followers in many parts of the world including the United States, Europe and Australia. (Photo: Maria Ines Cabral/YouTube)

IN a tragic twist, a woman who made allegations of sexual abuse against Brazilian healer Joao Teixeira de Faria – otherwise known as John of God – has ended her own life.

As *PN* reported in February, Mr Faria initially came under suspicion when ten women accused him of sexual misconduct at his clinic, Casa de Dom Inacio de Loyola in Abadiania, Brazil.

Subsequently, hundreds of other patients came forward with allegations of sexual impropriety. These included the healer's daughter, Dalva Teixeira.

Now 49, his daughter claimed during an interview with the Brazilian magazine *Veja* that under the pretence of mystical treatments, her "monster" father abused and raped her between the ages of ten and fourteen.

Ms Teixeira said her father stopped after she became pregnant by one of his employees, but alleges she was beaten so severely by her parent that she suffered a miscarriage.

"He used to say that God didn't exist, that he was God," she told the Brazilian press.

Of those who have accused her father of abuse, Ms Teixeira commented: "None of those women is lying. I know because I went through it. I suffered."

The healer handed himself over to

police and was remanded in custody before being charged with rape and sexual assault. He denies all of the charges against him.

At one point, Mr Faria was considered to be a fugitive after failing to comply with a court order to turn himself in by a specific time and date.

In a new development, Sabrina Bittencourt, 38, passed on at her home in Barcelona, Spain, just days after accusing Mr Faria of running a "sex slave farm."

Following death threats, she left Brazil and was forced to live under protection.

Gabriel Baum, Ms Bittencourt's eldest son, confirmed her passing, writing on Facebook: "She took the last step so that we could live. They killed my mother."

Sex abuse victim support group *Victimas Unidas*, which worked with the 38-year-old, said: "We announce with regret the death of Sabrina de Campos Bittencourt..."

"The activist committed suicide and left a farewell note explaining the reasons why she took her own life."

Before her death, Ms Bittencourt was quoted as saying: "Hundreds of girls were enslaved over years. They lived on farms

in Goias and served as wombs to get pregnant for their babies to be sold.

"These girls were murdered after ten years of giving birth. We have got a number of testimonies."

Ms Bittencourt said she had received reports of children being sold for between £15,000 and £40,000 in Europe, Australia and the United States.

When the allegations of abuse first surfaced, one press report said that the healer "attracted followers from around the world, all looking for spiritual guidance or cures for afflictions."

"He gained international exposure in 2012 when Oprah Winfrey visited his retreat to interview him for her talk show.

"In a since-deleted column on *oprah.com* Winfrey wrote that she was overwhelmed by the experience of seeing him cut into the breast of a woman without anaesthesia and that she left feeling 'an overwhelming sense of peace'."

It is also thought that the healer treated former American president Bill Clinton.

Court documents show that Mr Faria tried to withdraw nearly \$9 million before he surrendered to police. A judge rejected granting him bail.

Fagner Pinho, of the prosecutor's office, said that investigators found firearms and large quantities of cash in a house used by Mr Faria as a spiritual retreat.

The BBC's website commented: "Mr Faria, who is not a medical doctor, has previously been fined and jailed for operating without a licence..."

"According to ABC News, Mr Faria claims that the spirits of more than 30 doctors and other entities can enter his body, and that they perform the healings."

Another report stated that Mr Faria's "reputation reaches far beyond Brazil, with followers in the United States, Europe and Australia."

At the time of the original allegations, Mr Faria's lawyer claimed that his client was being "persecuted" and the allegations are from "people who want to destroy him." ■

Centre goes on market for £850,000

HERE is the imposing driveway to Kingswells House, which one paper called a "Spooky Scots mansion."

A SPIRITUALIST centre in Scotland, which has been described as a "truly unique property," is up for sale at £850,000.

Kingswells House in Aberdeen, which dates from the 17th century, was bought by Clark Findlay in November 2003. On his passing in November 2005, he bequeathed it to the Summerland Trust.

Mr Findlay was a nephew of Arthur Findlay, who likewise bequeathed his home, Stansted Hall, Essex, to the Spiritualists' National Union. The hall houses the Arthur Findlay College.

Clark was introduced to Spiritualism in his youth and worked with the Red Cross during the Second World War, as his main concern was healing.

This became his main interest in life. He worked as a healer until he passed on aged 84.

Of the sale, one newspaper headline read, "Spooky Scots mansion used by mediums to 'contact the spirit world' in over 1,000 séances could be yours for just £850k."

Journalist Liam Ross, of *The Scottish Sun*, wrote that "while the owners claim to have communed with numerous departed souls since 2004, they are now hoping to summon living, breathing house buyers."

"Owners the Summerland Trust say the Grade B-listed property is now too big to



DATING from the 17th century, the estate agents for Kingswells House termed it a "truly unique property."

handle for their current staff and they are looking to move to more suitable premises.

"The heart of the property is a large room used for séances, which has twenty chairs arranged in a circle..."

"The five bedroom, three bathroom pile also features Spiritualist images and decorations in several of the rooms, some of which are used to train mediums."

Manager Eileen Davies wrote on Facebook: "Sadly Kingswells House will be no longer holding events due to the fact it is now up for sale, but I wish all those people who have attended courses and events over the last fifteen years a heartfelt thank you for keeping the doors open as long as we have."

"May each person who has been part of our Kingswells family throughout the years, who has been touched by the magic and wonder of the spirit, now play their own part in spreading the truth that life is eternal to help facilitate greater growth and realisation that we are all one."

"It's not the end of Summerland Trust, but the beginning of a new phase of greater growth where we will continue to meet together in the fellowship of the Spirit."

Asked by *The Scottish Sun* how many séances had taken place at the property, Summerland trustee Muriel Cheyne, 85, said they had "easily held over a thousand."

"The idea was to spread Spiritualism and spread it as a brotherhood, so that everyone would have equal points to learning."

"I know a lot of people don't believe there is life after death. My son is an

atheist and doesn't believe in any of this. He couldn't understand that I could communicate with the dead."

On its website, Kingswells House is described as "a very special place of spiritual upliftment and unfoldment, providing a safe and welcoming environment to offer you the opportunity to strengthen and deepen your awareness of Spirit on many different levels through the varied subjects of the courses held throughout the year."

"We offer a home from home atmosphere, and have a limited number of all-inclusive rooms available. All meals are home cooked with particular attention paid to quality and variety..."

"Our training rooms are comfortable and homely, whether it is in the conservatory with the wood burner or one of the rooms within the house, one including a real wood fire – a positive treat in the winter!"

Groups at Kingswells House did not exceed fourteen students between two or three tutors, so those attending got "the most out of the guidance and support offered."

"We feel that this limited student capacity is conducive to creating an atmosphere where training becomes a much more thorough and in-depth interaction between student and teacher, where a feeling of confidence and reassurance promotes an enhanced sharing experience."

Estate agents Aberdeen Considine described the sale as "A rare opportunity to acquire a truly unique property." ■



EILEEN DAVIES: "We will continue to meet together in the fellowship of the Spirit." (Photo Magnus Smith)

Church cheque boosts charity



A cheque was presented to Claire Howell (far left), representing the Brain Tumour Charity, by church president Iris Klein (third from the left), accompanied by trustees and members.

THE Brain Tumour Charity is £2,041.52 better off thanks to a donation from Woodford Spiritualist Church in East London.

Annually, church members usually select a charity for the church to support, but last year treasurer Colin Rands passed due to a brain tumour. Churchwarden James Winston Langwith suggested supporting the Brain Tumour Charity, which was agreed.

Monies raised came from raffles, workshops, talks, psychic readings, merchandise and special events.

These included the church's Monday service, organised by Iris Klein, sittings with Carol and Howie Chambers, and "A day with Spirit," with Pat McNally and Daniel Naughnane. A monthly charity afternoon was arranged by Sue Watson.

Hearing of the donation, the Brain Tumour Charity requested a cheque presentation at the church.

The church has raised funds for various causes, including animal charities, the Royal British Legion and one charity that members propose and select at its annual general meeting, raising money for the year January to December.

Previously, it has supported several charities, such as St Joseph's Hospice, Guide Dogs for the Blind and The Honeypot Children's Charity, which is dedicated to improving the quality of life of severely disadvantaged youngsters.

Woodford church was founded in 1939. In 1973, due to roadworks, its premises were compulsorily purchased by the then Ministry of Transport. For several years it met in a Scout Hall until it moved to a house.

After acquiring nearby land, the present church was built and officially opened in February 1981 by Gordon Higginson, then president of the Spiritualists' National Union. Leading medium Doris Collins took the first Sunday service the next day. ■

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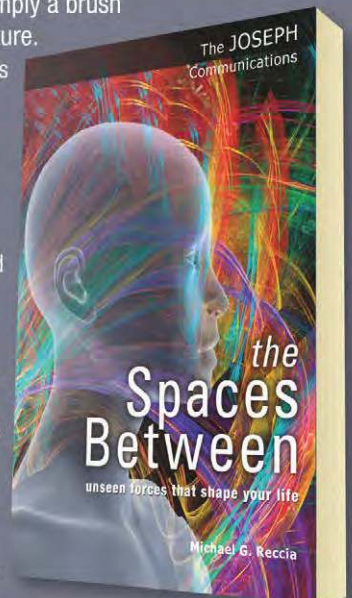
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New windows are in the pink

A SERVICE of rededication has been held at Congleton National Spiritualist Church, Cheshire, which now boasts new pink-tinted windows in its main section thanks to a grant from the J. V. Trust.

Run by three trustees, it makes grants both to individuals and organisations.

Minister David Bruton, President of the Spiritualists' National Union, conducted the rededication service.

Other speakers were Colin Lomax, Vice-President of the union's Manchester District Council, medium Janet Wakelin and past President Sheila Langton.

Cllr Suzie Akers Smith, the Mayor of Congleton, had planned to attend and speak, but was unavoidably delayed.

J. V. Trust trustee Hugh Davis told PN: "Minister Bruton gave a detailed explanation of how the church was first conceived.

"As a 'Thank you' from church President Joan Gibson to the trustees and Minister Bruton for attending, there was a wonderful tea and buffet.

"Minister Bruton gave a demonstration of mediumship from 6.30 pm-7.45 pm. A number of people from other churches also attended the event."

Hymns selected for the rededication service were *We Are Sailing* and *How Great Thou Art*.

As well as a divine service on Sundays, the church offers spiritual healing, development circles for mediumship and healing, and special demonstrations of clairvoyance.

Church President Joan Gibson said that the new PVC windows cost around £8,500 and took two days to install.

"The original windows were almost 100 years old and made of Colombian pitch pine," she added. "They had a pink tint which has been retained, as we wanted to keep the character of the building.

"The church seats 180 people comfortably. We also have a community hall, which is hired out for yoga and tai chi classes." ■



MINISTER DAVID BRUTON is seen with church President Joan Gibson.



A TRIO of trustees. Here are Vanessa Larsen, and Hugh and Margaret Davis of the J. V. Trust.

AUTOPSY ON BURIED SKELETON CONFIRMS PSYCHIC'S FINDINGS

POLICE in America have confirmed that a skeleton buried in a basement is a missing murdered father, as a psychic foretold.

As *PN* told in December, Korean War veteran George Carroll vanished in 1961 six years after moving into a house on Olive Street, Lake Grove, Long Island with his wife and four children.

Now 57, Mike Carroll said that his mother, Dorothy, provided vague details about how his father left one day "to do something" and was never seen again.

Authorities have not been able to find any record of George Carroll being reported missing. A family rumour suggested that he was buried in the basement of the property, where his wife lived until the 1990s.

Several years ago, Mike Carroll began excavating the basement of the house, but abandoned the process when it became too dangerous.

The search for his father's remains resumed last year after modern technology was employed to scan deep into the earth beneath the house.

Mr Carroll told the *New York Post* that he invited a psychic to the basement, where the clairvoyant zoomed in on a certain spot and told him, "The energy is here."

Assisted by his two sons, Mr Carroll initially dug elsewhere in the cellar, but later returned to the area pinpointed by the psychic.

Weird-looking bones were found "twisted in a knot" in a hole several feet deep under the concrete floor. Mr Carroll, who works in the medical field, instantly recognised the remains as human.

George Carroll disappeared when Mike was eight months old and his siblings were five, seven and nine. Following their mother's passing in 1998, the children inherited the house.

Mr Carroll said there had always been a feeling that his father's body was buried deep in the basement.

"It didn't just come up overnight," he told a TV channel. "It's something that's been talked about for years. This is something that we grew up with, you know. We heard multiple stories."

In an update, it has now been confirmed that the remains are those of George Carroll. Police have ruled his death a homicide.

"I'm happy to learn that this is my dad," said Mike Carroll. "This is a deep and very



KOREAN WAR veteran George Carroll vanished six years after moving into this house on Olive Street, Lake Grove, Long Island, with his wife and four children. (Photo: Google)

emotional thing.

"Everybody is dealing with this in different ways. This has broken up my family... We found our dad, so we win."

His brother Steven asked: "How does something like this happen? How do you dispose of someone, bury them in the basement, pour concrete over them and nobody knows about it?"

Mike said that Richard Darress, his mother's second husband who moved in not long after George Carroll disappeared,

could have known something about it, but added, "I'm trying to avoid pointing a finger at this point."

Mr Darress subsequently moved to Nuevo Laredo, Mexico, and passed on last year aged 77. Dorothy divorced him in 1983 after she suspected Mr Darress of being unfaithful and had thrown him out of the house four years previously.

According to an autopsy, the cause of Mr Carroll's death was "blunt force trauma." Officials said this could have been inflicted after death.

"I was told by the psychic it was blunt force trauma," said Mike. "She actually said to me that it was a pipe, that he got hit on the head by a pipe and he was buried alive."

"There will be no justice. The justice happened when we dug him up because we just interrupted the perfect crime. They almost got away with this."

Suffolk County Medical Examiner Michael Caplan said: "We were able to determine that the cause of death included blunt impacts to the head with fractures of the skull and brain injury, although there may be other injuries that are no longer detectable."

"The DNA was extremely well-preserved within the skeletal remains, even after almost 60 years." ■

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MASTERING MINDFULNESS

By Paddy Brosnan

As last month's "PN" reported, pupils at around 370 schools are to be offered mindfulness in one of the largest trials in the world to boost the evidence about what works to support mental health and wellbeing. Relaxation techniques and breathing exercises will also be available.

Below, Paddy Brosnan explains what exactly mindfulness is and invites you to take part in a meditation. A sought-after public speaker, he travels extensively to deliver workshops and retreats, as well as visiting schools to encourage mindfulness in children.

Paddy's book "This Works – How to Use Mindfulness to Calm the Hell Down and Just Be Happy" is published by Hay House at £10.99.

MINDFULNESS is not something you do, but rather something that you are. It is a way of living and being, and not just an independent, standalone resource to be drawn upon now and again, whenever circumstances or conditions require it, like when we are stressed or anxious.

We practise mindfulness in order to live mindfully. When we live mindfully, we live with awareness of what is happening in each moment with a heightened consciousness that allows us to be really present.

To hit you with just a little bit of science, it's been established that the average person has about 60,000 thoughts per day. The greater proportion of these is not new.

In fact, studies have established that about 95 per cent of our thoughts are exactly the same as yesterday, and the day before that, and so on.

So we don't generate 60,000 new thoughts per day, but rather recycled versions of old ones, which in turn are based on our existing impressions, prejudices and opinions.

This is the way most of us go through life from one day to the next – on autopilot: reprocessing old thoughts, relating and reacting to things based on the way that we've done so in the past and pretty much condemned to continuing the same patterns of relating and reacting to things in the future.

Research also reveals that we spend over half of our waking hours in "default mode." This is where we are generating thoughts, but are not consciously aware of them.



PADDY BROSINAN: *"It's been established that the average person has about 60,000 thoughts per day."*

We also know from research that the greater majority of our daily autopilot thoughts are negative; this is our default bias.

Most of us have an instinctive sense of the predominantly negative nature of these thoughts. We very seldom catch ourselves thinking in a positive way about ourselves, for instance.

Practising mindfulness is the way to change these ingrained ways of thinking and perceiving. There are just two basic elements to the practice – formal meditation and the work of bringing mindfulness into everyday life.

Formal meditation

Mindful meditation is the process of becoming aware of the body and mind, so that we can learn about our thought processes and the feelings accompanying them.

Through formal meditation, we learn the skills that will enable us to make conscious decisions and choices about how we react to events, our environment and the people around us instead of being pushed and pulled around by our negative thoughts (most of which we are not even aware of) and the often unhelpful feelings they generate.

A crucial point to note here is that mindful meditation is not relaxation, something that is intended to induce sleepiness – or even unconsciousness in the form of sleep – or to help you "tune out."

On the contrary, mindful meditation is actually aimed at reaching a state of focused awareness – a heightened form of consciousness where you are more intensely in touch with your bodily sensations, thoughts and feelings.

Twenty minutes morning and night

For daily formal meditation practice, you will need to set aside twenty minutes in the morning and twenty minutes in the evening. I recommend that you build up gradually, session by session until you are able to spend the full twenty minutes in meditation.

Begin with five minutes, and then start increasing the length of time from there. While twenty minutes might not sound like a lot, if you've never done any kind of formal meditation before, you may find it challenging to try to focus for this length of time when starting off.

When to meditate

For most people, the optimal time for morning meditation is just after waking up. In the evening, it's about an hour and a half before you go to bed.

Where to meditate

The best place to meditate is somewhere in your home where you can be sure that no one else will interrupt you. A quiet room

where there's no regular through traffic would be ideal – your bedroom or spare room, for example.

The best position for meditation is to sit with your spine upright (preferably with no support behind your back), your legs crossed and your hands in your lap, and with your left hand cradling your right, and your thumbs lightly touching.

You need to sit up straight yet in a relaxed fashion. Never meditate lying down, as again, the most likely thing that will happen is that you will fall asleep.

Remember that mindful meditation is about reaching a state of focused awareness, not reaching a state of unconsciousness!

Once you've got these practicalities sorted, you're ready to start meditating. The way that you approach formal meditation practice is very important. Various analogies have been traditionally used to help explain why.

When I was being taught the basics of formal practice, the analogy my teacher gave me, and which I found really helpful, was that of a tightrope.

In terms of the best physical stance and mental attitude to adopt while meditating, you are seeking the right balance in several senses: maintaining your posture and being physically relaxed at the same time, and between staying sufficiently mentally focused and not being overly tense or intense.

Where balancing on a tightrope is the act of meditating, it follows that if you are too rigid or tense – either physically or mentally – your tightrope will become overly taut and you will fall off.

Conversely, if you are too relaxed and unfocused, the tightrope will become too loose, you may end up falling asleep and, inevitably, fall off.

The tightrope analogy also comes into play regarding your mental attitude to meditating. If during your "sitting" you come across a thought, feeling or sensation that you don't like and push against it or try to resist it, you will fall off your meditative tightrope.

Similarly, if you have a thought or impression that you are enjoying and you make a conscious effort to try to hold on to it or grasp after it, you will also fall off.

Getting started

I generally suggest starting with one of the most important and simplest meditations – meditation on breath. This is one of the most widely used among meditators, largely for the basic reason that the breath is always available to us no matter where we are or what situation we find ourselves in.

Before beginning, simply close your eyes, take a deep breath and release it



slowly in and out through your nose. Allow your eyes to gently close as you breathe out.

Meditation on breath

Begin with sound. With your eyes closed (and keep them closed throughout the entire meditation), notice how sound and then silence – or the lack of sound – come and go all by themselves without us having to do anything. Just allow yourself to become aware of this.

Don't make a conscious effort to hear anything or to control what you hear. Let the next sound come into your awareness and hold it gently there as long as it lasts, then be aware of the silence or the next sound that replaces it. Notice how you don't have to do anything to cause the sound to happen.

Now bring that same kind of open awareness to your own breath. Notice how it happens and how each breath simply follows the next.

Let your awareness rest there, with your breath, with the sensation of air entering and leaving your body at the tip of your nose.

Don't try to force anything. Just breathe in and out through your nose as normal. You're breathing anyway, so just notice the breath that's there.

Now expand your awareness to follow the cycle of the breath. Notice the air entering your nostrils and follow it gently. Also notice your chest expanding,

then your belly and the little pause before the process is reversed again.

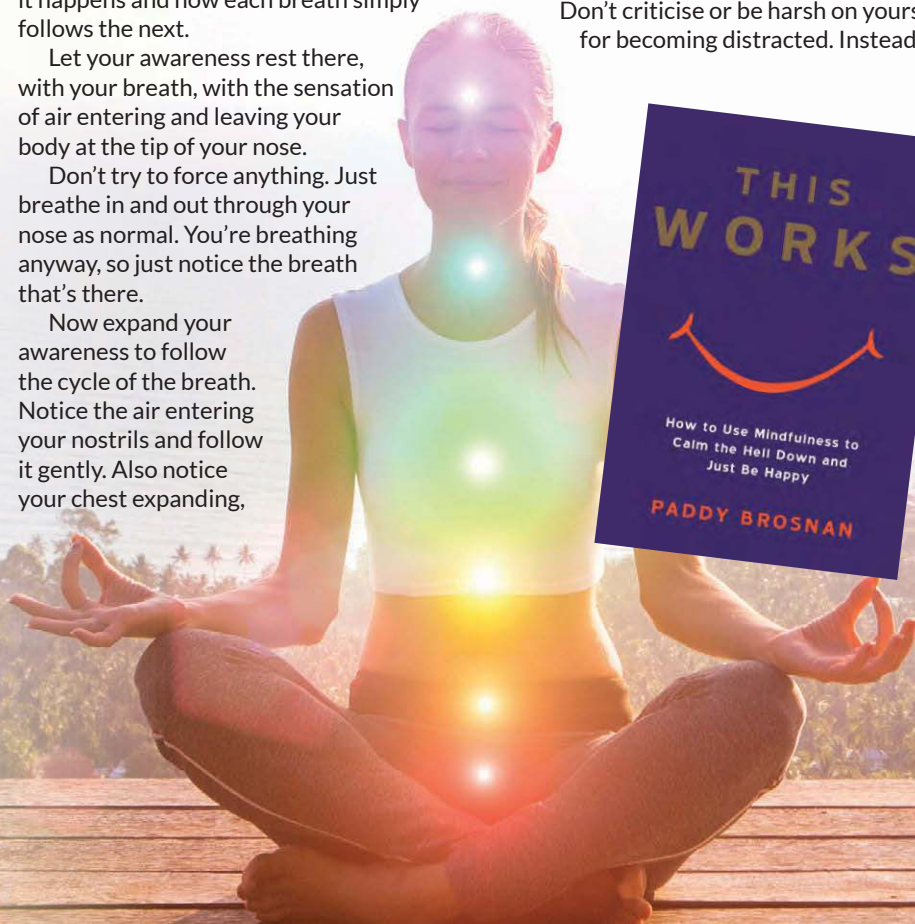
Don't try to take a special kind of breath, a deeper or shallower one – just allow it to happen, as you did when noticing the sounds around you.

Especially when you first begin this simple breath meditation, you'll find that your mind will wander, or even run amok, processing a seemingly never-ending stream of thoughts: I must remember to make out that to-do list when I'm finished here.

You may notice feelings, such as boredom, frustration or happiness, and bodily sensations – being too hot, too cold, having an itch, or various aches and pains in your body.

This is OK. Every time your thoughts take off and try to pull your attention in many different directions, gently and patiently bring your awareness and focus back to the breath.

Don't criticise or be harsh on yourself for becoming distracted. Instead,



each time you bring your attention back to your breath, congratulate yourself!

The practice of mindfulness lies in this simple exercise of gently bringing our awareness back to where we want it to be.

When the twenty minutes, or the allotted time you have given yourself, is up, take some deeper breaths in and out of your nose, and bring your awareness once more to any sounds you can hear.

Gently open your eyes and sit quietly, allowing yourself to slowly “come back” to your surroundings. Also allow yourself a few moments to reflect on your meditation and any realisations or insights it may have brought you.

When we focus our awareness on our breath as it enters the body, expands the chest and abdomen and then leaves the lungs again, we are bringing mind and body together.

These two constituent parts of our being cannot exist without one another, and naturally exist as one. When we bring mind and body together, it is our most natural and favourable state and we become at once highly focused and deeply relaxed.

Even as you increase and develop your meditation practice, you will find that the meditation on breath is one of the most important in terms of heightening your perception and deepening your awareness.

Bringing mindfulness into everyday life

The second element in the development of mindfulness is to bring the practice into your everyday life.

One important point to note here at the outset is that introducing a different quality into your daily life in this way doesn't involve interrupting or stopping what you are doing in any given moment in order to suddenly cut off and become mindful.

What it entails is bringing your attention back to your breath or to what you are directly experiencing just then physically and mentally – i.e. to the immediate sensations and feelings which come with the activity you are engaging in.

Don't bring anyone else into the shower with you

Aside from your twenty minutes of formal sitting, it's good to try to begin your day with some time when you consciously focus your full attention on what is happening right now.

If, for example, you have a shower first thing, you could decide that you will keep your focus on the physical sensations of



this usually pleasurable experience.

Enjoy the freshness of the water – warm, lukewarm or cold – on your face and the rest of your body: your back, your arms, your legs and down to the soles of your feet.

Take in the smell of the soap or shower gel, and the sensation of your sponge, face cloth or loofah on your skin. Feel the water running over your head. Smell the rich lather of shampoo as you massage it into your hair.

Each time you find your thoughts drifting or returning obsessively to the events, challenges and anxieties of the day ahead, try to bring yourself back gently to the physical sensations of showering.

Decide that for once there will be no one else in the shower with you – that is, no one else occupying your thoughts and mental space, and preventing you from enjoying this personal morning ritual.

Relying on the kindness of strangers

When on your way to work, driving your kids to school or generally out and about in the car and you find yourself sitting in traffic or stopped at traffic lights, take a few moments to focus your attention inwardly and register what you are thinking and feeling.

Then bring your attention to any physical sensations – your hands on the steering wheel, handbrake or gear stick, and your feet on the clutch and brake. If it's practical and safe, close your eyes to heighten your focus on these sensations.

Don't worry about missing the lights –

some kind soul sitting in the queue behind will be only too delighted to let you know when it's time to move on!

Once more with feeling

At various intervals throughout your day, when the occasion arises, try practising mindful gratitude.

When thanking someone for something they've just done – giving you change at the counter, placing your purchases into a bag, bringing the coffee you ordered to your table, holding the door open for you, and so on – give your full attention to the act of thanking that person.

Sometimes it can help if you make the effort to specify what you're thanking them for, such as “Thank you for my coffee,” “Thanks for my change,” “Thanks for packing my shopping” and so on.

This focuses your attention on what's happening at that moment, as well as enhancing the quality of your interactions with the people you encounter during your day.

Not talking with your mouth full

Now for perhaps one of the most important and beneficial ways of bringing mindfulness into your daily life – try eating your food mindfully.

At mealtimes, eat slowly, chewing your food fully and really savouring the aromas and tastes as you do so.

Switch off all your devices. Don't take your phone or tablet to the table with you. Likewise, don't read the paper or allow yourself to go off into a reverie of worry about what's happening later that day or evening.

If you are eating with others, focus on their conversation while also keeping some of your attention on what you are eating. Try not to talk non-stop while you are eating, but focus on enjoying your food.

What you will find is that you will enjoy your food so much more, as you'll be aware of what you are eating and of when you've had enough.

Eating mindfully gives you the time to enjoy the experience of eating and the flavour of your food in a more relaxed way.

Developing your awareness through the practice of mindfulness is the greatest gift you can give yourself because you are learning to directly experience every moment of this precious, beautiful life you were given. My final piece of advice is to start today!

■ To find out more, please visit www.paddybroshnan.com and <https://business.facebook.com/paddybroshnanmindfulness>



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Paul Smith



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ANIMALS AND KARMA

BY BARBARA WHITE

ARE you ready for an exploration into the fascinating topic of whether, exactly like us, animals have karma?

There are endless examples and stories of animal behaviour – many happy, some amusing, others a little sad, but above all thought-provoking.

Maybe we should first establish what the actual meaning of “karma” is and then the significance of “sentience” since these words are often linked and used together.

“Karma” means “self-awareness” or “consciousness of self.” It may seem obvious that animals must be aware of themselves, but the lowest forms of life, such as tiny insects, function as they are programmed to do presumably without any sense of self.

“Sentient” denotes “having feelings.” You will recognise the word as being part of “clairsentient” – clear feeling – which is similar to “clairvoyant” and “clairaudient”

(clear seeing and clear hearing).

All of these words prefixed with “clair” are associated with the gifts demonstrated by Spiritualist mediums.

The following helpful definition of “sentience” is from Wikipedia: “A sentient being has the capability of experiencing suffering, both at physical and psychological levels, regardless of the species to which it belongs...”

“Sentient animals are beings that have a physical and psychological sensibility, which allows them, in the same way as humans, to experience pain and pleasure.”

Before the 20th century, animals were not considered to have feelings. This is now difficult to comprehend, but people must have dismissed the obvious demonstration of pain in animals as nothing but reflex reactions.

One wonders whether the final acceptance of the existence of suffering in animals in 1915 was connected to the terrible plight horses endured in the First World War.

People used to think that nature existed to serve humanity. Nowadays there is a general agreement that human dominion over nature, including animals, should be seen as stewardship and partnership rather than domination and exploitation.

Another point is the vexed question of rebirth, which still sees Spiritualists divided on whether it occurs or not.

Latest research seems to support the belief that humans began existence millions of years ago in a form we would

consider not alive, but as particles of dust or stone.

In time, through many lives, we became plant life, a basic type of animal life, then primitive man. At the caveman stage, perhaps we lived through both stages of being animal then man, as both the hunter and the hunted!

If we have been animals ourselves, this surely helps us to feel compassion for them. Moreover, we should remember that two-thirds of the world’s population already believed in reincarnation before the dilemma made waves in Spiritualist circles.

Of course, there were always those willing to put their heads above the parapet and speak from the heart rather than utter the official line.

One such was St Francis of Assisi – famed worldwide for his love of animals and birds – who said that human and non-human animals “had the same source as himself.”

There are many stories about St Francis and animals, such as a wolf which had been terrorising and killing people and animals in his local village.

He approached the wolf and made a pact with him not to do so, whereupon the wolf placed his paw in St Francis’ hand and never again terrorised people.

Another anecdote about St Francis is that on his deathbed, the donkey which had transported him everywhere came to see him and wept.

St Francis is said to have voiced the sentiment that “In an ideal world, human beings live in harmony with animals.”



HORSES suffered a “terrible plight” during the First World War.



Humans were once thought of as greatly superior to all other animals, which, because of this, were regarded without much compassion. Being superior, it was natural for humans to have power over non-human animals.

Leading thinkers reinforced ideas of animal inferiority, concluding that they existed entirely for the benefit of humanity because:

- Human beings are rational
- Rational beings are entitled to rule irrational beings
- Human beings can tame animals, but animals can't tame human beings
- Animals are not rational
- Animals don't even know they are alive

Well, that was then. Happily, it is now acknowledged that possession of sentience and karma means that, like humans, all animals are eternally spirit.

Their physical body on this planet is

purely temporary in the same way as a human body dies, disintegrates and goes back to the elements of the earth.

The particular significance of karma for humans is that it is considered a reward or punishment for behaviour on Earth after returning to the spirit world.

Karma is in the form of lessons we must learn either in the spirit realms or a subsequent lifetime. For animals, even though they are self-aware, the concept of whether they are behaving well or badly is less clear-cut.

Many people insist that animals do not know the difference between right and wrong, and that their actions are motivated purely by self-interest, meaning they are less likely to accumulate karma.

There is undoubtedly an element of truth in this. However, animals are often completely unselfish. Where there is sudden or unexpected danger, they

can be surprisingly understanding and compassionate.

I was preparing to make a list of ten or so incidents of animals saving humans, but was confronted by literally hundreds of recorded cases.

Some years ago, a twelve-year-old Ethiopian girl was abducted and beaten by men trying to force her into a marriage. Astonishingly, she was found being guarded by three lions, who apparently chased off her captors.

Speaking by phone from the provincial capital of Bita Genet, about 350 miles southwest of Addis Ababa, Sgt Wondimu Wedajo said that the girl, then missing for a week, had been taken by seven men.

The child was beaten repeatedly before she was found by police and relatives on the outskirts of Bita Genet. Sgt Wedajo said she had been protected by the lions for about half a day.

"They stood guard until we found her and then just left her like a gift and went back into the forest," he added.

"If the lions had not come to her rescue, then it could have been much worse. Often these young girls are raped and severely beaten to force them to accept the marriage."

Back in the UK, "Hero dog dials 999" screamed a huge front-page headline in the *Daily Star*. This was followed by "Ben saves owner."

Next to a picture of a perky-looking, black and white Ben, journalist Jerry Lawton said that he "stunned" the emergency services by dialling 999 with his paws when his owner, Janette Darby,



ST FRANCIS OF ASSISI: "In an ideal world, human beings live in harmony with animals." This is how artist Jan Siberechts envisaged him preaching to animals.

collapsed.

An alarmed British Telecom operator heard the dog's continuous barking, traced the call and sent police to Janette's Masbrough home, near Rotherham, South Yorks.

Five-year-old Ben was specially trained to help Janette, who is profoundly deaf and suffers from blackouts. After officers raced to her house, they found Janette groggy and disorientated, although she later recovered after receiving treatment in hospital.

Inspector Ash Breadmore, of the South Yorkshire police, confirmed the events, commenting: "Ben has obviously been well trained and is vital to his owner's well-being."

"The phone is like a normal one, only the numbers are bigger. Ben would have been able to hit them with his paws."

In the same feature, journalist Mark Evans highlighted "Ten top miracle mutts."

These included Guinness, who stopped owner Jess Yates from falling into a coma by fetching him a Mars bar, a puppy named Rambo, who dragged Sandra Rodriguez from a river and guarded her from wolves for sixteen hours, and cross-breed Sam, who prevented his owner from choking to death by barking for help.

That's not to forget Lady, a Rottweiler-Alsation, who died shielding baby Kathryn Dias from a speeding motorbike, Walter, a guide dog who pushed Nick Bird out of the way of a speeding car, and a collie named Beauty who ran a mile for help after his owner Charles Jones suffered from a heart attack.

There are also countless cases of dolphins saving humans, like Australian Grant Dickson, who was fishing in northern Queensland along with several other people.

Hours later the vessel collapsed in the water. Grant found himself alone in the middle of the ocean, holding on to the remains of the boat.

Bleeding profusely from some wounds, a horrified Grant saw a group of sharks swimming around him. Next, he watched with amazement as a pod of dolphins began to circle him, scaring away the sharks. Thankfully, Grant was rescued safe and sound.

Surfer Todd Endris was practising his favourite sport when a great white shark gave him two severe bites. The terrified young man saw his death close when suddenly about fifteen bottlenose dolphins appeared and surrounded him to form a barrier between him and the shark.

This protection allowed Todd to get safely to the shore, although with severe wounds from which he later recovered.

All these accounts demonstrate clearly unselfish behaviour on the part of animals in complete contrast to their supposed



THERE are dozens of cases of dolphins helping humans when they are in trouble at sea. (Photo: Brandon Trentler)

default pattern of self-interest.

We must also consider the behaviour of animals in groups, where their loyalty is in safeguarding other members of their own group.

Looking into the emotions of animals, only the hard-hearted could fail to be moved by tales of young members of different species of animal being taken by marauding herds of predators.

They are clearly deeply mourned by adult members of the groups, but we have to accept that this is the way nature operates.

Let's now turn to happy reactions in animals; it's surprising just how powerful these can be. Those of us who've owned dogs are familiar with the hero's welcome they give us even if we have been absent only for an hour or so. They are completely non-judgmental as well as loyal.

Cats are just as loving in a more circumspect way, although they have a habit of suddenly rolling over in ecstasy when they see you, often just where you're about to tread!

An unexpected discovery I made was a list of emotional reunions between animals and humans after being separated. They include displays of joy from lions reunited with their trainers of years before, a dog crying after seeing its owners after a three-month separation and chimpanzees hugging a woman who trained them several years previously.

Understandably perhaps, people have always tended to judge animals from a selfish human perspective of how beneficial or useful – or on the contrary how much of a nuisance they are – to human beings in general.

They could treat animals as badly as they wanted because they had no moral obligations to them.

Now there is no longer assumed to be an unbridgeable gap between animals and humans. Rather, it is accepted that many animals display sufficient consciousness and self-awareness to deserve moral consideration.

At the same time there has been a shift

from previous thinking that nature exists to serve humanity. It is now realised to a greater extent that humans have a need to respect and preserve nature rather than take advantage of it.

Human and non-human animals are now considered to have the same origin. In an ideal world, human beings live in harmony with animals

Here's a lovely thought! To love those who cannot love you in the same way – as we do with animals – is a unique way of acting with generous love. This is also how we react to babies.

It is good to take responsibility for the welfare of others, including animals. We do understand, of course, the following points which apply to them:

- Animals cannot understand that a particular experience of pain is only temporary
- Animals can't contemplate heaven as a reward for their present suffering
- Animal pain helps to teach human beings to understand the bad consequences of certain actions
- Animals will be compensated in the afterlife for pain suffered on earth

Happily, modern writers are compassionate towards animals. Philosopher, theologian, priest and scholar Keith Ward, a fellow of the British Academy, wrote:

"If there is any sentient being which suffers pain, that being – whatever it is and however it is manifested – must find that pain transfigured by a greater joy."

Some writers believe that the compensation of a glorious afterlife is the only thing that can justify animal and human suffering.

The prophet Isaiah describes heaven as a place where animals and human beings live together in peace. He would have been in total agreement with the following wonderful words from Silver Birch:

"All life is one. The divine spirit animates all who share this planet and we have responsibilities towards each other. You cannot divide life into watertight, rigid compartments.

"All aspects of life, man and animal, must move forward together. The animal cannot be left while man makes his evolutionary ascent."

Probably because they were adopted decades ago, the Spiritualists' National Union's Seven Principles make no mention of animals. However, in a section entitled "What Spiritualism stands for," on its website the Spiritualist Association of Great Britain includes the words "Appropriate respect for all forms of life."

So back to where we began and I believe the answer to the question "Do animals have karma?" has to be "Yes!" Like us, animals surely have karma too. ■

The reality and work of the Space Brothers

Interview with Benjamin Creme about UFOs, crop circles, and the gathering of the Forces of Light.

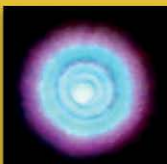
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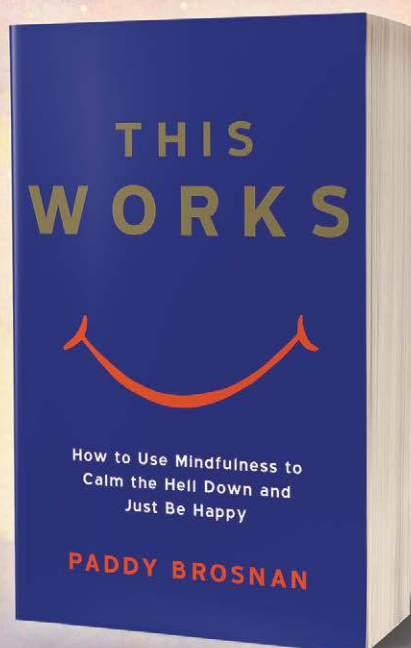


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by
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Nigel Twinn, dowser & author of 'Hamish Millar: A Life Divined'



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Musicians tell of divine inspiration

BY BILLY ROBERTS

WHEN John Lennon was composing some of his great songs, such as *Imagine*, he described the process of inspiration as though the top of his head had been opened and the words and tune just poured in as if from some cosmic source.

John was certainly not one for having flights of fancy and couldn't have described the process of inspiration better and what occurred when he was "in the zone," so to speak.

Barry Gibb, of Bee Gees fame, is yet another musician who attributed his compositions to some divine source and said that music came to him in dreams. He keeps a recording device on his bedside cabinet, so he can sing into it when waking in the middle of the night.

But is this really divine inspiration or just a huge coincidence manufactured by genius? Apart from music icons, what about other great inventors throughout time who have enhanced the quality of our lives with their discoveries?

Let's start with Alexander Fleming, who gave us penicillin, the first antibiotic, which has saved the lives of countless millions of people throughout the world.

A Scottish bacteriologist, Fleming accidentally discovered the antibiotic in 1928 when he returned from holiday and found that a green mould called *penicillium notatum* had contaminated Petri dishes in his laboratory and killed some of the bacteria he had been growing.

We take many things for granted, without giving much thought to how they first came about. Here are some others.



JOHN LENNON: *The words and tunes of some songs poured in as if from a cosmic source. (File photo)*

ASPIRIN

An over-the-counter preparation for several problems, most people have used aspirin at some time in their lives. The trade name used by the pharmaceutical company Bayer, it first went on sale in 1899.

In 1758, English clergyman Edward Stone discovered that the crushed bark of the willow tree was an extremely effective remedy for alleviating aches and pains.

The chemical in the bark is called salicin, one of the basic ingredients of aspirin, which was first introduced into medicine by a German called Heinrich Dresser.

Of course, there are many variations of aspirin, such as Aspro. This was invented by an Australian chemist by the name of George Nicholas.

X-RAYS

The majority of us have had an X-ray at some time in our lives. This amazing diagnostic photographic process was discovered by accident in 1895 by a German professor Wilhelm Conrad Röntgen.

Wilhelm was experimenting with vacuum tubes and found that if he passed an electric current through a tube and onto a special piece of paper that had been treated with barium platinocyanide, the paper glowed even though there was a piece of cardboard in between.

Röntgen conducted further experiments and discovered that when he placed his hand between the ray and the treated paper, he could see a perfect outline of his bone structure.

This is quite astonishing when you think about how the X-ray has evolved as a major diagnostic photographic process.



X-RAYS were discovered by accident in 1895.

TELEVISION

Today almost every home has a television set, the sizes of which vary with screens of up to 60 inches and sometimes more.

How different this is from when I was a child and our first TV had a mere ten-inch screen and seemed so small that we almost had to sit right in front of it.

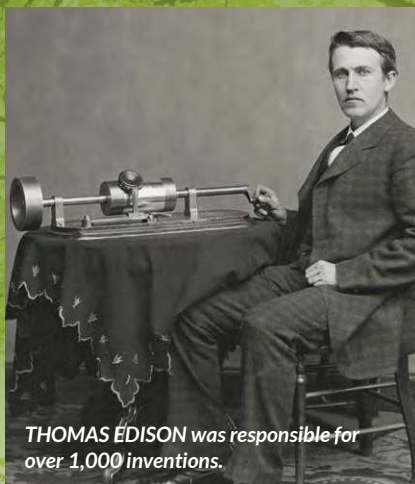
It's hard to believe that engineer John Logie Baird, the inventor of television, created the first TV out of random household items, such as biscuit tins, knitting needles, bicycle lamps, electric motors and various parts from old radio sets.

However, on October 2, 1925, Baird finally managed to transmit a picture of a ventriloquist's dummy from one room to another in his attic flat in London.

The crude pictures Baird transmitted back then were scanned with a cardboard disc consisting of a series of cut-out holes.

Baird spun the disc as fast as he could on the point of a knitting needle before shining a light on the revolving disc thus creating a picture after it was transmitted to a receiver.

Obviously Baird's invention required a



THOMAS EDISON was responsible for over 1,000 inventions.



TRAINS "changed the world of travel forever."



JOHN LOGIE BAIRD created the first TV out of random household items.

great deal more work before it became a television as we know it. How different our lives would have been had Baird's genius not created a television, albeit in its then rudimentary form.

STEAM ENGINES

Although we now take it for granted that we can travel at high speed on a train from one town or city to another, Cornish engineer Richard Trevithick probably had no idea how his first steam train invention would turn out when he created it in 1803.

Twenty-six years later, George

Stephenson took the invention further after he introduced his locomotive, the Rocket, to the world.

Today they are both regarded as pioneers of an invention which changed the world of travel forever.

THOMAS EDISON

Thomas Edison, the man responsible for over 1,000 inventions including the electric light and the microphone, was living proof that a good education does not always play a part in being a genius.

Edison had only three months of formal schooling and left school when he was eight. Even though this was the case, he contributed so much to making our lives easier.

FROZEN FOODS

Although we now take frozen foods for granted, it was thanks to a man called Birdseye who indirectly developed the frozen fish finger.

Clarence Birdseye was a fur trader and biologist whose work took him to many frozen areas of the globe, particularly the Arctic.

Quite by accident, Birdseye discovered that when food was left out in sub-zero temperatures, it froze solidly in seconds yet still tasted fresh when thawed out.

In 1926, Birdseye founded his own company for freezing fish in Massachusetts, America. Of course, the name is still very well-known today.

CAT'S EYES

Driving along a poorly-lit road at night, we barely give any thought to "cat's eyes," which reflect a vehicle's headlights and make sure we remain on the correct side and negotiate our way safely through the dark.

Driving to his home in Halifax, Yorkshire, in 1933, Percy Shaw hit a blanket of fog that made it almost impossible for him to see until his headlights caught the bright reflection of a cat's eyes peering through the fog.

This gave Percy the idea for his lifesaving invention that all drivers take for granted, though it took months of experimenting with various versions until he finally came up with the answer.

Percy found that by mounting two glass prisms on a rubber mould, light was clearly directed by means of a minute aluminium mirror, making it easier for motorists to see where they were driving on an unlit road.

Needless to say, Percy made millions from his invention, but apparently still lived an extremely frugal life.

TELEPHONIC COMMUNICATION

In 1876, Alexander Graham Bell transformed the world of communication with his amazing invention the telephone. This occurred purely by accident when he was trying to design a new hearing device for the deaf.

Although he didn't quite understand how electricity worked, Bell somehow managed to develop a system of conveying speech over long distances with the use of a transmitter and a receiver connected by an electrical conductor.

As a result of his invention, Alexander Graham Bell's name remains synonymous with telephonic communication.

LAVATORIES

In one form or another, lavatories have been in existence for over 4,000 years. This has been confirmed by archaeologists, who discovered that Mesopotamians used similar crude devices.

However, the first water closet complete with a flushing cistern was invented in 1589 by an Englishman called Sir John Harington.

Many years later, in 1775 the flushing toilet, more or less as we know it today, was developed by fellow Briton Alexander Cummings.

The mechanics of Alexander's invention allowed the release of fresh water to flush the contents completely away. Needless to say, this was a luxury only the wealthy could enjoy.

Subsequently, Thomas Crapper invented a more efficient flushing device that only worked when it was really needed.

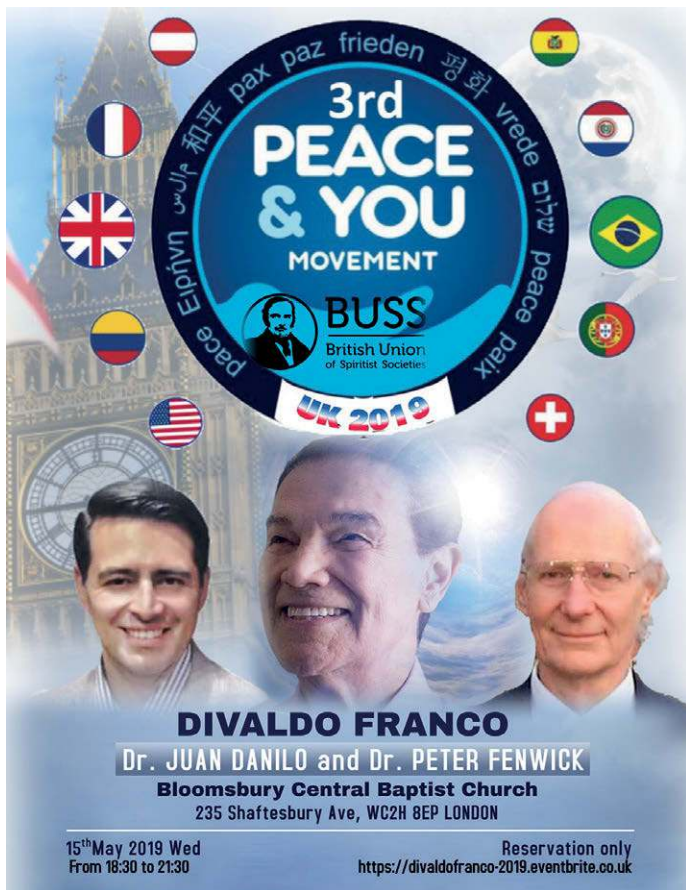
I am quite sure there have been many other great inventions which did not see the light of day simply because the inventors did not have the means to patent or finance them.

Of course, once an idea has been released into the ether, it seeks another mind with similar potential and someone who has the ability to launch the invention on to the world's market place. This is the nature of the wonderful world of thought dynamics and the so-called law of attraction.

Are such great inventors really inspired by some cosmic force or is it all the result of some incredible coincidence? As far as I can see, we tend to attribute every commonplace occurrence to the work of a spiritual force when, in reality, it might well all be down to genius or even coincidence.

What do you think? At the end of the day, when we consider how past inventors have helped us, does it really matter?

Billy Roberts is available for talks, workshops and demonstrations of mediumship. E-mail billyroberts@sky.com ■



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Dr. JUAN DANILO and Dr. PETER FENWICK
Bloomsbury Central Baptist Church
 235 Shaftesbury Ave, WC2H 8EP LONDON

15th May 2019 Wed
 From 18:30 to 21:30

Reservation only
<https://divaldofranco-2019.eventbrite.co.uk>

Clearly Destiny



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SPIRITUALIST MEDIUMS INTERNATIONAL

IRENE AND DAVID JACKSON (MCSSI)
Spiritualist Mediums & Healers



Our credentials are husband and wife full-time working mediums and healers based in Poole, Dorset, with many years' experience of most aspects of mediumship (mental, physical and trance) between us

Whatever your spiritual needs are at this point in your life, we will be most happy to hear from you

We are only an e-mail, telephone call or text away
Telephone: 01202 734841 or 07773 454003
Email: djackson.crantock@virgin.net

★ ★ ★ ★ ★ CONGRATULATIONS ★ ★ ★ ★ ★

The winning numbers for the Sudoku competition in the January issue to win a copy of *Realms of Wondrous Gifts* by Santoshan, are 384 759 261. Here are the ten lucky winners:

Gill Berry, Cheshire	Vicky Clandfield, London
Lesley Carter, Surrey	Maureen Gibson, South Yorkshire
Brandon Cook, Northamptonshire	Carole Pepperell, Norfolk
Rodney Hewitt, West Yorkshire	Jane Granger, Surrey
Alan Thomson, Cornwall	Sarah Jane Nicholls, Wiltshire




RONALD HEARN

Born on June 9, 1927, Ronald Hearn (pictured left) became one of this world's greatest tried-and-tested mediums. Apart from public demonstrations, he reached countless thousands of people through highly accurate taped sittings and many TV and radio programmes. The author of three books, London-based Ronald worked in the USA, Canada, Sweden, Australia, Germany and New Zealand as well as the UK. Ronald passed to the spirit world on June 5, 2016.

To read about his unique gifts, please visit the official Ronald Hearn website at:
www.ronaldhearn.com

WIN Essential Oils for Mindfulness and Meditation

Heather Dawn Godfrey, BSc, PGCE, is an aromatherapist, fellow of the International Federation of Aromatherapists and an aromatherapy teacher. She has published a number of articles and research papers exploring the benefits of essential oils, such as how they can be applied in the management of ADHD. She lives in Lyme Regis, Dorset, UK. This month we have ten copies of her latest book *Essential Oils for Mindfulness and Meditation* published by Healing Arts Press as prizes in our sudoku competition.

The publisher writes: "For millennia, the spiritual power of fragrance – such as from incense or frankincense – has been used to symbolise intention, stimulate awareness of our spiritual self, and accentuate rite and ritual. Drawing on this power, as well as their healing qualities, essential oils can provide the perfect complement to meditation or mindfulness practice.

"Outlining the practice and benefits of meditation and mindfulness in combination with the use of essential oils, Heather Dawn Godfrey explains how these practices hone and sustain a conscious awareness of 'being' in the present moment, focusing attention on what you are sensually experiencing and leaving no space for regrets, traumas, fears, anxiety, or anticipation.

"Providing the latest scientific research on the restorative, rehabilitative and psycho-emotional healing effects of essential oils, she explains how the sensory experience of odours can immediately draw your attention to the present

moment, trigger a specific state of

consciousness, such as a deeper meditative state, or offer a way to regain composure quickly when dealing with life's ups and downs.

"Heather shows how many essential oils naturally reduce stress and anxiety, promote a peaceful attitude, support concentration, regulate breathing, and stimulate the endocrine system and neural pathways in the brain, making them ideal aids to mindfulness and meditation. Explaining methods to incorporate essential oils into your practice, Heather introduces readers to the 'Gem' essential oils – a group of oils specifically selected for attaining and maintaining a state of mindfulness, as well as a broad spectrum of therapeutic properties – and she provides an easy-to-follow chart to help you select the oil that is right for you.

"Offering a hands-on practical guide to integrating essential oils into mindful and meditative practice, the author shows how each of us has the ability to self-generate a calm, tranquil, and worry-free state of mind."

For your chance to win one of the books, complete the sudoku puzzle and send the numbers which appear in the shaded centre row, from left to right, along with your name and address to: **Essential Oils, Psychic Press Ltd, Unit 2, Griggs Business Centre, West Street, Coggeshall, Essex CO6 1NT, UK.**

You can also enter by email to: pneditorials@gmail.com

The closing date for entries is 8th June 2019

Essential Oils for Mindfulness and Meditation (Healing Arts Press) by Heather Dawn Godfrey, BSc, PGCE RRP UK £12.99 US \$16.99

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How to solve sudoku: Place a number from 1-9 in each empty cell so that each row, each column and each 3x3 block contains all the numbers from 1-9.

Competition winners from the January 2019 issue can be found on page 26



Getting the low-down on ley lines

By Gary Biltcliffe

Want to know about ley lines? Who better to ask than Gary Biltcliffe? Having experienced psychic ability from childhood, he was drawn to ley lines and energy lines in his teens, and has researched them for many years.

Gary found that by walking along the lines, he could sense their power. After a personal pilgrimage along one particular ley in 1992, he learned how to dowse and sense energy lines.

WIKIPEDIA declares that leys are “the apparent alignments of landmarks, religious sites and man-made structures.

“The pseudo-scientific belief that these apparent lines are not accidental speculates that they are straight navigable paths and have spiritual significance.”

The history of leys has many landmarks, beginning with Alfred Watkins in 1921. He was the first to propose that certain landscape features, such as prehistoric earthworks, churches, crossroads, holy wells and standing stones, seem to fall on alignments.

His controversial theory arose in a moment of vision while out riding his horse in Herefordshire. In a flash, he perceived the existence of a system of glowing lines intersecting at hills, churches and other sacred places.

Watkins named them leys due to the frequency with which the syllable “ley” appeared in the many place names on the lines, which he considered an old name for trackways preserved in modern names.

His research and findings, published in *The Old Straight Track* in 1925, concluded with the revelation that prehistoric man constructed a system of aligned sites for the purpose of travel.

Investigators of this phenomenon have a general rule that leys or alignments are only genuine if they pass through four or more mark points over a twenty-mile distance.

Critics point out that a random distribution of a sufficient number of points on a plane along with large earthworks, such as hill forts, prehistoric constructions and sculptured hills, will



GARY BILTCLIFFE: “*The history of leys has many landmarks.*”

inevitably create alignments purely by chance.

They also ridiculed Watkins for failing to explain why many of the trackways go over hills and mountains rather than around them. As a result, his work failed to achieve academic acceptance.

Although much of Watkins’ research was map work, it contained a spiritual element, for he mentions that “Experience and practice brings an insight, which quickly spots a ley.

“Often one can be first seen on the map, but I more often see it out of doors in ‘the lay of the land’ itself, and this before the

mark points are found.”

Remarkably, in 1910 scientist and astronomer Sir Norman Lockyer discovered one of the most famous examples of ley lines or alignments before Watkins.

The Salisbury ley connects the great sarsen stone circle of Stonehenge with Old Sarum, a hill fort with earthworks that once protected the Saxon and early Norman city of Old Salisbury.

Further south, the alignment passes through the High Altar of the medieval cathedral around which the new city was built after Old Sarum was abandoned, thus creating an etheric connection between the new Catholic religious centre and the ancient pagan sun temple.

Interestingly, the medieval surveyors accurately measured the distances between the monuments, as it is exactly two miles between Old Sarum and Salisbury Cathedral and precisely six miles from Old Sarum to Stonehenge.

This assumes that the medieval surveyors chose the site of the new cathedral to be precisely a third of the distance of that from Old Sarum to Stonehenge.

This alignment extends further south to Clearbury Ring and Frankenburg Camp, both Iron Age earthwork enclosures contemporary with Old Sarum. A large Bronze Age mound amongst the Normanton Barrows is also on the line.

Later additions are the Norman earthwork called Castle Hill south of Frankenburg Camp and Highcliffe Castle at the most southerly terminus of the line on the Hampshire coast, which has connections with nineteenth-century Freemasons.

The line extends north into the Avebury landscape over Tan Hill near Devizes, the highest point on the Wiltshire Downs where festivals were held on August 6.

The Salisbury ley connects important religious sites and ordinary settlements constructed between Neolithic times and the nineteenth century.

One explanation for this is “ley consciousness” – that man has added to this line from inspiration and divination or collective consciousness to create an etheric connection between earth and Spirit.

Evidence for this can be found in the foundation story of Salisbury Cathedral. Bishop Poore wanted to build the new cathedral at Wilton, but changed his mind after having a dream in which the Virgin Mary instructed him to build the cathedral in Mirifield, or Mary-field.

After some enquiry, the plot of land was found bearing this name amongst the episcopal landholdings. In due course, a wooden chapel dedicated to the Virgin Mary was erected there and later the foundation stones of the cathedral from which the new city of Salisbury developed.

In the 1960s and '70s, several New Age researchers changed the perspective of the ley mystery, suggesting that rather than simply trackways, these lines, in the words of Prof Elliot Smith, were “a concrete expression of the divine power of life-giving energy.”

In 1969, John Michell published the most influential and inspiring book *View Over Atlantis*, later revised as *The New View Over Atlantis* in 1983. He proposed that the Neolithic and Bronze Age peoples in Europe built their monuments similar to the principles of Chinese feng shui.

They also had diviners to locate these hidden pathways, marking their route with standing stones, dolmens, stone circles, long barrows and burial mounds.

As astronomers and astrologers, the Celts and their priesthood, the Iron Age

Druids, continued this tradition of tracing the emergence of what the Chinese call the “dragon force,” by manipulating and animating its fertilising power required in the land.

Ceremonial processions along these paths created straight tracks similar to those walked by later pilgrims visiting holy shrines.

After researching and exploring this great enigma for over 30 years, I believe there is more to be revealed in the world of quantum physics and its recent discoveries of “connectedness” where we may begin to understand further the ley phenomena as lines of human and nature consciousness.

Nevertheless, there is no single explanation for them. I believe leys have various purposes, some linked to the natural world and others contrived by the human race from its first connection to the land right up to modern times.

In the past, science has viewed the universe as inert matter, fragmented and void of life. This has led humanity to require a sense of self-importance and uniqueness, which in turn has brought rampant materialism, consumerism and environmental destruction.

However, there is now a growing body of evidence that the universe is alive and interconnected with us, a revelation that will radically transform our understanding of space, our true identity and, more importantly, our evolutionary journey.

Many of the world’s major spiritual traditions have maintained that the consciousness of humanity is at one with the “universal mind,” an all-knowing, all-powerful, all-creative entity, a present

intelligent consciousness likened to God.

Consciousness defies scientific analysis and cannot be isolated or manipulated because it is part of everything and we have no way of standing outside it to observe its characteristics.

Under certain conditions, psychics have seen the leys appearing like streams of particles or etheric glowing beams connecting places special to man and nature.

During the 1940s, gifted psychometrist Iris Campbell produced some astonishing data by using her psychic gifts at some of Britain’s sacred places.

Whilst sitting on the Downs near Brighton with mystic John Foster Forbes, Iris had a vision of straight lines spreading out before her. She envisaged them having originated through etheric substance before manifesting as leys in solid matter.

They stretched out before her as rays of light from a central point. Iris felt they were holy and that the lines were not only penetrating the earth’s surface, but also manifesting above in the air and there was no division between the two planes.

Psychics have sensed that many prehistoric sites including Stonehenge were built upon natural lines of magnetic force that encircle the planet and, because they are etheric and not generated from the physical, have the ability to relay information on a telepathic level.

Dowsers have confirmed that the Salisbury ley has measurable energy and actually fluctuates at certain times of the year. The Chinese believe that these lines generate positive and beneficial energy to enhance fertility in the land. This would





SALISBURY CATHEDRAL: A bishop changed his mind about its location after a dream in which he claimed the Virgin Mary appeared to him. (Photo: Jack Pease Photography)

allow plants to grow profusely, attracting insect and animal life.

Early humans, who were more in touch with the etheric and nature than we are today, would be attracted to these lines and build their settlements and religious places upon them.

Although it is said that man later forgot the spiritual importance of these lines, there is evidence that over time sensitive people were psychically or intuitively drawn back to them.

Another aspect of leys linked to man's consciousness is energy currents, which, according to many dowsers, accompany certain long distant alignments like the serpents around a pole seen in the caduceus.

During the late 1980s, researchers Hamish Miller and Paul Broadhurst further



ALFRED WATKINS "perceived the existence of a system of glowing lines intersecting at hills, churches and other sacred places." (File photo)

explored the enigma of the St Michael Line. Hamish had a great gift for dowsing energy currents, a psychic sensitivity that evolved from a near-death experience.

Together with Paul's articulate writing skills and meticulous research, they produced an account of their journey dowsing the line, starting on the coast of Cornwall near Land's End to the Suffolk coast near Lowestoft. This is recorded in their book *The Sun and the Serpent*.

However, instead of finding a straight line, Hamish detected a sinuous path of energy that wove across the landscape visiting prehistoric sites and Christian sanctuaries either side of the straight alignment.

Hamish also discovered that at certain secret places of power, the line narrowed down to a point in the ground and reappeared a little further away in precisely the same manner. He realised that this unusual behaviour was the result of another line of energy crossing it to form what Hamish called a node.

He found himself having to de-tune to follow this new line effectively for although similar in width and strength, it had a gentler and softer nature. This, they concluded, was a feminine current of energy.

According to the Chinese, the divine force of the dragon or lung mei has male (yang) or female (yin) properties, which are separate entities but still connected.

The male current, or White Tiger, followed the high places such as mountaintops across the country whilst the female current, or Blue Dragon, visited lakes, rivers and springs deep in the valleys.

With the aid of divining rods, a compass and a vast knowledge of the celestial influences, a Chinese geomancer detected these paths of the dragon, constructing buildings so as not to interfere or block their natural flow.

The sole purpose of this practice of feng shui was to bring order and beauty to the landscape. The geomancers were also skilled in channelling and directing the natural streams of earth energy to the imperial seat of the Emperor.

Hamish and Paul discovered that the two currents, one male the other female, like the Chinese White Tiger and Blue Dragon, form a node or meeting at various prehistoric sites including mounds, stone circles and Iron Age hill forts; some sites were located in medieval churches and others unmarked in the middle of a field.

Over the centuries, those initiated into the underground stream of esoteric knowledge were aware of these secret nodes, regarded them as fortuitous places of yin and yang power and, like the Chinese, built their temples and churches over them.

In the course of dowsing the Michael and Mary lines of the St Michael alignment, Hamish and Paul uncovered evidence that our ancestors had at one time manipulated these currents or lines of dragon force in order to exert greater control or authority over certain places of power.

Their discoveries have since motivated generations of Earth Mystery enthusiasts around the world to rediscover and re-examine their own sacred sites.

Having experienced psychic ability from childhood, I was drawn to ley lines and energy lines in my teens. I found that by walking the lines, I could sense their power. After a personal pilgrimage along the St Michael Line in 1992, I learned how to dowse and sense the energy lines.

In 2012, my partner Caroline and I published *The Spine of Albion*, a fifteen-year research of the Belinus Line, the north-south equivalent of the St Michael Line and considered to be Britain's longest ley.

This axis connects six cities, including the former capitals of England and Scotland, geographical centres of power, and many famous prehistoric complexes stretching from the Isle of Wight at the base of England and ending at Durness on the northern tip of Scotland.

The Belinus Line also has two accompanying hidden pathways of sinuous energy and they cross the Mary and Michael dragons of the St Michael alignment at Uffington White Horse, a prehistoric place of assembly.

This is actually an Iron Age image of a dragon, a perfect symbol in the landscape for the meeting of the nation's two great dragon lines where legend says St George slew a dragon. ■

PIONEER SPIRITUALIST WAS ARRESTED AS SPY

BY GRAHAM JENNINGS



On the British Red Cross website there is a painting of a British nurse, Mabel St Clair Stobart, on horseback leading a column of Serbian troops in the First World War. Is this the same woman who later wrote the Spiritualists' "Healing hymn"? If so, what is her story? – Alice Jones, by e-mail.

The painting is *Lady of the Black Horse* by George Rankin RA. It shows Major St Clair Stobart, of the First Serbian English Field Hospital, leading a column in the famous Albanian Golgotha retreat of 1915.

A passionate suffragist, Mabel became a nurse because she thought it would help the suffragette cause if women proved themselves as capable as men in wartime.

Later on she became just as passionate a Spiritualist and did indeed write the healing hymn *Gracious Spirit, of Thy goodness*. Together with three others, it is in the Spiritualists' National Union's hymn book.



THIS painting by George James Rankin depicts Mabel St Clair Stobart (also seen left) leading a mobile hospital column in support of the retreating Serbian Army in 1915. (Photo: British Red Cross Society)

It was into a very different world that Mabel Annie Boulton was born on February 3, 1862. The third of the eight children of Sir Samuel Boulton, she grew up at Charlton in Herefordshire.

Mabel excelled at golf, fishing and crucially horse riding, which was to prove so useful in later life. She married St Clair Kelburn Mulholland Stobart in 1884 and had two sons.

The couple lived in Cornwall, but after financial difficulties moved to South Africa and farmed in the Transvaal for five years. On their return in 1907, Mabel became committed to women's suffrage.

Instead of joining the suffragette protests, she was determined to show that given the opportunity, women could prove themselves the equal of men.

To this end, she founded the Women's Sick and Wounded Convoy Corps to serve between field and base hospitals. They were trained to Royal Army Medical Corps standards.

Mabel was widowed in 1908. Three years later, she married John Herbert Greenhalgh, a retired barrister and colonial judge. A published author on golf and fishing, Mabel continued to be known professionally as St Clair Stobart.

The following year her corps saw action in the First Balkan War. With the help of Queen Eleonore of the Bulgarians, Mabel founded an all-women unit, including doctors, for the Bulgarian Red Cross.

The unit worked for ten useful weeks until hostilities ceased. Her achievement went largely unnoticed in Britain, as did her book *War and Women*.

In August 1914, Mabel founded the Women's National Service League for wartime service at home and abroad. The British Red Cross did not require her services, but with the Germans violating their neutrality, the Belgian Red Cross certainly did.

Mabel arrived in Brussels ahead of her unit to set up a hospital, but the city fell to the advancing Germans. She went to Louvain, but was arrested as a spy. Imprisoned at Aix-la-Chapelle, she could have been shot, but was later released.

Around September 20, Mabel organised another women's unit, twenty strong, and arrived in Antwerp to set up a hospital there. They converted the Philharmonic Hall for medical use in just two days.

The last Allied military train left on October 6. The next day, German medium-size shells hit the city at the rate of five per minute.

On October 8, the heavy guns opened up indiscriminately. With shells falling ever closer, the women carried the patients on their backs down to the cellars.



In olden times, the Chalice Well was said to bestow the gift of everlasting youth. (Photo: Rbe2057)

Hours before the city surrendered, British Tommies driving London "General" buses evacuated the women and their patients. They cleared the Scheldt Bridge just before it was hit.

All the women reached England safely, some from Ostend and others via Holland. As all their medical equipment had been lost, Mabel raised funds for replacements. A month later she offered another fully equipped unit to the French Red Cross.

She set up a hospital in the ancient Château Tourlaville, near Cherbourg, for the St John Ambulance Association. When it was functioning, her thoughts turned again to the Balkans.

In 1915, Mabel worked for the Serbian Relief Fund and set up a tented hospital and field dispensaries. The Serbian Army Medical Services gave her command of the First Serbian English Field Hospital with the rank of major.

Already fighting Austro-German forces,

the Serbs were invaded in October by the "neutral" Bulgarians. Unable to fight on both fronts, they fell back.

Mabel led a retreating column and was in the saddle for 81 days. She arrived at Scutari in Albania on December 20 with the column intact. It had treated some 11,000 men, women and children.

She was decorated by the Serbs with the orders of the White Eagle and St Sava. Back in England in 1916, Mabel was appointed a Lady of Grace of the Hospital of St John of Jerusalem.

She published *The Flaming Sword in Serbia and Elsewhere* and undertook lecture tours. Mabel also lectured for the Ministry of Information in Canada, America and Ireland, but in 1918 tragedy struck.

Her younger son and daughter-in-law died in the influenza epidemic and she was awarded custody of her two grandchildren. It was not long though before her free spirit breathed again as of old.



Mabel joined the British College of Psychic Science (as it then was) in 1920 and became convinced of the truth of Spiritualism. She became the college's chairman for two years and was a life patron.

She also served on the council of the World Congress of Faiths. With the Rev George Vale Owen, himself a medium, she inaugurated the Spiritualist Community. From 1932 onward it published a monthly journal, *The Spiritualist*.

Mabel chaired its advisory council from 1924 to 1941. Its presidents were Sir Arthur Conan Doyle and later fellow leading Spiritualist Hannen Swaffer.

It held religious services with clairvoyance and healing, and sought to promote the educational aspects of Spiritualism.

Mabel published dozens of pamphlets about the masters, philosophers and mystics of the past.

She also published *Ancient Lights on the Bible, the Church and Psychic Science* (1923), *Torchbearers of Spiritualism* (1925) and *The Ether of Spiritualism* (1928). That year brought more sorrow with the loss of her elder son and husband.

In 1929, Mabel became a founder member and vice-president of the SOS Society. Its purpose was to provide hostels and other amenities for the unemployed. Six years later, she published her autobiography *Miracles and Adventures*.

Her last great undertaking was to found the Confraternity with the Rev G. Maurice Elliott. It was an association of clergy and Spiritualists.

Maurice Elliott and the Rev Arthur F. Sharp, who worked closely with direct voice medium Leslie Flint, supported her during lectures. She represented Spiritualism and they the clergy.

Another clergyman, the Rev P. T. Kirk, who had founded the Industrial Christian Fellowship in 1919, invited Mabel to preach on Spiritualism in Christ Church, Westminster.

A thousand clergymen in the London area were invited to attend, but few came and the Rev Kirk received many letters of complaint.

Mabel's earthly days ended in a Bournemouth nursing home on December 7, 1954 at the age of 92.

Next month, I am going to Glastonbury for a week and plan to visit the Chalice Well. Could you give me some background information? – Simon Mason, by e-mail.

The Chalice Well lies in the Vale of Avalon about a fifteen-minute walk from the town between Glastonbury Abbey and Glastonbury Tor. The area is rich in legends concerning Joseph of Arimathea, the Holy Grail and the Glastonbury Thorn.

Glastonbury Abbey was the second wealthiest in England after Westminster, and the monks doubtless encouraged the legends as an added attraction for the many pilgrims who flocked there. They also claimed it was the last resting place of King Arthur.

Joseph of Arimathea, so the story went, was a wealthy merchant and the great uncle of Jesus. The boy accompanied him on his worldly travels. They sailed as far as England and up the River Brue to what was then the Isle of Avalon.

After the crucifixion, Joseph is said to have returned there with the Holy Grail. This was the legendary chalice used by Jesus at the Last Supper, and in which Joseph caught the last drops of blood at the crucifixion.

Joseph climbed a ridge. Weary with travail, he drove his staff into the ground

and slept. Thereafter it was called Wearyall Hill.

In the morning, Joseph found that the staff had taken root. It blossomed into what became known as the Glastonbury Thorn.

Because, unlike the common hawthorn, it flowered twice annually, it was regarded as sacred, but that is characteristic of the Middle Eastern hawthorn called *Crataegus monogyna* "Biflora."

Intriguingly, the Middle Eastern variety will not grow from cuttings and has to be grafted on to the common hawthorn. This begs the question, "Whence came the original?"

Anyway, it flourished until the English Civil War when it was destroyed by Oliver Cromwell's troops, who deemed it a papist relic. However, cuttings had been taken in secret and its descendants still grow in the abbey grounds and beside St John's Church.

The belief in olden times was that the cuttings came from the original thorn which grew from Joseph's staff. Sadly, a 1951 replacement thorn planted in the original spot was vandalised in 2010 and a second one in 2012.

As for the Holy Grail, Joseph is said to have concealed it near Glastonbury Tor in what he understood was an entrance to the underworld. Water, red with the blood of Jesus, soon flowed from the spot in what became known as the Chalice Well.

The natural explanation is that iron oxide deposits in the water produce the reddish hue. The waters flow ceaselessly at a steady rate and at a temperature that never varies.

Over the well is an ornamental cover with two intersecting discs representing the upper and lower worlds. Known as the *vesica piscis*, it is a familiar symbol in esoteric geometry.

It was presented in 1919 by Frederick Bligh Bond (1864-1945), the Director of Excavations at Glastonbury in the early years of the last century.

He famously made use of automatic writing to uncover two lost chapels at the abbey – a fact never acknowledged by the Church authorities (see *The Gate of Remembrance* at openlibrary.org).

The Chalice Well is in a beautiful all-year-round garden with parking for disabled badge holders and wheelchair access. Be sure to drink the water at the designated spot, for in olden times it was said to bestow the gift of everlasting youth!

Shaker-style furniture has been in vogue for many, many years. Were not the Shakers a Pentecostal sect in 19th-century



STILL popular today, Shaker-style furniture is known for its pleasing geometric proportions and is practical without unnecessary ornamentation. (Photo: Richard Taylor)

America who developed a form of physical mediumship before the advent of modern Spiritualism? – Connie Myers, by e-mail.

The sect that came to be known as the Shakers had its origins in the Religious Society of Friends, or Quakers.

George Fox (1634-1690), a founder of the society, revived the charismatic healing of the early Christians with prayer and the laying-on of hands. Without his driving force, however, the society's healing ministry went into decline.

In 1758 Ann Lee, a blacksmith's daughter and mill hand, sought something more spiritually satisfying than the established Church. She joined the Wardley Society, whose members were former Quakers.

Because of their ecstatic dancing to induce a trance-like state, they were called "Shaking Quakers" and then simply Shakers.

Ann Lee endured a forced marriage and the early deaths of her four children. She then began to have visions. Her charismatic and administrative abilities led to her becoming the group's leader.

One of Ann's visions directed her to take her followers to America and they arrived in New York City on August 6, 1774. Their official title at this time was the United Society of Believers in the Second Coming of Christ.

They desired to become self-sufficient and create a heaven on earth. To this end they practised social, gender and racial equality. They also made their own furniture and developed a distinctive style using only native woods such as pine,

maple and cherry.

Their designs were of pleasing geometric proportions and wholly practical without ornamentation. It was the equivalent of our minimalist style and has proved eminently suitable for the plain worktops and box cabinets of retro "Shaker-style" kitchens.

Their heyday was the so-called Era of Manifestations in the 19th century when they had some 6,000 followers. Sir Arthur Conan Doyle wrote about them in his *History of Spiritualism* (see www.spiritualist.tv). Using some terms we would find unacceptable today, Doyle stated:

"There (in America) they founded settlements in various parts, living simple cleanly lives upon communistic principles, with sobriety and chastity as their watchwords.

"It is not surprising that as the psychic cloud of other-world power slowly settled upon the earth, it should have found its first response from such altruistic communities.

"In 1837 there were sixty such bodies in existence, and all of them responded in various degrees to the new power.

"They kept their experiences very strictly to themselves at the time, for as their elders subsequently explained, they would certainly have been all consigned to Bedlam had they told what had actually occurred.

"Two books, however, *Holy Wisdom* (1841) and *The Sacred Roll* (1832), which arose from their experiences, appeared afterwards.

"The phenomena seem to have begun

with the usual warning noises, and to have been followed by the obsession from time to time of nearly all the community. Everyone, man and woman, proved to be open to spirit possession.

"The invaders only came, however, after asking permission, and at such intervals as did not interfere with the work of the community."

Doyle added: "The chief visitants were Red Indian spirits, who came collectively as a tribe. One or two elders might be in the room below, and there would be a knock at the door and the Indians would ask whether they might come in.

"Permission being given, a whole tribe of Indian spirits would troop into the house, and in a few minutes you would hear 'Whoop!' here and 'Whoop!' there all over the house.

"The whoops emanated, of course, from the vocal organs of the Shakers themselves, but while under the Indian control they would talk Indian among themselves, dance Indian dances, and in all ways show that they were really possessed by the Redskin spirits."

The Shakers declined in number during the 20th century until the last person to be raised as one passed in January last year at Sabbathday Lake Shaker Village in Maine. This left just two elderly members, but they were supported by a number of Shaker friends.

■ If you have a mind-body-spirit question or paranormal point you would like Graham Jennings to investigate, please e-mail pneditorials@gmail.com



YOU CAN'T DIE FOR THE LIFE OF YOU!

By David Hopkins

WE British often talk without saying a great deal. We tend to keep our personal thoughts and feelings close to the chest.

So we talk about the weather, TV programmes, sport (though as a Welshman, in the rugby season the Wales v England game can be quite controversial!) and non-contentious issues.

We have a traditional idea that one doesn't talk about religion or politics, as these are divisive topics.

However, if we don't talk about these two particular issues, especially in the current national and international climate, aren't we excluding two of the most important areas that affect our everyday lives?

Whilst writing this article, I have no idea whether, by the time you read it, we will still be part of the EU. Our political parties are in turmoil.

Politics across Europe seems broken, with factional views holding sway. So-called political correctness has robbed us of the right to challenge or express opinions.

We face huge problems caused by leaders and regimes which seek to dominate the world based on personal ideologies. Closed borders and protectionism threaten the development of co-operation based on trust and mutual respect.

Multi-national corporations have seemingly unlimited power to dictate



policy, even to governments. A tiny number of people are in charge of the vast majority of the world's wealth.

Closing our eyes to or not talking about these problems will neither solve them nor make them disappear. Only by free and frank discussion and being prepared to challenge what is taking place can we hope to alter things.

Isn't that what the Spiritualist principle of "personal responsibility" means – taking responsibility for both our own lives and for the world we share?

Well, that's politics dealt with, so now for religion! I could fill an issue of *PN* with my views on religious attitudes that also seek to dominate others with restricted, closed-minded, out-dated and irrelevant

concepts and practices.

However, I will limit myself to looking at my own religion of Spiritualism. Yes, Spiritualism is my religion. It is not my "way of life," though of course, along with experience, knowledge and understanding, it helps create my way of life.

Religion to me is not a prescriptive or limiting concept: "the definition of a set of beliefs concerning the cause, nature and purpose of the universe, especially when considered as the creation of a superhuman agency, often containing a moral code governing the conduct of human affairs," is a pretty good summary of how I view religion.

For me, it is just about my personal relationship with the "superhuman agency" – God.

In recent years, I have been involved with inter-faith activities, representing the Spiritualist viewpoint in forums where many different religious traditions are represented.

With others, I am seeking to build bridges and remove misconceptions, making others more aware of the true nature of Spiritualism as a reasonable, reasoned and logical set of beliefs which we offer to all, not seeking to convert or condemning other viewpoints.

However, in seeking to establish links and common ground, we must always promote what it is that makes Spiritualism different from other religious philosophies.

If there were not differences of attitude and approach, there would be no reason to have Spiritualism, for as individuals we could just ally ourselves with other groups.

Attending an inter-faith event last autumn, I became aware of one particular concept that separates us from some major world religions.

The conference was about dying, how it is dealt with, practices relating to death and attitudes towards death and what might follow.

Several speakers spoke of the idea of "grace." After death, the future of any individual depends on "God's grace." It is this "grace" that decides your future route "up" or "down," to put it in simplistic terms!

Clearly, this is not the attitude taken by Spiritualists. Death is part of the process of living – and you cannot die for the life of you!

Death will come to all, whatever is done, thought or believed. Spiritualist philosophy is that there will also be a post-death existence for all, irrespective of how the pre-death life has been lived or an individual's mindset.

From our school chemistry lessons we remember that mixing certain chemicals always produces the same reaction; it is a law of nature. The chemicals don't have a say in the reaction.

Similarly with death, you will survive this process and live on. Beliefs, practices and ceremonies are all irrelevant.

That is the quantitative aspect; there is also the qualitative issue. It's more than just continuing after death; it is about "being alive."

As Spiritualists, we say that every person will carry on what they started whilst in a physical body. To Spiritualists, life after death is a proven, established and inescapable fact. It will happen for all of us.

What will vary between individuals is the quality of that life, whether it will simply be existence or be enjoyable and have purpose. It is here that how one has lived the physical life will have an effect.

My definition of religion speaks of a "moral code." This is not based on the standards and judgements of others, but upon how we have dealt with the experiences of our own life.

Whilst I have said that it won't be a case of "heaven" or "hell" based on an arbitrary judgement, we will create a state of existence for ourselves that is positive, progressive and happy from the outset, or one that is far more negative and where progress and happiness will take a lot of effort.

There will be degrees of happiness and joy. The more we have worked at it here in this part of life, the easier it is



going to be to hit the ground running to take advantage of new challenges and opportunities.

This idea of "grace" is exemplified in the popular hymn *Amazing Grace*, which was sung at a funeral I attended recently. It's not unusual to hear it at a Spiritualist service, but just think of the words in relation to our philosophy.

Part of the hymn states, "Amazing grace! How sweet the sound... that saved a wretch like me."

Though some live wretched lives, no one is a wretch and no one needs saving. You, I and all creation are sons and daughters of that God-energy with the potential of the universe in our spirits.

From whom or what would we need saving? Some mythical "devil" created to frighten us into following a path chosen for us by others who think they know more or better than we do?

The hymn goes on "Twas grace that taught my heart to fear... and grace my fears relieved ..." with "grace" appearing "the hour I first believed."

Yet again, we see that outmoded idea of us being God-fearing when what the world needs is not fear, but love. Even as children we used those simple yet profound words "God is love."

Fear has been created by man, not God, and used to maintain authority over "the common man." There's a saying that all we need to fear is fear itself.

These ideas of fear and awe, wrath and vengeance, of judgement and punishment, the division of sheep and goats, the devil, heaven for the believers and hell for everyone else, chosen peoples, clean and unclean, confession and penance – all these words have been used to subjugate humankind for centuries.

Let those who want to stay with this restrictive, enslaving philosophy do so, but Spiritualists want and have something very different. The love of God will enfold us regardless of whether we embrace a specific man-made doctrine.

Spiritualism offers a philosophy based on reason, logic and an overriding sense of "at-one-ment and unison" with God.

To suggest that this God is partial, vindictive, judgemental, biased and can only be approached through self-sacrifice and the denial of the pleasures God has offered us is to diminish and dilute the essence of God.

I suggest that happiness is one of the ultimate purposes God has for us. We are not miserable sinners needing to be rescued!

The universe contains immense beauty, potential and opportunity, a playground for God's children – every one of them – to experience and enjoy. And we have eternity in which to do it.

For me, the difference of approach Spiritualism offers is that it is based on acceptance of the fundamental goodness of all life, and an awareness that life is rooted in the God-energy from which it is created.

If "God is love," we were created by and are thus part of God, so how can we be anything but love? Love conquers all, so there is no need for grace, redemption or for salvation.

Spiritualists tend not to be banner-wavers, but one we might want to display could say "No Need For Grace," as we are all already encompassed in the love of God.

As Spiritualists, if we choose to adopt that title, we take on the mantle of dissenters, of challengers of the status quo, of posers of awkward questions and of being the difficult ones.

Spiritualism can bring ease, peace and comfort. However, it also brings the responsibility of assisting in our own spiritual growth and development, that of humankind and indeed all of life.

It is a daunting task, but believe it or not, each of us has the strength to accept the challenge. The question is do we have the will to do so? ■

ROBERT BROWN

ANSWERS YOUR QUESTIONS

World-renowned Spiritualist medium, minister and healer
Robert Brown answers your questions



This may seem like a somewhat silly question, but what exactly does a medium do? – Betty McDonald, by e-mail.

This is a question that all mediums are asked at some point in their journey or travels. It is often raised by the most unlikely people at the most unusual of times.

I have been cornered with this point on numerous occasions. The most recent was following a family funeral service, where, all too sadly, I met distant relatives and long-term family friends I had lost touch with due to everyone being so busy. It went like this:

"It's Robert, isn't it?" asked a middle-aged woman, who was accompanied by a younger lady in her mid-twenties. "You won't remember my daughter, Emily, as the last time you saw her she would have been about five.

"Anyway, I was saying to Emily that you are a medium. I was trying to tell her about you, working with and helping people, etc, but if you don't mind me asking, what is it you actually do?"

This question always has me reflecting on how easy it is for those of us in Spiritualism to assume that everyone knows – or indeed even cares – what a medium's real purpose is.

Most people probably have no real interest in what mediums do until one may be of use to them, although many individuals have seen TV programmes featuring them.

Possibly, they have suspicions about what to expect due to some exposure from the media or heard an account from a friend that leaves them either incredulous

or confused. Rarely are they left with an objective understanding of a medium's role.

"What do you do?" is usually followed by: "Do you help people with their problems? Can you warn them what not to do?"

Invariably, this will lead to something like, "Is the chap Emily's dating the one for her?" leaving poor Emily squirming and thinking, "Mum, you're embarrassing him."

At this point, mediums are usually looking for an exit, for this much they do know: if they start talking about their role, others start to gather with their questions.

It's a great opportunity, you may think, but perhaps a funeral service is a somewhat inappropriate time to start questioning a medium.

People will always be curious about the subject of death, but many individuals avoid it until it touches them or their lives.

Unfortunately, some who claim to be mediums are psychics. This is what the majority of people are exposed to – the sensitive, the intuitive, the individual who works with energy and can all too easily link into your energy field and speak of things that concern or are relevant to you.

Often the psychic will mention an elderly relative who has passed on, saying, "This lady feels like a grandmother." Before you know it, grandma is where it is all coming from and the psychic is a medium.

I do not blame these psychics, as most believe they are doing the right thing. You may well have heard the oft-repeated saying, "All mediums are psychic, but not all psychics are mediums."

This is so true. Unfortunately, some

people appear to have moved away from demonstrating pure mediumship and adopted the role of being counsellors, therapists, fortune-tellers and even entertainers.

A medium's sole (soul!) purpose is to endeavour to bring forth evidence of the survival of so-called death. Mediums do indeed need to be psychic and sensitive, for they are dealing with people's emotions, but their role is that of a conduit through whom those in the spirit realms can relay evidence.

As a medium, my job is to give facts from those who have made the transition we call death and help to show that we survive it. In doing so, it is hoped that the fear of death is removed.

Anything other than evidence and facts should be considered as the icing on the cake. Messages, guidance or advice are, at best, subjective views and should not be taken as dictates, but more like information that can be considered and possibly be helpful to you in making your own decisions.

Is it correct that some people can communicate with animals? – Mrs I. Hunter, Aberdeen.

I am sure that we have all seen those who have special relationships with many kinds of animals.

Indeed, I think it is beyond doubt that some have the ability to gain the trust, respect and friendship of our animal friends.

As a child, I recall being in awe of Dr Dolittle, who was played by actor Rex

Harrison in the famous film. I was in a world of my own and absolutely accepted that it was possible to communicate with animals.

When aged sixteen, I took a weekend job at London Zoo, then started full-time as a trainee keeper. I was in my element caring for and looking after animals.

While I have changed my mind on the moral viewpoint of having zoos, I am in no doubt that the vast majority of people who look after and work with animals truly love and care for their charges.

When you are in close proximity for any length of time with something, you have the opportunity to advance the experience and develop it. Those who respect and care for animals are often blessed to have those feelings returned.

The internet offers innumerable clips of man's interaction with various animals. You can watch those who understand and work with the psychology of say, pack animals, and marvel at the way they show an often aggressive dog how it can live peacefully with others.

Dame Jane Morris Goodall is a world-famous primatologist and anthropologist. You can see her sitting with chimpanzees in their own environment, something that would not happen unless she had built up a very special rapport with them.

One of London Zoo's most famous residents was Guy, the gorilla who was often profiled on children's TV shows and natural history productions. Taken there in 1947, he was a lowland gorilla, which are the world's largest primates.

Guy passed on in his early 30s in 1978 during an operation on infected teeth, caused by the fact that visitors were allowed to feed him sweets.

When working at London Zoo, I witnessed how no one was going to dominate him. Guy often vented his anger, looking pleading and enticing children to step near to him.

As they did so, he would summon his considerable strength and spit all over them. One wonders who was the more intelligent.

I have watched animal communicators such as Sonya Fitzpatrick. Without doubt one of the most amazing individuals I have ever met, Sonya is widely regarded as the most experienced and trusted animal communicator in the world.

I know a number of other people who specialise in communicating with animals. In Basle, Switzerland, Angelica Guildenstein is not only a qualified vet who uses a holistic approach, but also runs classes and workshops in animal communication.

Can some people communicate with animals? Undoubtedly, the answer is "Yes," but do they always want to communicate with all of us? I doubt it.

In any event, here is a quote from Dame Jane Morris Goodall, which should be on the lips of all of us – "The least I can do is speak out for those who cannot speak for themselves."

Are my prayers heard? – Larry Johnston, by e-mail, San Diego, California.

Yes, especially if they are sincere, and no amount of pretence can fake sincerity. When in true prayer, we are totally transparent and our real selves are naked.

For the first 20-25 years of working as a medium, I was fortunate to undertake serving Spiritualist churches the length and breadth of the UK. I honestly would

not have missed that experience for anything in the world.

Was it easy? No! Was it rewarding? Yes. Just to digress for a moment, this was not so much for the little amount churches could afford to pay.

Indeed, payment was mainly travel expenses, a cup of tea and a sandwich. Most mediums serving churches do not do so for financial gain. One only has to look in collection plates to realise why this cannot happen.

Come on! Give what you can to your church, for they cost a lot to run. If you cannot do so financially, offer a helping hand in another direction.

Anyway, here is one of the extraordinary things I witnessed when standing in front of more than one congregation. When prayers were said, I looked out at the congregation and some people seemed to have pearls coming out of their lips.

The pearls fell to the floor like stones. With others, as the pearls left their lips, they seemed to gain wings like butterflies and soared high.

Through speaking with people and asking what they prayed for, I came to the conclusion that there are some who, for example, recite the Lord's Prayer parrot-fashion without any understanding of its meaning. However, there are also those who pray from the heart.

Are your prayers heard? Yes – and the greatest prayers are often on behalf of someone else. In prayer we ask, so be sincere and careful for what you ask. In meditation, we listen, but be mindful of what you hear. ■

“ When prayers were said, some people seemed to have pearls coming out of their lips ”

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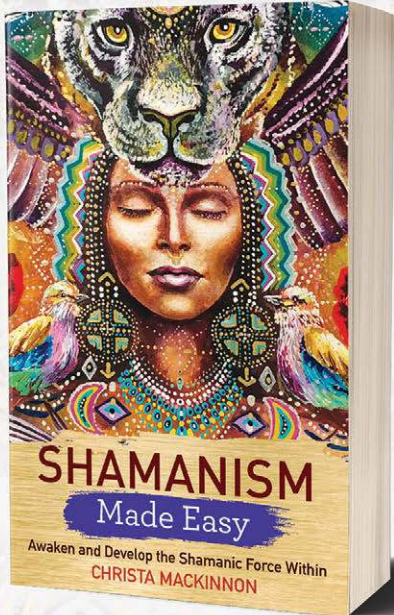
SECONDLY:

Have a brief talk about your situation and then, if agreed, arrange a visit.

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I will write you a brief letter and send it to you by Royal Mail, thereby confirming details of your visit and where to come to. Any questions that you may have can be answered during the initial chat.

I, Alan, am a healer and Bob is a psychic/medium (enquiries welcomed from USA and European cities)



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CRAWLING PHANTOM SEEN AT LODGE

BY JOHN WEST

ONE of Scotland's strangest tales of the paranormal concerns Ardachie, a 19th-century shooting lodge, which overlooked Loch Ness near Fort Augustus.

Ardachie (Gaelic for High Field) consisted of a main house, a gamekeeper's cottage, a shepherd's house, walled garden, two arable fields and some 1,700 acres of hill land.

Mrs Lily Bruen had owned the property since 1924. She died in the early 1950s, her son deciding to sell the property, as he had no interest in maintaining it.

The entire estate was put on the market and in December 1952 was bought by Peter McEwan, a qualified psychologist. His wife, Dorothy, was a university graduate. They had two young children.

The couple had been living in London since their marriage, but decided to look for a new home in order to raise livestock. They planned to breed pigs and the Ardachie estate appeared perfect for this.

The McEwans soon added more animals to their livestock and it was decided to advertise for a live-in couple to help look after the main house, their children and the animals.

Peter McEwan's mother placed an advert with a London newsagent. The interviews were conducted in London with none of those interviewed being told of the couple's identity or the location of the property.

A Mr and Mrs McDonald were eventually picked. The husband, Bill, was in his 40s and had been a postman and



PETER McEWAN: *He alerted the Society for Psychical Research. (File photo)*

millwright. Leaving his job as a postman meant losing his pension, but he was keen to start a new life with his wife, Frances.

She was half French and half Scottish, roughly the same age as her husband, and had been previously employed as a housekeeper in London. Both were originally from Edinburgh and were keen to quit London, as it was thought that leaving its polluted air would improve Mrs McDonald's health.

August 17, 1953, saw the couple arrive by train. They were met at Spean Bridge station by Peter McEwan's father, who occasionally stayed in the gamekeeper's cottage on the estate.

The McDonalds were both tired after

their long journey and, after making an inspection of the grounds and house, retired early to their room.

Mr and Mrs McEwan and their father-in-law settled down for supper, but at 10.30 pm were somewhat surprised to find the McDonalds burst in and ask if there was anything "wrong" with their room.

They then inquired if anyone had come up the stairs. The McEwans confirmed that no one had done so.

Mrs McDonald explained that after retiring to bed, footsteps were heard coming up the stairs and along the corridor outside their room. The steps then appeared to enter an empty room opposite theirs.

A few minutes later, the footsteps were heard again and Frances awakened her husband in some alarm. He listened and thought that the footsteps were coming from behind the wall near the bed and not the corridor.

The McEwans explained that it could have been their dog, cat or even the hum of the generator. The McDonalds rejected all these explanations.

Everyone in the household now retired to bed, but some twenty minutes later the McDonalds again disturbed the McEwans. They looked terrified.

The couple had heard several loud raps on the wall adjoining the corridor, but the rapping ceased the moment the light was turned on.

They all gathered in the kitchen and it was decided that Peter McEwan and Bill McDonald would return to the bedroom.

They waited in the dark for fifteen minutes, but nothing happened.

It was decided to move the McDonalds to a guest room, which was separated from their old room by two flights of stairs and a corridor.

Upon entering the room, Frances McDonald crossed to the far wall and listened intently at the fireplace. She then exclaimed: "She's in here. There's a woman in the room."

She turned and looked transfixed into the corner of the room. Alarmed, Dorothy McEwan snapped at her, "Don't look like that..."

Frances seemed in a trance and it was a minute or more before she came out of it. She explained that she had heard a sound like the swishing of wings.

Then she saw "an old lady with a cap on her head, a shawl around her shoulders and a hand in front of (and hiding) her face, beckoning me to follow her. She had straggling grey hair, which looked as if it had been curly in her younger days."

Peter McEwan asked Frances if she had felt anything when looking over the house and grounds earlier that day. She recalled feeling revulsion after being strangely compelled to enter a small overgrown garden, which lay below the study window.

It was decided to move the couple to another part of the house, a room opposite the McEwans' bedroom. The doors were left open and the lights kept on. However, it wasn't long before the McDonalds were again disturbed by a rapping sound above their heads.

As they all stood in the corridor, Frances again claimed to see the figure of the old woman.

"There she is again," she said. "Can't you see her? Now she is crawling on her hands and knees with what looks like a candlestick in one hand. She is outside that room," pointing to a bathroom.

Peter McEwan asked her to address the figure. "What's troubling you?" Frances asked, but the apparition did not respond.

In a state of distress, Frances then said that the woman had crawled round the corner at the end of the corridor and then crawled back towards them. None of the others could see the phantom.

This proved too much for Frances, who had to be helped downstairs to the kitchen. The entire household moved to the gamekeeper's cottage for the night.

Peter McEwan decided to look into the matter and that same morning visited their nearest neighbour, a Mrs Beckett, who had been a close friend of the former owners, the Bruens.

Mrs Beckett confirmed that Lily Bruen spent her last years suffering from terrible

arthritis and the onset of dementia. She had also suffered a stroke and used to crawl about her home on her hands and knees, holding a candle, convinced that the servants had stolen her jewellery.

Mrs Bruen had also spent a lot of time in Ardachie's rose garden. One night, she was found crawling around it in the dark and Mrs Beckett was obliged to rescue her.

She went on to explain that Mrs Bruen had been removed to an Inverness nursing home, where she died around 1950. She confirmed that Mrs McDonald's description of the ghost matched that of her friend. She had indeed worn a small red hat and a kind of shawl.

Peter McEwan was a member of the Society for Psychical Research (SPR). It was at this point that he decided to ring the society about Ardachie and Mrs McDonald's experiences there. They agreed to send two investigators to look into the matter.

Peter McEwan returned to the house and wondered what would happen next. Nothing occurred during the day and at 9.30 pm the McDonalds moved their beds into the small kitchen.

At 9.45 pm, Frances suddenly remembered she had not brought in the milk, which was left every evening on the hall table by a local shepherd. She approached the door and, as she did so, heard rapping sounds from the other side.

Opening it, Frances found herself facing the same elderly woman she had seen before. At the bottom of the stairs, the form's features were indistinct, but she appeared wraith-like. Mrs McDonald slammed the door shut and ran back to the kitchen.

The third and fourth nights were again unpleasant for the McDonalds, as they continued to hear raps and knocks after retiring for the night. These sounds continued even after the lights were turned on.

August 21 saw two members of the SPR, Mr J. D. Matheson, a young teacher and sceptic, and Mr R. Ross, OBE, a retired diplomat and believer in the paranormal, arrive at Ardachie.

Mr Ross and Mr Matheson were left alone with the McDonalds. Both thought that Frances seemed "unnaturally" willing to co-operate with the investigation.

Frances told them she had even returned to the rose garden that same evening to see if the elderly woman would appear, but saw nothing.

At 10.30 pm, the household, including the two members of the SPR, gathered in the kitchen, where the McDonalds were now sleeping. The lights were switched off with only the glow from the cooker left to

“

The form's features were indistinct, but she appeared wraith-like

”



illuminate the room.

Raps were again heard apparently coming from the window wall. The sounds – usually in threes – were likened to knuckles rapping on wood. It was noted that Frances would sigh at the same time as the raps.

Mr Ross watched Mrs McDonald and later reported to the SPR that she “appeared to become transfixed. A lit cigarette dropped from her right hand on to the carpet.

“Her two arms hung rigid by her side. Her attention was focused, glassily, on the open door.”

Mrs McDonald then screamed and the lights were turned on. She said that she saw a “younger woman” come into the room. No one else had seen her.

Frances claimed that her pulse was racing, but upon checking it, Mr Matheson found it normal.

It was decided to let Frances rest in bed, her husband staying with her. The investigators then returned after being summoned by Bill McDonald as more raps were heard after the lights had been turned off.

Frances was noted to be breathing with some difficulty. She suddenly sat up and asked her husband if she had been dreaming. Mrs McDonald then began to talk about a rose tree being neglected and how “someone has moved a rose tree.”

Her words struck a chord with the McEwans. When they first arrived at Ardachie, Peter looked at the greenhouse and decided to transfer a rose tree growing there to the outside, where it died. It later emerged from Mrs Beckett that the rose tree had been Lily Bruen’s favourite.

Mrs McDonald was not aware of this. Indeed, she hadn’t spoken to the neighbours or even the gardener who had originally been asked to move the tree.

It was noticed that Frances’ right hand lay under the bedclothes, so Mr Matheson wondered if she was causing the sounds herself. He decided to shine a torch on the wall where the sounds had originated.

Mr Matheson failed to detect any movement from her, but Frances then became upset and the session was brought to an end.

Mr Ross and Mr Matheson decided to sleep in the bedroom where the McDonalds had first heard the rapping sounds, but experienced nothing.

They returned to London the next day, but not before Frances revealed to them that the apparition of the younger woman she had seen the previous day was the image of Mrs McEwan. She had not mentioned this at the time, as it could have upset the couple.

August 22 saw Peter McEwan determined to find the source of the rapping sounds, so he called on the couple unannounced. Nothing occurred and he suggested that Frances retire to bed in order to rest.

The lights were turned off and the sounds suddenly started up again. Peter asked Bill McDonald to hold his wife’s hands. The raps continued, but now appeared to come from the area of her knees.

The housekeeper twice jumped out of bed after claiming that she had seen a shadow move or felt something press down on the bed. This coincided with Peter McEwan trying to get nearer to the source of the rapping sounds.

This naturally made him suspicious. He wrote to the SPR, “The impression was forced on me that the disturbance(s) had been designed (deliberately?) to withdraw my attention from what Mrs McDonald consciously or unconsciously believed I might have seen.”

The McEwans agreed not to confront the housekeeper and decided to take a break from the main house. Frances claimed that after they left, two loud raps had been heard on the door.

She felt it was the spirit saying goodbye. Had Frances realised the McEwans’ suspicions and lied about the goodbye message in order to explain why nothing more was heard from the apparition?

The McEwans decided to let the couple go: a mere twelve days after they had arrived, Frances and Bill McDonald found themselves back on a train to London.

Before they departed, the mattresses in the room where the couple had stayed were changed and a friend of the McEwans saw Frances remove a square box or book

from beneath.

Under the husband's bed was also an object that looked like a pair of bellows. Had these been used to make the rapping sounds?

Had Frances been faking it all along? After all, only she had seen the figures and the raps were always around her. She also claimed to be psychic and took pride in the fact.

Frances came from a family where her stepmother hated her. She also had two failed marriages behind her. Described as over-excitable, it cannot be ruled out that she faked the phenomena in order to gain attention.

However, it should also be noted that neither Frances nor Bill sought publicity in newspapers after they left Ardachie. It later emerged that the couple were not really married and Bill was being pursued for back payments of alimony.

Peter McEwan was convinced that the raps had been caused by Frances' body without "her conscious knowledge."

But how had she heard about the rose tree and the fact that Lily Bruen used to crawl around the main house? She had not spoken to any of the neighbours or the gardener, and had no prior knowledge of where she and Bill were going to stay.

Despite this, it could be never ruled out entirely that someone had not spoken to Frances about the former owner of Ardachie. Peter McEwan's report to the SPR concluded:

"Whether Mrs M actually experienced the vision she described and whether her trance-like states were genuine seemed to me matters of minor importance. The important question is surely not the form but the substance of the experiences.

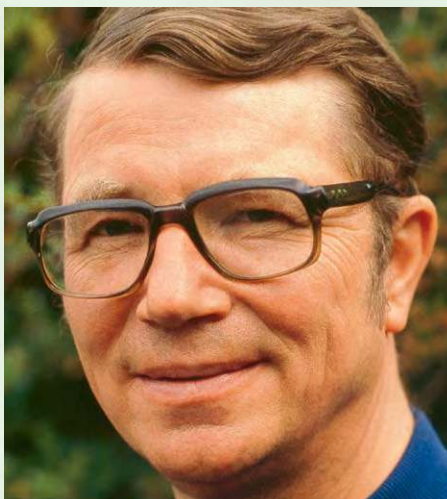
"Why was it an old lady with a cap on her head and a shawl; why a crawling vision; why feel uneasy in the rose garden; why see a 'wraith' so suddenly on the back stairs and why allude to a rose tree that no one would notice and about its recent history (demise) almost no one knew?

"The cumulative association with Mrs B is too great to allow an explanation in terms of pure coincidence. We have strong evidence for a neurosis.

"An additional explanation must, it would seem, be sought in terms of either (a) prior knowledge (which it is impossible to exclude conclusively) or (b) some paranormal activity, possibly evoked by the turbulent state of the subconscious mind of Mrs M.

"The latter hypothesis possesses the least number of inherent contradictions and accounts for the greatest number of facts with most economy."

So Peter McEwan was not wholly



AUTHOR and psychic researcher Colin Wilson presented a TV programme about the haunting. (Photo: Tom Ordeman/Thor NL)

against the idea that Frances had indeed picked up on some genuine paranormal activity in the building and somehow channelled it due to her fraught mental state.

So was Ardachie really haunted? Although it is almost certain that Frances faked some of the phenomena, it does appear that the lodge was the centre of some paranormal activity.

It is interesting to note that some time later, Bingham Hobson, a London solicitor and old school friend of Peter McEwan, was staying in the main house. One evening the pair were chatting in the drawing room when they both heard footsteps and the sound of something being dragged across the floor.

These sounds appeared to come from the empty room above where they were sitting. Mr Hobson searched the building for an intruder, but could find no one. He was quite shaken by this experience and, although a sceptic of the paranormal, decided to return to London.

The abbot of the nearby Benedictine abbey also confirmed that a retired local policeman had been doing some jobs at the lodge following Mrs Bruen's death and was in the lower kitchen when he heard footsteps outside the door.

The ex-policeman opened it just as the footsteps appeared to pass in front of him. He could see no one and immediately left the property in some panic.

The McEwans decided to sell the estate and eventually moved to Sussex. However, there was one last curious experience connected with Ardachie, which occurred several years after their departure from the area.

Michael Millar, a local dealer in antique firearms, was shooting on a hill above Ardachie when he saw Dorothy McEwan

walking along, looking cold and wearing a cardigan. She was accompanied by an old lady.

Surprised at seeing her and knowing that the McEwans were now living in England, he called out a greeting, but was ignored.

Thinking he had seen her ghost, Mr Millar contacted Peter McEwan in Sussex and was relieved to hear that Mrs McEwan was alive and well. The mystery of the doppelgänger and her elderly companion was never solved.

However, it does bring to mind the claim made by Frances McDonald that she had seen the double of Mrs McEwan during her brief stay in the house.

In 1977, the haunting was dramatised by the BBC in its paranormal series *Leap in the Dark*. Noted author and psychic researcher Colin Wilson was the presenter.

The producer tracked down the McDonalds and asked them about the haunting. It turned out that Frances was very bitter about the McEwans and stated that they had let her and her husband down, as "they should have told us the place was haunted before we went."

It should also be noted that during the interview Frances never admitted to faking any paranormal activity during her time at Ardachie.

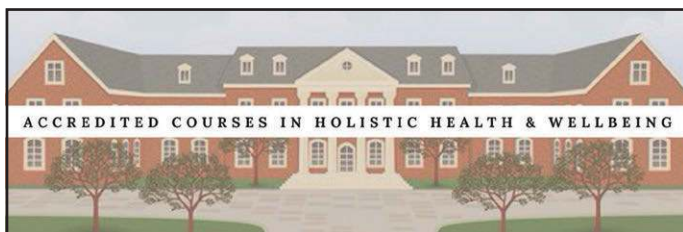
No one lived at Ardachie after the McEwans left. In 1968, the army blew up the main building after it was condemned as unsafe.

The new landowner then had the place levelled with bulldozers. Nothing now remains of the house or its alleged ghost. ■



John West is a writer, broadcaster and film producer. In 2018, he teamed up with director Jason Figgis to produce feature films and TV documentaries. The first of these was the documentary *Simon Marsden: A Life in Pictures* and the film, *Winifred Meeks*, a ghost story set on the Suffolk coast.

John also has his own golden oldies show on Smart Radio, which is broadcast every Tuesday at 2.00 pm on smartradio.org.uk



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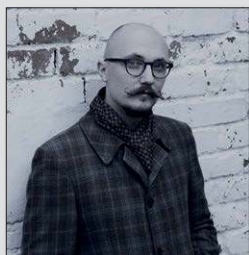
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STEPHEN'S WISE WORDS

Below, Stephen O'Brien shares his words of wisdom. A medium for over 40 years, Stephen is principal and founder of the Swansea-based Academy of Psychic and Spiritual Studies. The author of seven best-selling books, he is a registered spiritual healer and skilled counsellor, whose academy runs home study learning courses and a varied programme of events. Please visit www.stephenobrien.co.uk/ for further details or to order Stephen's highly recommended books and a range of audio cassettes.

WHILE we register through a physical body, we can conceal so many aspects of ourselves, but in the spirit planes nothing can be hidden.

We shall be known there for what we truly are without any façade to cover us. As it says in Corinthians, "For now we see through a glass, darkly; but then face to face."

WHAT you think or say is important, but what you do is the acid test that reveals exactly where you are on the scale of spiritual development.

The index of your character reveals your state of spirituality, and kindness and gratitude are some of the hallmarks of a spiritually-developing soul.

EVOLUTION is one of the natural laws of spirit life. In the land of eternal day, we shall continue to hone and grow our characters.

We shall also continue to evolve our spiritual gifts and attributes, whether we like this or not. There is nowhere to hide in a brightly lit land of light.

This sobering truth might encourage many people to be more loving and kind right now.

TELEPATHIC contact is the language of the Spirit. Our thoughts are filled with feeling. In fact, our feelings could be described as "deeper thoughts."

In the lower astral spheres closest to Earth, most new arrivals persist in speaking their mother tongue, but as they rise through the planes of existence, clumsy speech becomes defunct and is replaced by a much more evolved mind-to-mind contact.

Over there, no matter what you think, your thoughts are revealed,

instantaneously showing you as you truly are.

FREED from the trammels of the flesh, we shall continue to grow in the spiritual spheres. In the Higher Life, we will evolve and change unfettered by earthly convention and social conditioning. Spirit animals provide us with good examples of this.

I have seen household pets, such as cats, communicate to their beloved people appearing in forms that are five feet long and four feet high. They are magnificently developed creatures, like wonderful small lions.

Incidentally, in the world of light, cats have a great deal more to say than "Meow"!

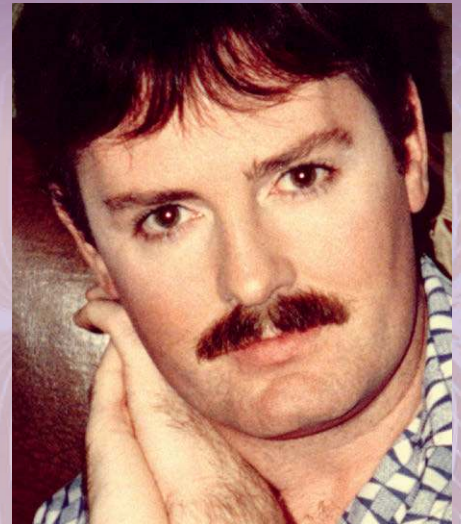
BEFORE you buy meat, fish or fowl, think on these things: animals have souls and personalities, plus a conscious awareness of themselves akin to that of man.

Animals have a right to live in peace upon this planet. They are our brothers and sisters, and we are all motivated by the same divine spirit power.

Meat is therefore murder, for it is the cold-blooded taking of life. Furthermore, our bodies do not need this form of second-rate protein in order to thrive, as plenty of alternative and more nutritious foods are available.

Whenever someone eats meat, they are guilty of aiding and abetting the annihilation of members of their own vast spirit family. The long-awaited reign of peace and compassion on Earth starts with the individual. It begins with you.

MAN'S thought is the motivating power behind all of his achievements and manifestations. If you can think it and feel



STEPHEN O'BRIEN: "Kindness and gratitude are some of the hallmarks of a spiritually-developing soul."

it, you can achieve it.

What is important is your intention. Our thoughts run deep, and if our intentions are powered by clear-cut feelings, the responsive universe will deliver our desires accordingly.

Those who made indelible marks on history knew their own minds. With singular intent, they set their goals – whether noble or not – and then pursued them until they were achieved.

If we don't win our prizes on Earth, we shall attain them in the Beyond provided that we keep our minds focused.

NEGATIVE self-talk can ruin our own and others' lives. A low sense of self-esteem and a lack of self-confidence feed on self-sabotaging thoughts.

Ruinous and unhelpful beliefs such as, "I can't do that; I'm not capable; I am unlovable; I'm stupid; I cannot succeed," are thought recipes for miserable and unfulfilling lives.

The Greek philosopher Socrates said that "The unexamined life is not worth living" – and he was right.

From today onwards, try to monitor negative self-talk. Remove it from your mind.

Replace it with positive affirmations such as, "I can do that; I am capable; I am intelligent; I'm lovable; I shall succeed," and see what a difference this makes to your outlook and quality of life.

Letters

This issue's
£10 letter
winner

In each issue we will give £10 to the author of the letter we find the most interesting.

Guides give advice on rehabilitating prisoners

READING the editor's item (February PN) about rehabilitating prisoners with animal therapy was rather timely for our church study group at The Spiritualist Alliance in Auckland, New Zealand because we have not long concluded studying excerpts from *Spirit Teachings* by the Rev W. Stainton Moses about prisoner rehabilitation.

This excellent book contains enlightened teachings from the spirit world and is in advance of the thinking of the day, as the following extract indicates:

"How many an erring soul – erring through ignorance, as frequently as through choice – has come forth from your jails hardened and attended by evil guides you know not, and can never know!

"But were you to pursue an enlightened plan with your offenders you would find a perceptible gain, and confer blessing incalculable on the misguided and vicious...

"You punish them vindictively, cruelly, foolishly: and the man who has been the victim of your ignorant treatment pursues his course of foolish, suicidal sin, until in the end you add to the list... debased, degraded, sensual, ignorant, mad with rage and hate, thirsting for vengeance on his fellows.



ELIZABETH PRETTY: "In helping to lift up less fortunate folk, we, too, are advanced in our own personal endeavours."

"Instead of separating such a one from evil influence, removing him from association with sin, and isolating him under the educating influence of true purity and spirituality, where the more refined intelligences may gradually operate and counteract the baleful

power of evil and evil ministrations, you place him in the midst of evil associations."

Of course, the spirit guides were writing from their point of view maintaining that under such negative influences, it was more difficult for those that are remedial to have an effectual positive outcome.

The implication is that our good here on Earth more readily attracts positive aid from those so engaged from their vantage point. We do know that in helping to lift up less fortunate folk, we, too, are advanced in our own personal endeavours.

Our group continues to study teachings from the spirit world and realises the value and the extent of their educational knowledge as it pertains to life here on this earth plane, and that the answers to many of our modern-day problems lie within the pages of spirit teachings which are rarely studied these days.

Were this to be the case, our Spiritualist platforms would once again become more respected – **Elizabeth Pretty, President, The Spiritualist Alliance.**

Colourful therapy could cut crime

WITH reference to PN's February edition, I am in complete agreement with the editor's view that animal therapy helps and heals prisoners.

I was also fascinated with the gorgeous feel of good pink high visibility vests worn by some Virgin Trains staff to calm crowds. For quite some time I have had another idea which may be of interest.

I've long believed that softly tinted warm pink lighting could be used on the streets to create a calming effect, cutting down crime and in situations such as sports events to prevent violence and

hooliganism.

I am also sure that such lighting would work wonders in places such as prisons, hospitals and schools.

Do you think that wide use of this lighting with a bright but gentle glow would make for a more contented population and a happier atmosphere generally? It could be well worth a try – **Diana Baxter, Derby.**





Envisioning life in the spirit world

I WOULD like to explain the understanding I am given with regard to life in the spirit world.

On Earth, we have various strata of society, so it follows that there are degrees of spiritual progression.

There is the lower stratum, which is composed of those who have caused suffering to other beings and have no remorse. However, there are also those who have remorse and are striving to improve themselves spiritually.

So we go on through the lower levels until we reach what may be the common level of spirituality and those who have led reasonable lives with their ups, downs, errors and triumphs.

Such individuals generally extend their level of material life into the spirit world where they will quite often pair up with partners, relatives and friends, and at social gatherings. At this level, as at all levels, there is an opportunity to progress up the spiritual ladder.

The next phase is composed of those who are helpers in any way: individuals who choose to either watch and hopefully guide and advise their chosen person on

Earth or gather with others of similar spiritual progression in order to send healing energies or inspiration in many fields of earthly activities.

This is a very active level since it involves spirit beings who come from a higher level of understanding to send out philosophy and learning.

It is at this level that Spirit has to remain, or move to, in order for communication to be possible at the vibration needed for understanding to be received at earthly circles and by individuals who wait for guidance.

So we move on to the more specialist fields of spiritual progression where knowledge is gained and applied on a more universal scale.

This level may also be composed of those who have elected to serve time as guides or returned to Earth in order to learn further lessons.

As we progress through the spiritual strata, the idea of retaining an etheric body or sustenance is no longer required.

Spiritual understanding is such that evolvement has taken place in the form of light. It is at this stage that we begin to talk about God, Allah or any other term when wishing to communicate with light beings.

This is not a God who insists on the style of apparel that is worn, not a God who is blamed for catastrophes or praised for good crops, but One who receives and sends out love, peace and harmony.

It is my level of understanding that spirit beings at the level of "God lights" could have been capable of organising millions of swirling atoms into an orderly form called Earth.

The same principle must apply as it does in the creation and sending of apports when objects paranormally appear.

The creation of man upon Earth from atoms to life also brought religion. However, none of us has to accept any form of indoctrination.

If we reject the idea or notion of God so be it, as long as our lives are led as honourably as they can be, for we are all open to progression – **David Thompson, by e-mail.**



Letters

Terrorists 'will pay a terrible price for their actions'

LITERALLY as I write, details are being broadcast about a terrorist attack targeting two mosques in the New Zealand city of Christchurch.

At least 49 totally innocent people have been killed and a further twenty seriously hurt. Sadly, more may yet pass on due to their serious injuries.

I often wonder if those who commit such awful acts realise they will have to account for them in the afterlife. It is worth considering here that evidence we survive death comes not only from mediums.

Earlier this year, *PN* ran a fascinating exclusive interview with Dr Raymond Moody, of *Life After Life* fame, who has researched countless out-of-body cases.

Additionally, in his column, the editor featured a section from *The Light Beyond*, another one Dr Moody's books, which tells of a woman who had an out-of-body experience and left the room where her body was being resuscitated.

From across the hospital lobby, she watched her brother-in-law as a business associate approached him and asked what he was doing there.

"Well, I was going out of town on a business trip," he replied. "But it looks like June is going to kick the bucket, so I better

stay around and be a pallbearer."

A few days later when she was recovering, the brother-in-law went to visit her. June told him that she was in the room as he spoke to his associate, and erased any doubt by saying, "Next time I die, you go off on your business trip because I'll be just fine."

Like hundreds of other cases collected by Dr Moody, this account offers excellent evidence that we are so much more than our temporary physical bodies.

Once freed from them, we retain all our intellectual abilities and can move, see and recall what has occurred.

The vital point is this: if more people accepted that one day they will have to answer for all their earthly acts, the world would be a much more peaceful place and humankind could live in harmony rather than hate.

I have no doubt whatsoever that terrorists will pay a terrible price for their actions and may spend centuries, as we count time, in the lower reaches of the spirit realms – **Brenda Watson, by e-mail.**



Stephen's wise words ring true on rows

READING Stephen O'Brien's "Wise words" column for March, the last item certainly struck a chord when he wrote, "Some spiritually-minded people experience difficulty in settling disputes and find the process quite stressful."

This is so, so true. Many of us go to great lengths to avoid openly arguing or rowing with a friend or family member and prefer remaining silent to broaching a subject which has caused disagreement between us.

The point Stephen is making is this: if we stop communicating altogether, there is even less chance of an argument being settled. In fact, completely closing down lines of contact can lead in extreme cases to never again speaking to a certain person.

If we are convinced we are right we may

be content to let matters slide, but we pay a high price simply to justify our pride.

Rather than cutting off all contact, it is a good plan to leave a small window of opportunity – or you may prefer to think of it as a light under the door which is left unlocked – ensuring that communication is not completely excluded indefinitely.

However right or angry you may feel about a person, you, as well as they, will feel the benefit of a period of cool, calm, rational and spiritual reflection.

If you fall out with someone, there is no loss of face involved in continuing to send

him or her a birthday card, for example, when this has been your usual practice.

The recipient then has two options – regard the gesture as an olive branch or have the hollow satisfaction of continuing to ignore you depending on their mindset.

One thing is certain: shouting matches, like those portrayed on TV between family members or friends as entertainment, do not achieve anything except to prove who has the loudest voice.

In a nutshell, shouting without reciprocal listening in return achieves absolutely nothing. We should also always remember that it's so much easier to be nice than nasty, and kind rather than cruel – **Bobby Walker, by e-mail.**

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SPIRITUAL ART



Monday April 15 sees the long-awaited return of the popular TV series *Game of Thrones*, albeit for its final season. By coincidence, this month's artist also features a drawing of two of the main characters from this eagerly awaited finale. Here, artist Cindy Hill shares three of her other pieces and tells us a little about her life and work.

I have been into art on and off since my early teens, and a Spiritualist since the age of 18. I've been disabled since 1996 due an ankle injury in 1988. I have two grown-up sons in university, and in 2016 my style took off due to meeting a spirit helper with artistic skills.

I was in a Facebook group when a lady member wanted to practise sketching other people's spirit helpers. I was one of the people she chose.

She drew me a male artist helper from the Other Side who is Filipino in appearance. We don't yet know his name, but I feel his presence when I sketch. He is a pleasure to be around. We seem to be in tune with each other.

Since he has been helping me my style has bloomed incredibly quickly. He never takes me over, but just guides me.

In May last year I couldn't sketch people. Now I do Japanese anime-style fantasy line art drawings. My main medium is ink and pastel pencils. I also do nebula themed pieces in watercolour, and chart my artwork using cross stitch and needle felt sculptures.

I love doing fantasy work, and every piece I do has a back story. When I was younger, I had an out-of-body experience and visited the spirit realms. I remember seeing the vivid colours there. This has helped to make my art come alive.

• See more of Cindy's work at: moonenchantress44.wixsite.com/moonspiritart

DAENERYS TARGARYEN (top right) One of the most popular characters from TV's "*Game of Thrones*" with one of her dragons

OWL NEBULA (right) is my latest piece in the nebula series. I had never sketched an owl, so went out of my comfort zone a little. My spirit helper was there to help and this is the result.



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ANCIENT CALLING (above)



MISCHIEF (above) My youngest son bought a guitar called MisChief and he wanted me to draw a woman chief. So this is a woman going against the old customs by wearing a sacred headdress.

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The publisher writes: "No decade in modern history has generated more controversy and divisiveness than the tumultuous 1960s. For some, the '60s were an era of free love, drugs and social revolution. For others, the Sixties were an ungodly rejection of all that was good and holy.

"Embarking on a profound search for the spiritual meaning behind the massive social upheavals of the 1960s, Tobias Churton turns a kaleidoscopic lens on religious and esoteric history, industry, science, philosophy, art and social revolution to identify the meaning behind all these diverse movements.

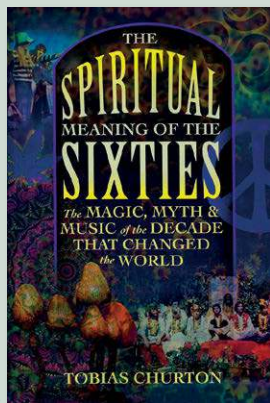
"Engaging with views of mainstream historians, some of whom write off this pivotal decade as heralding an overall decline in moral values and respect for tradition, Churton examines the intricate network of spiritual forces at play in the era.

"He reveals spiritual principles that united the free love movement, the civil rights and anti-war movements, the hippies' rejection of materialist culture, and the eventual rise of feminism, gay rights and environmentalism.

"He traces influences from medieval troubadours, Gnosticism, Hindu philosophy, Renaissance hermetic magic and the occult doctrines of Aleister Crowley. He also examines the psychedelic revolution, the genesis of popular interest in UFOs and the psychological consequences of the Bomb and the assassinations of the Kennedys and Martin Luther King.

"In addition, Churton investigates the huge shifts in consciousness reflected in the movies, music, art and literature of the era – from Frank Sinatra to the Beatles, from *I Love Lucy* to *Star Trek*, from John Wayne to *Midnight Cowboy* – much of which still resonates with the youth of today.

"Taking the reader on a long strange trip from crew-cuts and Bermuda shorts to *Hair* and Woodstock, from liquor to psychedelics, from uncool to cool, and from matter to Soul, Churton shows how the spiritual values of the Sixties are now re-emerging, with an astonishing influx of spiritual light to once again awaken us."



THE MEDIUMSHIP OF JACK WEBBER

By Harry Edwards

RRP UK £9.50 US \$12.44

152 pages

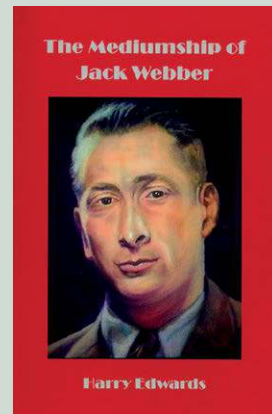
The publisher writes: "It is 79 years since this book was first published, but the message and reporting of the phenomena through this versatile physical medium does not age. The accounts of sittings by sceptical newspapermen and an analytical, observant researcher cannot be bettered.

"Ectoplasm was seen to flow from various parts of the medium's body to create a voice box so speech and singing was heard. At other times, the face of a deceased loved one was visible in the ectoplasmic mass and was recognised; it then often spoke to the sitter they knew.

"The mediumship recorded here, under the leadership of Harry Edwards, spans only 14 months before the untimely passing of this amazing medium, though he had worked for a number of years before moving to London from South Wales.

"With the exception of Plate 2, the illustrations have been rescanned from the original photographic prints (now in the possession of Jack Webber's nephew, Denzil Fairbairn) and in this edition are positioned in relevant places in the text instead of all at the end of the book.

"The photographs are a tribute to the variety of phenomena which was able to be achieved by the spirit team working through the medium and to his dedication to work with them."



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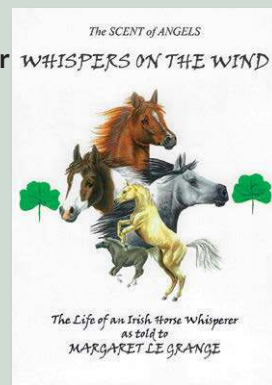
The publisher writes: "Born in 1937 in what was Southern Rhodesia, Margaret went to thirteen schools – eleven in Africa and two in England.

She returned to England after the second World War in 1947 and then during her young adult life travelled in Europe, South Africa and spent seven years in California before returning to Cornwall in the 1970s with her family.

"After being widowed in 1991, in 1993 Margaret felt a calling to follow the path of her late father and joined a healing group in Truro, training to become a registered spiritual healer and medium, and later a psychic author writing *The Scent of Angels* series of war soul rescue stories.

"This series, and those on other subjects, have amounted to fifteen books and there are still three awaiting publication.

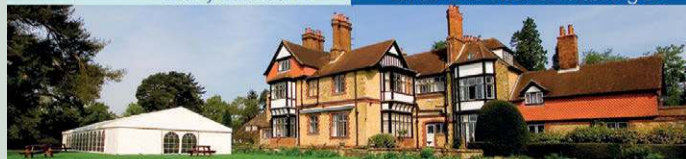
"*Whispers On The Wind* is the biography of an Irish Romany horse whisperer – a fascinating love story which will be enjoyed by all those with an interest in horses."



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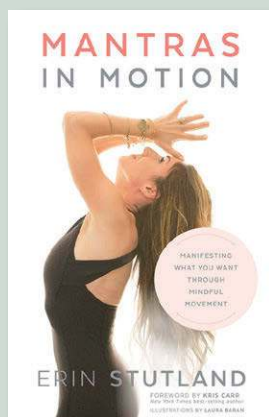
261 pages

The publisher writes: "Movement in your body creates movement in your life. You know the drill. You've written your affirmation, created your vision board, chanted a mantra, meditated, and followed all the standard advice to overcome self-doubt and become your best self. Yet, do you find yourself struggling to make all the different paths of well-being merge into one singular, cohesive self-improved you?"

"In her tri-fold approach to creating change, holistic wellness and fitness expert Erin Stutland will help you harness together your body's mental, physical, and spiritual energy in service of what you want. By repeating positive mantras with movement, you will:

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- Allow your positive mantras to take up all your mind space, not giving negative thoughts room to exist.
- Use every ounce of energy in your body and voice to create your best life.
- Feel good in your mind, heart and body because you're taking care of all of you at once.

"Erin offers nine foundational mantras, along with stories from her own life and those of her clients, a meditation or visualisation, a journaling exercise, and an easy movement to accompany the mantra to enhance its resonant power."



ENCHANTED GROUND

The spirit room of Jonathan Koons

By Sharon Hatfield

RRP UK £22.99 US \$28.95

260 pages

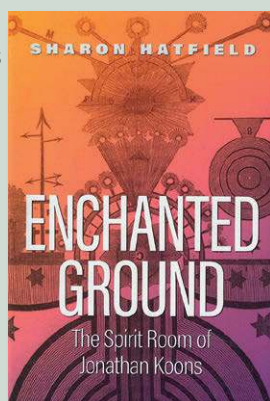
The publisher writes: "In *Enchanted Ground*, Sharon Hatfield brings to life the true story of a nineteenth-century farmer-turned-medium, Jonathan Koons, one of thousands of mediums throughout the antebellum United States.

"In the hills outside Athens, Ohio – a place whose reputation as haunted persists to this day – Koons built a house where it was said the dead spoke to the living, and where ancient spirits communicated the wisdom of the ages.

"Curious visitors, in homespun and in city attire, travelled from as far as New Orleans to his remote Appalachian cabin, whose marvels would rival any of P. T. Barnum's attractions. Yet Koons' story is much more than showmanship and sleight of hand. His enterprise, not written about in full until now, embodied the excitement and optimism of citizens breaking free from societal norms.

"Reform-minded dreamers were drawn to Koons as his progressive brand of religion displaced the gloomy Calvinism of the past. Hatfield also sifts through the gold and dross of Koons' character: the humble farmer eking out a living on a hillside homestead; the musician who fiddles his way into high society; the serious scholar and practitioner of religion who fends off charges of fraud.

"Above all, Koons is driven to share his passion through writing – even though some of that text he ascribes to the angels. Drawing from visitors' first-hand accounts and Koons' own books, essays, and letters, *Enchanted Ground* etches a vivid portrait of one of nineteenth-century Spiritualism's most charismatic figures."



THE SACRED SCIENCE

An ancient healing path for the modern world

By Nick Polizzi

RRP UK £12.99 US \$25.99

240 pages

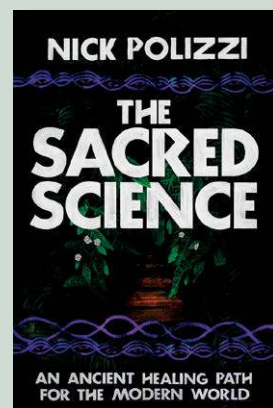
The publisher writes: "In 2010, Nick Polizzi did something unimaginable. He assembled a group of eight desperately ill patients from around the world and brought them into the heart of the Amazon rainforest to put the mysterious medicines of native shamans to the test.

"The healing journey that unfolded would change their lives – and his own – forever. In *The Sacred Science*, we join Nick as he explores these primordial traditions and learns first-hand what it takes to truly heal ourselves of physical disease, emotional trauma and the sense of 'lostness' that so many of us feel in these modern times.

"We venture into a place where the ordinary rules we live by, even survival instincts, don't apply – where 'the only thing to do is to step forward and be ready for anything'. Nick is not a guru or shaman; he is an ordinary guy who pieced together an illuminating journey, one experience at a time.

"In this riveting true story, we're shown the many layers that must be peeled away in order for us to find the truth of who we are and why we're here. This book is a bridge between the flashy, fast-moving modern world and the forgotten ways of a healthier, earth-connected ancestral past. You'll find practices and principles of native wisdom that you can put to use in your own life, and you'll gain a new understanding of what it means to heal.

"In the end, what will become of the eight patients who set out on this path with Nick? Will the exotic jungle medicines and harrowing rites of passage destroy them or give them a new lease of life? Five will return with remarkable healing results. Two will return disappointed. One won't return at all."



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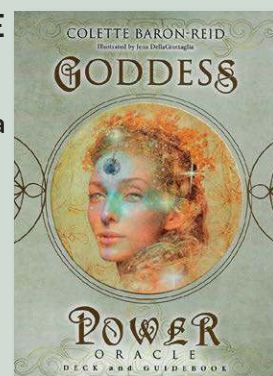
"The Goddess is calling you to open up and reconnect with the universe in all her forms. The feminine aspect of the universe is rising to restore balance in the world. Will you answer the call and receive her guidance? Who could we become if we knew how to reclaim our true power?"

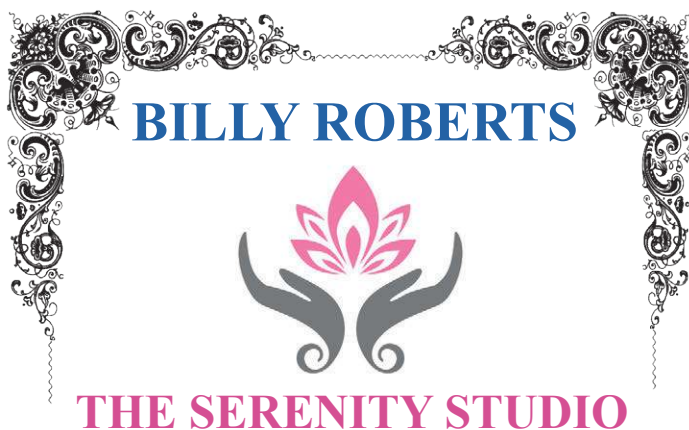
"Striking, elegant interpretations of 52 goddesses from cultures all over the world await you in *Goddess Power Oracle*. Elen of the Ways calls you to your path. Artemis offers to guide your arrow. Cerridwyn urges you to trust in the unlimited potential of your life.

"World-renowned oracle expert Colette Baron-Reid bridges the mundane and the mystical as she guides you on a journey of self-empowerment and fruitful manifestation."

Colette Baron-Reid is an internationally-acclaimed spiritual medium, oracle expert, and author of numerous best-selling books and products published worldwide in 27 languages.

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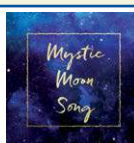
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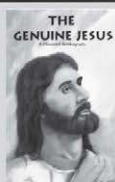
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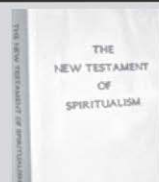
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**LUTON
CHRISTIAN
SPIRITUALIST CHURCH**
64a Compton Avenue,
Leagrave, Luton,
Bedfordshire LU4 9AZ
Tel: 01582 584164
Service Every Wednesday
8pm Clairvoyance Evening
Followed by Healing if required
Specials as advertised
All Welcome

BERKSHIRE

**READING NATIONAL
SPIRITUALIST CHURCH**
York Lodge, 81 Baker Street,
Reading, Berkshire RG1 7XY
Tel: 0118 950 7281
Email: church@readingsc.org
www.readingsc.org
April Events
*Sunday 6.30pm Divine Service
with Address and Clairvoyance*
7th DAWN STAINES &
NATALIE SIMPKINS
14th ROY MACKAY
21st WILL TURNER
28th CLAIRE BROAD
Thursday 7.45pm Mediumship
4th Medium
11th Medium
18th Medium
25th Medium
Open Circle at 7.15pm
Tuesdays 2nd, 9th, 16th, 23rd & 30th
with SHARON SPENCE
Open Power Circle at 7.30pm
Tuesdays 9th & 23rd
Special Events
Tuesday 2nd 7.30pm AGM
Friday 5th 7.30pm £7
Tickets in advance only
Transfiguration Demonstration
with STEPHEN ROWLANDS
Friday 26th 7.15pm £2
Open Platform with mentor
SPENCER ROSE
Saturday 27th 9.30am - 12.45pm
Coffee Morning with Readings
Healing
Monday 1.30pm - 3pm
(excluding Bank Holidays)
Wednesday 7.30pm - 9pm
Small animals welcome too
Saturdays - Occasional Special
Events ~ See website, Facebook
or in Church for details

MAIDENHEAD SPIRITUALIST CHURCH

York Road,
Maidenhead,
Berkshire SL6 1SH
President: Sharon Silver
Tel: 01628 299337
Sunday 6.30pm Divine Service
Wednesday 1pm - 3pm
Healing Clinic
Thursday 7.30pm
Mediumship Demonstration
Monthly Open Platform
and other Special Events
please see website
<http://maidenhead-spiritualist-church.weebly.com>
*A warm welcome is
extended to all*
Car Park and facilities for
disabled visitors
MARRIAGE and
NAMING CEREMONIES

WINDSOR SPIRITUALIST CHURCH

Adelaide Square,
Windsor, Berkshire
President: Denise Shoremi
Tel: 07976 815195
Mediums' Secretary: Richard
Tel: 07505 493 153
April Events
Sunday Divine Service 6.30pm
Free-will offering
7th DENISE PLUMB
14th SANDY HAGGER OCSNU
21st DENISE MORSE
28th ELAINE BIRD
Tuesday 7.45pm Admission £3
Evening of Clairvoyance
2nd GILLIAN BLAISE
9th WANDA BOLTON
16th TANYA ELLIS &
DENISE PLUMBER
23rd LES & DENISE PILGRIM
30th IRENE HALL &
JEAN HARRIS
*Whilst every effort is taken, there
will be times when the medium listed
will change*
Development Circle
Mondays 7.30pm - 9.30pm
Open Platform
Date list available
Healing
Thursdays 8pm - 9pm
Bookings, Private Sittings and
Workshops, please call phone
numbers at top of advert
*Come along and experience
the lovely atmosphere*
Website: www.windsor-spiritualistchurch.co.uk

COUNTY DURHAM

STOCKTON SPIRITUAL & HOLISTIC HEALING CENTRE

Victoria Business Centre,
80-82 Norton Road, Stockton,
County Durham TS18 2DA
Tel: 0773 829 0740
www.stocktonspiritualholistic-healingcentre.com

Follow us on Facebook

Each week, we host a range of
classes, special events and
workshops, with something
to appeal to everyone
Weekly Classes

Tuesday 7pm £5 per class

Spiritual Awakening Group
Wednesday 7pm prices vary
Spiritual Evenings

Esteemed guest speakers and
mediums from all over the UK
(See website of Facebook for
individual event details)

Thursday 6pm

Six-week programmes of
45 minute sessions of
Relaxing Yoga

(£24 for each six-week course)
Thursday 7pm £3 per session
Meditation & Mindfulness

Workshops

We host a range of fun,
informative and, sometimes,
life-changing workshops
throughout the year
Holistic Treatments

and Therapies

We also offer a wide range of
treatments, therapies, healing
and readings

A Warm Welcome Awaits Everyone

CORNWALL

BUDE FREE SPIRITS SPIRITUALIST CHURCH

The Parkhouse Centre,
Ergue-Gaberic Way, Bude,
Cornwall EX23 8LG
www.budefreespirits.co.uk

Service Every Thursday
7.30pm - 9pm

BUDE HEALING CLINIC:
Every Wednesday 7pm - 9pm
*Visiting mediums who would
like to serve Bude Free Spirits
please contact Carol
on 01840 770057*
All Welcome

PENZANCE CHRISTIAN SPIRITUALIST CHURCH

Bread Street,
Penzance,
Cornwall
Tel: 07800 812973
07800 813533
07780 661670
Monday:
Open Healing Circle
7pm sharp
Thursday:
Service 7.00pm
Followed by Healing
Follow us on Facebook:
Penzance Spiritualist Church
All Are Welcome

DEVON

*** NEW LISTING ***

BRIXHAM UNITED SPIRITUALIST CHURCH

Chestnut Heights
Community Centre,
1-3 Poplar Close, Brixham,
Devon TQ5 0SA
Tel: 01803 857870
Mob: 0751 0168 312
Sunday
3pm - 5pm Healing
6pm Family Service with
Mediumship
Thursday 7pm - 9pm: Monthly
(please see Facebook page
for dates)
Facebook: Brixham United
Spiritualist Church

EXETER SPIRITUALIST CENTRE AND HEALING GROUP

York Road,
Exeter,
Devon EX4 6PF
Website: www.exeterspiritualistcentre.org
Sunday 6.30pm Service
Wednesday 1.30pm
Mediumship
Saturday (as advertised)
Private Readings
Demonstration of Mediumship
Healing:
Tuesdays 2pm - 3.30pm
& Wednesdays 6pm - 7.30pm
See website for
Healing times on Sundays
and details of Special Events
and Development Groups
All Welcome

DORSET

BOURNEMOUTH SPIRITUALIST CHURCH

16 Bath Road,
Bournemouth,
Dorset
BH1 2PE

Telephone: 01202 551751
Website: www.bsnu.co.uk

April Events
Monday 1st 7.30pm
GEOFF NUNN
Spiritual Awareness
Tuesday 2nd 7pm
Open Circle
Wednesday 3rd 7.30pm
Open Heart Meditation with
TIM JOHNSON
Thursday 4th 3pm
JEAN TANNER
Sunday 7th 10.45am
JUDITH FORD
Sunday 7th 6.30pm
JUDITH FORD
Monday 8th 7.30pm
JUDITH FORD
Spiritual Awareness
Tuesday 9th 7pm
Open Circle
Wednesday 10th 7.30pm
Philosophy with AL POTTS
Thursday 11th 3pm
GEOFFREY HAYWARD
Sunday 14th 10.45am
AL & BEV BATTEN
Sunday 14th 6.30pm
AL & BEV BATTEN
Monday 15th 7.30pm
DAVID POWELL
Spiritual Awareness
Tuesday 16th 7pm
Open Circle
Thursday 18th 3pm
BARBARA BREEZE
Sunday 21st 10.45am
AL & GEOFF POTTS
Sunday 21st 6.30pm
AL & GEOFF POTTS
Monday 22nd 7.30pm
AL & GEOFF POTTS
Spiritual Awareness
Tuesday 23rd 7pm
Open Circle
Wednesday 24th 7.30pm
Church AGM
Thursday 25th 3pm
TONI GOSWELL
Sunday 28th 10.45am
GEOFFREY HAYWARD
Sunday 28th 6.30pm
GEOFFREY HAYWARD
Monday 29th 7.30pm
GEOFFREY HAYWARD
Spiritual Healing:
Monday 2pm - 4pm
Tuesday 10.30am - 12.30pm
Wednesday 10.30am - 12.30pm
Thursday 7pm - 8pm
Friday 10.30am - 12.30pm
& 2pm - 4pm
All Welcome

CHRISTCHURCH SPIRITUALIST CENTRE

196B Barrack Road,
Christchurch,
Dorset
BH23 2BQ

President: Karen Martin
Enquiries: 07849 606437
www.christchurchsc.org.uk

April Events
Sunday Service at 10.45am
7th JENNY VENABLES
14th ANNE RANDALL
21st CHRISTINE ARGENT
28th TRACY CRAIG
31st MARK STONE
Thursday Service at 7.30pm
4th KIM-JOHN WEBB
11th DYMPHNA RUSSELL
18th JENNY DOCHERTY
25th LINDA & ROBERT PALLETT
Healing
Every Tuesday 10am - 11.30am
Workshop
Saturday 6th April 10am - 4pm
£17 (£15 members)
Workshop: "Inspiration,
Intuitive Development and
Mediumship" (for all levels)
with SANDY HAGGER
Please book in advance
Church accessible for
wheelchairs and has loop
system for hearing aid wearers
All Welcome

KINSON SPIRITUALIST GROUP

Kinson Community Centre,
Pelhams Park,
Kinson,
Bournemouth BH10 7LH
Tel: 01202 715754
www.facebook.com/KinsonSpiritualistGroup
Every Sunday 6.30pm
Divine Service
2nd Monday in month
at 8.00pm
Clairvoyance Demonstration
All Welcome

ESSEX

EPPING SPIRITUAL SANCTUARY

Thornwood Village Hall,
Weald Hall Lane,
Thornwood,
Epping,
Essex
CM16 6ND
Enquiries to
Jan: 01279 861515
or Linda: 0796 3605 630
(Registered Charity 284561)
Tuesday Healing: 1pm - 2.20pm
Freewill Donation
Tuesday Service 2.45pm £3
Plus last Friday of every month
at 8pm
Evening of Clairvoyance £5
All Welcome

HEALING HEARTS SPIRITUAL CENTRE

A superb Platform Medium
every week,
Psychic Surgery, Healing,
Stalls, 1-2-1 Readings
and Luxury Raffle
Doors open EVERY Tuesday
at 6.00pm for
1-2-1 Readings and Healing
Platform Demonstration begins
at 8.00pm - 9.15pm
£4 entrance fee includes
FREE buffet with cakes and
all refreshments

HEALING HEARTS PSYCHIC SURGEONS
Open 1st & 4th Thursday
of each month from 7.00pm
(£5 minimum donation
includes refreshments)
All profits above running costs
to four charities
See website for more details at:
www.healing-hearts-centre.co.uk

Or see our Facebook Page
www.facebook.com/healingheartscentre
Contact: 07455 227100
Bulphan Village Hall,
Church Road, Bulphan,
UPMINSTER,
Essex RM14 3RU

LYNDA OLDHAM SPIRITUALIST CENTRE

Stanway Village Hall,
Villa Road, Stanway,
Nr Colchester, Essex CO3 0RH
2nd Thursday, Monthly
Evening of Mediumship
Guest Medium each month
6.15pm for a
7.30pm start for the
Mediumship Demonstration
We offer:
15-Minute Readings
(for a donation)
Healings (for a donation)
Gong Healing ~ 10 Craft Tables
Raffle ~ Cakes and a Cuppa
£3 admission
Please arrive early if
you want a reading
Lynda's Mob: 07591 920603
Follow us on Facebook

**KEEP AN EYE ON
PSYCHIC NEWS'
FACEBOOK &
TWITTER PAGES
FOR POP-UP
COMPETITIONS TO
WIN SPIRITUAL
BOOKS & GIFTS**

facebook

GLOUCESTERSHIRE

CHELTENHAM NATIONAL SPIRITUALIST CHURCH

Bennington Street,
Cheltenham,
Gloucestershire GL50 4ED
Tel: 01242 703 288

Registered for Funerals,
Weddings, Naming Ceremonies,
Blessings, Commitment
of Union
www.snu.org.uk/community/churches/cheltenham.html
Follow us on Facebook:
Cheltenham Spiritualist Church
Sunday 11am
Divine Service
Thursday 7.30pm
Open Awareness and
Development Group
Friday 2pm Healing
Saturday 7pm
Evening of Mediumship
Specials and Workshops every
six weeks
All Are Welcome

HAMPSHIRE

BASINGSTOKE SPIRITUALIST CHURCH

28 Victoria Street, Basingstoke,
Hampshire RG21 3BT
(Near Fairfield Arts Centre)
President/Mediums' Secretary:
Lou Nye Tel: 07544 548172
www.basingstokesesc.co.uk

Affiliated to
Spiritualists' National Union
April Events
Sunday 6.30pm
Address & Clairvoyance
7th ANDY & BRENDA DEAN
14th RICHARD HUNT &
BEVERLY ALLEN
21st Closed ~ Easter
28th DENISE MORSE
Thursday 7.30pm Clairvoyance
4th SUE ELLIS
11th TBA
18th DENISE PLUMB
25th MICHAEL LENNON
Open Day

Saturday 6th April 10am - 4pm
Doors 9.15am to book readings
Readings & Healing
Readings (£15 for 30 minutes)
Healing (donation)
Open Circle First and second
Wednesday of month
at 7.30pm £3 with
BONNIE & STEVE MARTIN
Open Platform Third Wednesday
of month at 7.30pm £2
with VAL TRIGGS CSNU &
CAROL DAWBER CSNU
Bronze Circle Last Wednesday
of month at 7.30pm £3 with
BONNIE & STEVE MARTIN
Healing Monday 2pm - 3.30pm
All Welcome

BITTERNE SPIRITUALIST CHURCH

Top of Lances Hill,
390 Bitterne Road,
Bitterne,
Southampton,
Hampshire
SO18 1DR

Tel: 07731 938587
www.bitternespiritualistchurch.org

Follow us on Facebook:

Bitterne Spiritualist Church
Official services offered:
Spiritual Naming, Weddings
(including Same-Sex Marriages),
Renewal of Vows,
Civil Partnerships,

Funerals, Memorial Services
Tuesdays: Spiritual Healing
2pm - 3.30pm and 5pm - 7pm
April Events

Monday 1st 7.30pm £3

Pathways with

DAVID POWELL CSNU

Sunday 7th 6.30pm

Divine Service taken by

JULIE GRIST CSNU

Saturday 13th 10am - 1pm

Spring Fair

Free Entry

Gift bags, tombola, bric-a-brac,
tea, coffee, cake

Half hour Private Reading £15

Sunday 14th 6.30pm

Divine Service taken by

FRANCIS STADDEN

Monday 15th 7.30pm £3

Pathways with

DAVID POWELL CSNU

Sunday 21st 6.30pm

Divine Service taken by

AL & GEOFF POTTS

Saturday 27th 10am - 1pm

Coffee Morning

Private Readings and Healing

(Readings £10 for 20 mins)

Healing is freely given but a

donation is appreciated

Gift Vouchers available for

Private Readings

Sunday 28th 6.30pm

Divine Service taken by

JEFF WOODHOUSE

See website for details of our

regular Coffee Mornings,

Special Events, Workshops and

Development Groups

All Welcome

PLEASE NOTE:
The advertising
deadline for the
May issue is
8th April

Please ensure your listings are
received by this date. If we do
not have details in time we will
put in a general listing of
'Medium' or 'Service' for your
usual opening days

FLEET SPIRITUALIST CHURCH

193 Aldershot Road,
Church Crookham,
Hampshire
GU52 8JS

Tel: 01252 625976
Mediums' Secretary:
01252 624986

Website: www.

fleetspiritualistchurch.co.uk

April Events

Sunday Divine Service at 6.30pm

7th LINDA WILLIAMSON

14th ELAINE BIRD CSNU

21st IVOR HOLLAND

28th TERRI TREGAR

Thursday Clairvoyant Evening

at 7.30pm (£2 admission)

4th KEVIN MALYON

11th BARRY CAIRNS

18th SURINDER THANDI

25th WILL TURNER

Healing

Every Tuesday 7.15pm -

9.00pm (doors close at 8.40pm)

Open Circle

7.30pm - 9.30pm

Wednesdays 3rd & 17th April

with DENISE PLUMB

Open Platform

Friday 12th April 7.30pm

with SPENCER ROSE

£3.50 (£3 members)

Meditation Circle

7.30pm £3.50

Wednesdays 10th & 24th April

with JIM WALKER CSNU

Special Events

Saturday 20th April

10.30am - 4.30pm

Open Day of Readings

£12.50 (£10 members)

Saturday 27th April

10.30am - 4.30pm £20

Colour & Sound in Mediumship

Workshop with

MINISTER

BRENDA LAWRENCE

Please book early, limited spaces

HERTFORDSHIRE

CARPENDERS PARK CHRISTIAN SPIRITUALISTS

Bushford Scout Hall,
St Georges Drive,
Carpenders Park,
Watford,

Hertfordshire WD19 5HD

(Hall cannot be seen from road

- go up drive between numbers

37 and 39 St Georges Drive)

Contact Chris Palmer:

01923 221918

Sundays 10.30am

Divine Service

Healing Available

All Are Welcome

An activity table

is provided for children

All Welcome

HITCHIN SPIRITUALIST CHURCH

Whinbush Road,
Hitchin,
Hertfordshire
SG5 1PZ

Tel: 07581 492507

www.hitchinspiritualist

church.co.uk

Sunday Service 6.30pm

Healing:

Tuesdays 2pm & 7.30pm

Demonstrations and workshops

as advertised on website

All Welcome

KENT

BEXLEYHEATH CHRISTIAN SPIRITUALIST CHURCH

85 Lion Road,
Bexleyheath,
Kent DA6 8NT

Enquiries: 07950 672200

Email: Bexleyheath.church@

gmail.com

Or see us on Facebook

April Events

Sunday Evening Service

at 6.30pm

7th PHILIP TOWLER

14th JULIE SINCLAIR

21st JANET GLASGOW

28th ANDY MULLIGAN

Tuesday Afternoon Service

at 2.15pm

2nd DIANE REID

9th KAREN OWEN

16th SHEILA SMITH

23rd MAUREEN RIDGEWELL

30th MILDRED DAVIDSON

Spiritual Healing

Tuesdays 1pm - 1.45pm

& 7.30pm - 9pm

Open Circles

Mondays 1st & 15th

7.30pm - 9pm £4.50

Wednesdays 3rd & 17th

Midday - 2pm £4.50

Open Platform

Wednesday 17th 7.30pm £3

All fledglings welcome to try

Special Events

Saturday 6th 1.30pm - 4pm

Free Entry

Introduction to Christian

Spiritualism with

CHRIS PURKISS

Saturday 13th 10am - 4pm £15

Colour Workshop with

DIANE HUBERT

Thursday 18th 12 noon - 2pm

Craft, Chat & Cuppa £2

Wednesday 24th 7.30pm £5

Evening of Clairvoyance with

JOSIE & TRUDIE

(Psychic Art & Readings)

Saturday 27th 1pm - 3pm

Private Readings

£7 for 15 minutes

All Welcome

MAIDSTONE SPIRITUAL DEVELOPMENT CENTRE (M.S.D.C.)

meets at Madginford Hall,
Egremont Road
(behind the row of shops),
Maidstone, Kent ME15 8LH
Tel: 01634 386472
or 07925 998065

Email: msdc@msdc.org.uk

We run Psychic & Spiritual

Development Mornings,

Open Circles, Healing and

Meditation Mornings with

free student readings, monthly

evenings of Mediumship,

Workshops, Psychic Suppers,

Psychic Fairs, Courses,

Coach Trips etc.

Download the full programme

from our website or ring us!

www.msdc.org.uk

April Events

Saturday 6th April

10am - 1pm, £5

Psychic & Spiritual

Development Morning

Free tea/coffee and biscuits

Open to all

Wednesday 10th April

8pm - 10pm

£7 (£5 for 'friends' of MSDC)

Monthly Meeting

Evening of Mediumship with

International Medium

BILLY COOK

Thursday 11th April

Day of Readings with

BILLY COOK

£40 (includes £5 for charity)

Limited number of readings

available so please book early

by phone or email

Saturday 20th April

10am - 1pm £5 per person

Healing & Coffee Morning

This includes two treatments

i.e. various healing/readings/

complementary therapies

Indian Head Massage,

Hand Massage and

Hopi Ear Candles, plus Readings

Come along for tea/coffee and

cake to pass a little time with

like-minded people and catch up

with what we are doing

Wednesday 24th April 8pm - 10pm

Fledglings Evening £3

Saturday 27th April 10am - 4pm

£35 (£30 for 'friends of MSDC')

"The Complete Reading"

Workshop with DANIEL PITT

Saturday 27th April 8pm - 10pm

£9 (£7 for 'friends of MSDC')

Evening of Mediumship with

DANIEL PITT

Sunday 28th April

Day of Readings with

DANIEL PITT

£50 (includes £5 for charity)

Limited number of readings

available so please book early

by phone or email

All Welcome

KENT SPIRITUAL TEACHING GROUP
Five Wents Hall, Swanley Lane,
Swanley, Kent BR8 7LD
www.kstg.org
Tel: 07789 501650
Follow us on Facebook:
Kent Spiritual Teaching Group
Meetings 1st and 3rd Tuesday
of every month
Tuesday 2nd April 8pm £6
Past Lives, Karma and the Soul
with EAMONN CULLEN
Tuesday 16th April 8pm £6
Evening of Clairvoyance with
SAM BAXTER

WEST WICKHAM SPIRITUALIST CHURCH
Surrey Road, West Wickham,
Kent BR4 0LU
President & Mediums' Secretary:
Alan Mitchell-Sleight
Tel: 01959 573049
E-mail: mitchellsleight@btinternet.com
April Events
Sunday Services 6.30pm
(doors open 5.50pm)
7th EMMA COLE
14th PAT & DANIEL
21st TREVOR CHRISTIAN
28th RICHARD HARRINGTON
Wednesday Evening Demonstrations 8.00pm
3rd MATT & KIRSTY
17th MELANIE BOND
Workshops
Saturday 20th April 10am - 4pm
Karen's Workshop £20
Open Circle Thursdays
12noon - 1.30pm & 7pm - 8.30pm
Private Readings Thursdays
Please book in advance with
Alan Mitchell-Sleight on
01959 573049
Spiritual Healing
After the service on a Sunday
at approximately 8pm
(providing healers are available)
and Tuesdays 12.30pm - 1.30pm
Please visit our website
www.westwickhamspiritualistchurch.co.uk
for other upcoming events

THE SANCTUARY OF HEALING CHRISTIAN SPIRITUALIST CHURCH
Mills Terrace, Chatham,
Kent ME4 5NZ
Tel: 01634 880039
Email:
george.mcqueen@yahoo.co.uk
Website:
www.sanctuaryofhealing.co.uk
Sunday Service 6.30pm
Wednesday 10am - 1pm Healing
Friday 4pm - 6pm Healing
Friday 8pm Clairvoyance
We also offer various Workshops
& Special Evenings of Clairvoyance
See website for
more information

LANCASHIRE

BURY SPIRITUALIST CENTRE
3 Russell Street,
Bury,
Lancashire
BL9 5AX
Tel: 0161 654 9282
Website: burysnu.weebly.com
Follow us on Facebook:
Bury Spiritual Centre
Tuesday 6pm Healing
(last registration 6.30pm)
Healing is also available on
request after the service
Tuesday 7.30pm - 8.45pm
Evening of Mediumship
Friday (fortnightly)
7.15pm for 7.30pm start
Awareness Class
Saturday 7.30pm - 8.45pm
Divine Service
All Welcome

CLEVELEYS SPIRITUALIST CHURCH
93 Beach Road, Cleveleys,
Lancashire FY5 1EW
(Opposite the Travellers Rest
Public House)
Whether you just want to make
sure a loved one who has passed
over has arrived safe, if you
want to discover how you, as a
Spirit yourself, play your part in
the Universe, want to take your
first steps on your own spiritual
journey, or just want to sit in a
tranquil, welcoming sanctuary
for your soul to recharge itself...
We will be waiting for you.

List of Services:
Sunday 2.30pm Guest Medium
Freewill donation
First Sunday of every month
2.30pm *Divine Sunday Service*
Monday 7.30pm (doors 7pm)
Guest Medium £2.50
followed by Open Circle
Tuesday 7.30pm £2
Awareness Class
Wednesday 12.15pm - 1.15pm
Spiritual Healing (donation)
2.30pm Guest Medium £2
7.30pm Awareness Class £2
Friday 7pm - 8pm
Spiritual Healing (donation)
Saturday Workshops
as announced
Special Services as announced
Private Readings are available
upon request
We also have the facilities for:
Naming Ceremonies,
Weddings and Funerals
We are on Facebook
and on the web at:
www.cleveleysspiritualistchurch.co.uk
Call us on: 07756 967803
or come on in - it would be
lovely to see you

WHITE FEATHER SPIRITUALIST CENTRE
Claremont Community Centre,
Claremont Road,
Blackpool,
Lancashire
FY1 2QJ
Tel: 01253 355595
Every Friday
6.30pm Healing
7.30pm Clairvoyant Evening
followed by Open Circle
All Welcome

LEICESTERSHIRE

HINCKLEY NATIONAL SPIRITUALIST CHURCH
32 Station Road,
Hinckley,
Leicestershire LE10 1AW
www.snu.org.uk/community/churches/hinckley.html
Follow us on Facebook:
Hinckley National
Spiritualist Church
Sunday 6pm
Service with Mediumship
Tuesday 7.30pm
Service with Mediumship
Wednesday 2pm
Divine Service
Wednesday (fortnightly)
7.30pm Healing
Special Events
As advertised in Church and
on Facebook
All Welcome

LEICESTER PROGRESSIVE SPIRITUALIST CENTRE
4 St. James Street,
Lee Circle,
Leicester LE1 3RE
President: Marian Sawczuk
Services with Mediumship
Sundays 6pm
Divine Service
Mondays 7.30pm
Wednesdays 2.30pm
Thursdays, Fridays and
Saturdays:
Special Demonstrations
as advertised
Development Groups & Circles
held every day of the week
Healing
Saturdays 10.30am - 12.30pm
Mondays 6pm - 7pm
Wednesdays 12.30pm - 2pm
Fridays 6pm - 7pm
**For details of workshops
and special events, visit our
website:**
www.progressivespiritualistchurch.co.uk
Email:
spiritchurch@outlook.com
Tel: 0116 2536098
All Welcome

LONDON

ACTON SPIRITUAL CENTRE
The Cottage, Woodhurst Road,
Acton, London W3 6SL
President: Elaine Jordan
Tel: 020 8896 0184
April Events
Sunday Service 6.30pm
7th JANET NEVILLE &
STEVE BRIDGER
Wednesday Service 7.30pm
3rd VAL BROWN
10th EVA O'BRIEN & Fledglings
17th JONATHAN WHITTAKER
24th VANDA GALAZKA
Open Circle every Tuesday
7.30pm - 9.30pm £3.00
LORRAINE GILBERT DSNU
Healing every Thursday 7.30pm
(please check opening days for
healing and circle during the
holiday season)
Large car park ~ A warm
welcome is extended to all

BALHAM SPIRITUALIST CHURCH
Hamilton Hall,
211 Balham High Road,
London SW17 7BQ
Tel: 07933 332187
April Events
Sunday Divine Service at 11am
7th STEPHEN EAVES
14th MARY REAGAN
21st Closed Easter
28th MILDRED DAVIDSON
Wednesday Service at 7.30pm
3rd SHEILA MCCARTHY
10th OWEN WILLIAM
17th SANDRA DOUGHTY
24th RAY PRENDERGAST
Private Readings
Friday 5th 7.00pm - 9.00pm
with MARY REAGAN
Friday 12th 7pm - 9pm
with SHERON MARTIN
Saturday 20th 2.00pm - 4.00pm
Closed
Saturday 27th 2.00pm - 4.00pm
with STUART COOPER
Spiritual Healing
12.15pm after Sunday Services
Open Circle Mondays
7.30 - 9pm (except Bank Hols)
with SHEILA MCCARTHY
Workshops & Events
Thursday 25th 7.30pm - 9pm
Sound Bath with
MELONIE SYRETT

MEDIUMS

Names featured in these columns
are sent by the advertiser or taken
from their website

If your name appears incorrectly,
please contact the advertiser
and *Psychic News*

Tel: 01376 563091

Email: pnadverts@gmail.com

BARNES HEALING CHURCH

Between
77-79 White Hart Lane,
London
SW13 0QA
Five-minute walk from
Barnes Bridge railway station
General Enquiries:
07581 534028
Facebook:
BarnesHealingChurch
Website: www.barneshealingchurch.co.uk
E-mail: barneshealingchurch@hotmail.co.uk

April Events
**Sunday Healing Service
at 6.30pm**

7th ANN BLACKMORE
14th DEL HODD
21st BEVERLY SWIFT
28th SHERON MARTIN
Wednesday at 7.30pm

Evening of Clairvoyance £3
3rd GILLIAN

BONNETTE WADDE
10th ANGELA WATKINS
17th KAREN PYLE
24th SONYAR
Special Events

For details about our once a
month morning of
One-to-One Readings,
Open Platforms,
Circles, Workshops,
Animal Healing,
Special Evenings
and much more,
please see our website or
our Facebook page
Healing
Tuesdays
7.00pm - 8.00pm
Thursdays
10.30am - 1.00pm
A Warm Welcome Awaits Everyone
REGISTERED FOR
MARRIAGES, CEREMONIES
& SACRED SERVICES

BATTERSEA SPIRITUALIST CHURCH

46 Bennerley Road,
Off Northcote Road,
London SW11 6DS
President - Margaret Cutler:
020 7223 3156
Enquiries: 020 7622 4900
or 020 3573 3571
E-mail: bsc@batterseasc.co.uk
Web: www.batterseasc.co.uk

April Events
Sunday Service 6.00pm
7th TREVOR CHRISTIAN
14th ELAIN STAINTON
21st ANDREW WRIGHT
28th VANDA GALAZKA
Thursday Service 7.30pm
4th DAVID CHAPMAN
11th MICHAEL LENNON
18th TRACIE MATHER
25th PATSY SORRENTI

Bennerley Friendship Club
Wed 3rd April 2pm £3 with
Medium JOHN ALEXANDER

Private Readings
Tuesday 2nd April
7pm - 9pm with Medium
TRACEY KRAY

Readings must be booked and
paid for in advance at church
- no phone bookings accepted
Healing

Mondays 1.30pm - 3.00pm
Fridays 5.30pm - 7.00pm
(No Healing sessions on
Bank Holidays)

Special Event
Good Friday 19th April 6.00pm
Service with
SHEILA MCCARTHY

Advance Notices
Sat 18th May 11am - 4.30pm
£12 (Members £10)
Workshop on Aspects of
Mediumship, Regression &
Crystals with ELAIN STAINTON
Please bring packed lunch -
tea and coffee available

EDMONTON SPIRITUALIST CHURCH

14 Linnell Road,
London N18 2QW
Telephone: 020 8887 9610
www.edmontonspiritualistchurch16.com

Follow us on Facebook
April Events
Sunday at 6pm
28th SONIA & MARK
Mondays at 1.30pm
1st JEFF PHILLIPS
8th ALAN ALBISTON
15th ROSIE SPIRIT
22nd Closed
29th MICHAEL LENNON
Spiritual Healing
Tuesdays 12.15 - 1.45pm
& 7pm - 8pm
**Experienced Working Circle
Leader required**
Tel Sylvia: 020 8801 8525
All Welcome

CLAPHAM NATIONAL SPIRITUALIST CHURCH

11a North Street,
Old Town, Clapham,
London SW4 0HN
Enquiries:
Tel 020 7498 5521
April Events

Sunday Service: 6.00pm
7th MILDRED DAVIDSON
14th JANET NEVILLE
21st TBA
28th IAIN MASON
Tuesday: 6.00pm

Private Readings and Healing.
Readings end at 8.00pm
2nd IRIS BRIDGEWATER ISM/RAM
9th RALPH MAVER
16th NICOLA ANTONI
23rd ELIZABETH WILLIAMS
30th RALPH MAVER
Saturday: 7.30pm
Evening of Clairvoyance
6th CRAIG O'MALLEY
13th TREVOR CHRISTIAN
20th COLEEN ROCHERE
27th PAT MURRAY

Open Platform
Every 1st Saturday of the month
6pm - 7pm
Everyone is Very Welcome
at our Church!

EALING NATIONAL SPIRITUALIST CHURCH

66-68 Uxbridge Road,
West Ealing,
London
W13 8RA
(Next to Ealing Fire Station)
Buses 207, 83, E2, E7, E8
Enquiries: Alison
Tel: 07958 463529

April Events
Sunday Service at 6.30pm
7th IRIS BRIDGEWATER
14th Closed
21st Closed
28th Closed

**Thursday Mediumship
at 7.30pm**
4th SONIA & MARK
11th DAVID COLE
18th Closed
25th KAREN PYLE

Please note that Thursday
demonstrations are charged at
£3.00 (£2.00 members)
and Sunday services remain as
a voluntary donation

Special Event
Saturday 27th April
Private Readings 10am-1pm
£12 (£10 members) for
20 minute reading
Please pay at time of booking
Find us on Facebook:
Ealing National
Spiritualist Church
MARRIAGES SOLEMNISED
NAMINGS

FULHAM NATIONAL SPIRITUALIST CHURCH

Kelvedon Road,
Fulham,
London SW6 5BP
(Nearest Underground station
Parsons Green)

Buses No. 11 and 14
Tel: 020 7736 7248
Working for Spirit
into the 21st century
April Events

Sunday Service 6.30pm
7th ALF HUNT
14th CELIA MITCHELL
21st JONATHAN WHITTAKER
28th SID PRIVETT

Thursday Demonstration 7.30pm
4th JANET GLASGOW
11th ELAIN STAINTON
18th MARC IMPEY
25th ROY SUNLEY

A very warm welcome awaits
friends old and new
Come and meet us at
our lovely church
WEDDINGS * NAMINGS *
FUNERALS

LEWISHAM SPIRITUALIST CHURCH

65 Boone Street, Lewisham,
London SE13 5SA
Website: www.Lewishamspiritualistchurch.com
Church Tel: 020 8852 7823
President: Dot Firth
Tel: 07732 261 417

for readings
April Events
Sunday 6.30pm - 8pm Service
7th BRENDA COTTINGHAM
14th MARK McDONAGH
21st Closed

28th MARK WILLIAMS
Special Event
Good Friday 19th April
2pm - 6pm Price £15

Spiritual Group Readings with
Large Buffet Tea ~ Ticket only
Please book in advance

Mondays
7.15pm - 8.45pm £6
Open Development Circle
Tuesdays 12.30pm - 2.30pm

Private Readings £18 for 30 mins
Bookable in advance
1pm - 2.30pm Spiritual Healing
2nd Wednesday of each month
7.15pm - 9.15pm £3 entrance
Open Platform Development

Thursdays
7pm - 9pm Group Readings
£6 for 10 min readings
Tickets on sale from 5.30pm
7.15pm - 8.30pm Spiritual Healing
1st & 3rd Thursday of each month
7pm - 9pm Private Readings
£18 for 30 mins
Book in advance
All Welcome

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IN THE PRESENT

BURNING FESTIVALS
AND SUPERSTITIONS

ISSUE 102 (47)

THE LONDON SPIRITUAL MISSION

13 Pembridge Place,
London W2 4XB
secretary@spiritualmission.co.uk
www.spiritualmission.co.uk
Tel: 020 7229 2024
Church Activities
Sunday Services 11am & 6.30pm
Wednesdays 7.30pm
for an Hour of Clairvoyance
Spiritual Healing
Mondays 11am - 1pm,
2pm - 3pm, 5pm - 7pm and
Thursdays 5pm - 7pm
For Special Events,
Courses & Workshops
please see our website
Animal Healing
Mondays 11am-1pm
All domestic pets welcome

MORDEN SPIRITUALIST CHURCH

214 Morden Road, Morden,
London SW19 3BY
Enquiries Tel: 020 8648 5369
Church Tel: 020 8544 1816
E-mail:

morden.church@hotmail.co.uk
April Events

Sunday Evening 6.30pm
Service and Clairvoyance
7th GLADYS WILLIAMS
14th JANET GLASGOW
21st ANN BURBEDGE
28th JEFF HEWITT

Thursday Evening 7.45pm
Clairvoyance Entrance £2.50
4th IAN TAYLOR
11th TRICIA BAMSEY
18th MICHAEL LENNON
25th LYNN ROSE

Workshop
Sunday 14th 10.30am - 4.30pm
with JANET GLASGOW
Please bring packed lunch
drinks provided
Private Readings
None this month
Open Circle
Mondays at 8.00pm
(except Bank Holidays)
Leader: Rene Bond
Spiritual Healing
Spiritual Healing available
8pm every Sunday
Free-will donation
All Welcome

SYDENHAM SPIRITUAL & HEALING CENTRE

Venner Community Hall,
1, Venner Road,
Sydenham,
London SE26 5EQ
(Venner Road is opposite
Sydenham Railway Station
The hall is adjacent to
Sydenham High Street)
Bus routes:
176, 312, 75, 194, 202, 450
Enquiries: Caroline Hackett
on 07891 067478
Demonstration of Clairvoyance
every Wednesday at 8.00pm
Doors open 7.30pm
April Events
3rd MAGGIE JONES
10th MAUREEN RIDGEWELL
17th TBC
24th JANET GLASGOW
Healing every week by
registered healers from
7.30pm until 9pm
Visit our website at:
www.sydenhamspiritual
centre.co.uk

WIMBLEDON SPIRITUALIST CHURCH
For information call Ray on
0778 756 6274

WOOD GREEN SPIRITUALIST CHURCH

(Cnr of Maryland Road)
High Road, Wood Green,
London N22 5AR
Minister in Spirit:
Mrs Ida Stenning
Enquiries: 020 8888 1992
Website:
www.woodgreen
spiritualistchurch.co.uk
April Events
Sunday 6.30pm Service
7th KAREN WARNER
14th JOSIE SMITH
21st Easter Sunday with
JASON DAVIS
28th LYN MOODY
Wednesday 7.30pm Service
3rd DANNY WRIGHT
10th MARC IMPEY
17th IRIS BRIDGEWATER
24th JULIA
Tuesday 7.30pm - 9pm Healing
Thursday No Healing
All Welcome

WOODFORD SPIRITUALIST CHURCH

9 Grove Crescent,
South Woodford,
London E18 2JR
http://woodfordchurch.com
April Events
Monday 1st 2pm
PAULINE WING
Saturday 6th from 10.30am
ELDC Healing Review Day
Sunday 7th 11am - 4pm
£12 (Members £10)
Workshop: "Exploring
Spiritual philosophy" with
CAROL WOOD
Sunday 7th 6.30pm
DAVID CHAPMAN &
KATHY MORRELL
Monday 8th 2pm
BEVERLY SWIFT
Saturday 13th £12 (Mems £10)
See website for times
Workshop:
"Discover Trance for Yourself"
with DANIEL NAUGHNANE
Sunday 14th 6.30pm
JOHN JENKINS
Monday 15th 2pm
CAROL CHAMBERS
Thursday 18th 2pm - 3pm £3
Demonstration of Mediumship
with RUTH LIPKIN
in aid of the Church charity
Saturday 20th 12 noon - 4pm
£6 (Members £5)
Workshop: "Simply Tarot"
with MIKE MATTHEWS
Sunday 21st 6.30pm
Easter Sunday
KEITH HUDSON
Monday 22nd 2pm
Easter Monday
ALAN ALBISTON
Saturday 27th 2pm - 4pm £1
Private Readings
with Fledglings
Have a private reading with a
fledgling (Beginner medium)
Sunday 28th 6.30pm
BRUCE BAYLEY
Followed by Church AGM
Monday 29th 2pm
MICHAEL REDWIN
Weekly Services:
Monday 7.30 - 9pm
Spiritual Awareness Group
Tuesday 7.30 - 9pm £3
Open Circle with
SHARON LAW
Wednesdays
2pm - 4pm & 7.30pm - 9pm
Spiritual Healing
Friday 7.30pm - 9pm £3
Open Circle with
JOHN JENKINS
Friday 7.30pm - 9pm £3
Open Circle with
BRENDA HODGSON
Please see website for details
of our regular Private Readings
and Dru Yoga Classes
All Welcome

MIDDLESEX

HAMPTON HILL SPIRITUALIST CHURCH
Angel Close, Windmill Road,
Hampton Hill TW12 1RG
Enquiries: 020 8941 5177
www.hamptonhillspiritualists.
webeden.co.uk

April Events
Sunday 6.30pm Service
7th JILL PICKETT
14th GILLY PALMER CSNU
21st MARTIN TWYCROSS CSNU
28th SARAH NORRIS
Thursday 7.30pm Demonstration
4th SPENCER ROSE &
SUSIE GIGGS
11th VAL TRIGGS &
CAROL DAWBER
18th JEFF WOODHOUSE
25th ANN NORRIS

Evening Open Circles & Classes
All start at 7.30pm

Monday 1st Open Platform
with MARTIN TWYCROSS
Monday 8th Open Awareness
Circle with LINDA TWYCROSS
Monday 15th Mediumship
Practice Circle with
PAMELA POLLINGTON
Tuesday 17th Open Healing
Circle with SHEILA SMOOTHY
Tuesday 23rd
Speakers & Philosophy Class
with MARTIN TWYCROSS
Monday 29th Open Awareness
Circle with SUSIE SHAW

Spiritual Healing
Every Wednesday from 7.30pm
Special Events
Sunday 7th April
Mediumship Workshop with
BECS SAWYER - total beginner
to intermediate levels
£22 (£20 church members)
Saturday 27th April 7pm
Psychic Supper
Tickets £19 (£17 members)
Weddings, Namings and
Funerals arranged
All Welcome

HAYES SPIRITUALIST CHURCH
Albert Hall, Albert Road,
Hayes, Middlesex UB3 4HR
Telephone: 07949 186308

Find us on Facebook:
Hayes Spiritualist Society
Wed 6.30pm - 7.30pm Healing
Wednesday 7.30pm £3 at door
Service with Clairvoyance
Thurs 2.30pm - 4pm Healing
Every Friday 7.30pm £3.00
Open Circle
Coffee Morning:
last Saturday of the month
Jan - Nov 11am - 4pm
Private Readings:
£10 for 20 mins
Bookable in advance
All Welcome

**For a list of
Spiritualist Churches
and Centers in the
USA visit our website:
psychicnews.org.uk**

HOUNSLOW SPIRITUALIST CENTRE
 14/15 Hanworth Terrace,
 Hounslow,
 Middlesex TW3 3TS
 Email: hounslowspiritualist
 centre@yahoo.co.uk
 Website:
 www.hounslowspiritualist
 centre.webeden.co.uk
 President: Jeanette Brown
 Enquiries: 07523 702340
 April Events
Sunday Service 6.30pm
 Address & Clairvoyance
 7th PATSY SORRENTI
 14th No Service
 21st WANDA BOLTON
 28th No Service
Wednesday: Clairvoyance 2pm
 Admission £3.00
 Members £2.00
 3rd To be confirmed
Wednesday: Clairvoyance 7.30pm
 Admission £3.00
 Members £2.00
 3rd SYLVIA SIMMS KAWALSKA
 10th MARTIN BRADLEY
 17th To be confirmed
 24th PHIL
Spiritual Healing
 Thursdays 6.30pm - 9pm
Private Readings
 available at Coffee Morning
 1st Saturday of Month
 Bookable in advance
 Cost £15.00
 Please call 07523 702340
 to book
 Further information about us
 and our events can be found
 on our Website &
 Facebook page
 All Welcome

INSPIRATIONS SPIRITUALIST GROUP – UXBRIDGE
 Walter Pomeroy Hall,
 Royal Lane, Hillingdon,
 Middlesex UB8 3QY
 Tel: 0208 841 4901
 or 01895 466 514
 Follow us on Facebook:
 Inspirations Spiritualist Group
 – Uxbridge
 Every other Monday 7.30pm
 Open Circle
 Thursdays 7.30pm
 Service with Mediumship
 Entrance £5 (Seniors £4.50)
 All Welcome

**For a list of
 churches, centres
 and spiritual shops
 in the UK that stock
 Psychic News, visit:
 psychicnews.org.uk**

KENTON SPIRITUALIST CHURCH & HEALING CENTRE
 35 Churchill Avenue,
 Kenton, Harrow,
 Middlesex HA3 0AX
 President: Bette Kotecha
 Tel: 020 8621 3103
 (Answerphone)
 April Events
Sunday Service 6.30pm
 7th KARIM
 14th LINDA CHANT
 21st Closed
 28th MARIAN MORRELL
Thursday Clairvoyance 7.45pm
 4th OWEN WILLIAMS
 11th TONY STICKEN
 18th ANNE-MARIE LORDE
 25th JO STONE
 Visit:
 www.kentonspiritualist
 church.co.uk
 for further details
 Special events
 throughout the year
 A Warm Welcome Awaits YOU!

THE LIGHT ON THE HILL HARROW SPIRITUALIST CHURCH
 1 Vaughan Road,
 Harrow, Middlesex,
 London HA1 1DP
 Website:
 www.harrowsnuchurch.
 wixsite.com/harrow
 Email:
 lightonthehill@live.co.uk
 Telephone: 07528 348 432
 Service Times:
 Sunday 7.30pm - 9pm
 Wednesday 7.45pm - 9pm
 Healing Services:
 Monday 10am - 12pm
 Wednesday 9.15pm - 9.45pm
 Sunday 7.30pm at start
 of Service
 All Welcome

THE SANCTUARY OF THE SILVER CROSS
 Friends Meeting House,
 Belmont Road,
 Uxbridge,
 Middlesex UB8 1QW
 President: Linda Chant
 Tel: 07792 900194
 Website: www.
 sanctuaryofthesilvercross.com
 April Events
**Sunday Divine Service
 at 6.15pm**
 7th MARC IMPEY
 14th RAY PRINCE
 21st LORRAINE & ERNIE
 28th SHIRLEY BIRKS
 Healing available after service
 We are a five-minute walk from
 Uxbridge Underground station.
 Tea and cakes after services
 All very welcome!

NORFOLK
SNETTISHAM INDEPENDENT SPIRITUALIST CHURCH
 Memorial Hall,
 Old Church Road,
 (Next to the Rose and Crown)
 Snettisham,
 Norfolk PE31 7NA
 Contact Sandra:
 01485 541719
 Follow us at: www.
 facebook.com/
 SnettishamSpiritualChurch
 Services
 Every 2nd and 4th Sunday
 of the month at 3pm
 Healing available after Service
**Saturday 18th May
 7pm - 10pm**
**Evening of Clairvoyance with
 LISA JANE & KAY SHIPP**
 All Welcome

OXFORDSHIRE
THE KARENZA SPIRITUAL NETWORK
 Cholsey Pavilion,
 Station Road,
 Cholsey,
 Wallingford
 OX10 9PT
 Tel: 01491 523822
 Email: info@karenzaspirit.net
 Monday 22nd April at 7.30pm
 Special Bank Holiday
 Evening of Mediumship with
 ANDY BYNG
 Monday 13th May at 7.30pm
 An Evening of Mediumship with
 DONNA BARKER
 Saturday 1st June at 7.30pm
 An Evening of Mediumship with
 JONATHAN BROWN
 A Warm Welcome
 Extended To Everyone
 Please find more information at:
 www.karenzaspirit.net

SHROPSHIRE
DAWLEY GUIDING LIGHT SPIRITUALIST CHURCH
 Dawley House,
 22 Burton Street,
 Telford,
 Shropshire
 TF4 2ES
 Contact us:
 01952 507188
 Facebook:
**Dawley Guiding Light
 Spiritualist Church**
 Saturdays 7.30pm - 9pm
 Evening of Clairvoyance
 £3 at the door
 includes raffle ticket, tea,
 coffee and biscuits
 Fridays: Specials as advertised

SOMERSET
ALCOMBE & MINEHEAD CHRISTIAN SPIRITUALIST CHURCH
 Grove Place, Manor Road,
 Alcombe, Minehead TA24 6EH
 Tel: 0783 110 4896
 Summer Sunday Service
 at 6.30pm
 (March to end of October)
 Winter Sunday Service
 at 3.00pm
 (November to end of February)
 Healing Groups,
 a monthly Healing Day,
 Healing Evenings, Open Circles,
 Evenings of Clairvoyance all
 available on various days
 during each month.
 See our website for the full
 day-by-day itinerary of what
 our church can offer you.
 www.mineheadspiritualist
 church.co.uk

STAFFORDSHIRE
ANGEL ATTIC
 Staffordshire's Principal
 Independent Psychic Centre,
 St Patricks Place, Stafford,
 Staffordshire ST16 2PN
 TEL: 01785 600994
 or 07504 126336
 Contact Rachel, email:
 rachel.angelattic@gmail.com
 Private One-to-One Sitzings
 Courses ~ Workshops
 Social Events, Afternoon Teas
 Psychic Suppers
 Classes & Groups, Open Circle
 Demonstration Evenings
 Educational Programmes
 and so very much more...
**Do call or email, check out our
 Facebook (Angel Attic) page
 for upcoming events**
**A warm welcome is
 extended to all**
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 9 Eastgate Street, Stafford,
 Staffordshire ST16 2NQ
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 healing, Aromatherapy massage
READINGS: Tarot and Spirit
 readings (also available
 for functions/parties)
 See: www.hartmaggie.co.uk
 Or phone Maggie on:
 0782 528 5688
 E: maggie.jennings@ntlworld.com

SURREY

CROYDON SPIRITUALIST CHURCH

Chatsworth Road, Croydon,
Surrey CR0 1HE
President: Mr Alan Seymour
CSNU, LSSNU
Contact telephone number:
020 8688 1827
& 07990-535942
Email:
alanpsymour@btinternet.com
Website: www.croydon
spiritualistchurch.org.uk

April Events
Sunday 11am
7th VANDA GALAZKA
14th CLAIRE EDWARDS DSNU
21st PENNY O'MEARA
28th DEREK PIPE &
VICKY KNIGHT
Sunday 6.30pm
7th MARIA WHEELER &
PAT DAVIS LSSNU
14th BILL RAE
21st LOUISE EATON
28th RALPH NEALE
Wednesday 7.45pm
3rd SHERON MARTIN
10th PETER & MOLLIE
MCMANUS OSNU LSSNU
17th EVE ELLAR
24th MELANIE BOND

Healing
Every Thursday at
1.30 - 3.30pm & 6.00 - 8.00pm
All welcome

Open Platform
Third Monday every month at
7.30pm (15th April)
Open Platform - All welcome
Fledglings, training speakers
& demonstrators and
congregation required
No charge
Special Events See website

FARNHAM INDEPENDENT CHRISTIAN SPIRITUALIST CHURCH

Hale Village Hall, 1 Wings Rd,
Farnham GU9 0HN
President: Jean Harris
Tel: 07936 708882
Follow us on Facebook
April Events
Divine Service every Sunday
6.30pm - 8pm Free-will offering
7th SARAH NORRIS
14th JILL PICKETT
21st SPENCER ROSE (Easter)
28th JUDITH FORD

Open Circle
Friday 5th 7.30pm - 9.30pm £5
Friday 12th 7.30pm - 9.30pm £5
No Open Platform in April
Healing

After services plus Tea & Coffee
Saturday 13th April 12pm - 3pm
Readings Day - three mediums, aura
photography and stalls (readings £10)

**HACKBRIDGE
SPIRITUALIST
CHURCH**
For information call
Jackie on: 0781 806 1063

**KINGSTON
NATIONAL
SPIRITUALIST
CHURCH**
Villiers Road,
Kingston upon Thames,
Surrey KT1 3AR
Website:
www.kingstonsnc.net
Email:
kingston.spiritualist@yahoo.com

President: Bernadete May
Secretary: Gerrie Chaney
Telephone: 020 8401 6967
Mobile: 07910 335 763
April Events

SUNDAY 11am Divine Service
7th TRICIA BAMSEY
14th JANET NEVILLE
14th at 12.45pm - AGM
21st EASTER-
LYNN BURRIDGE
28th PAT MURRAY
MONDAY 7.30pm
Evening of Mediumship
1st CORAL THOMPSON
8th HEATHER McDONALD
15th ROBERT GIACCHI
22nd Closed - Bank Holiday
29th PAULINE WALSH

Healing
Mondays 8.45pm - 9.45pm
Wednesdays 2.00pm - 4.00pm
Events

Friday 5th 7.30pm
Spiritual Awareness Evening
with GERRIE CHANEY
Saturday 6th 2pm - 4pm
Open Platform with
LILY JENKINS &
JACK MCCAUGHERTY
Saturday 13th 10am - 1pm
Private Readings
30 minutes for £20
(Pre-book at church only)
Good Friday 19th 7.30pm
NO Spiritual Awareness
Evening with GERRIE CHANEY
Wednesday 17th 7.30pm
Open Platform with
GERRIE CHANEY
Friday 26th 7.30pm £5
"Exploring Our Spirituality"
Trance Evening with
JACK & JACKIE
MCCAUGHERTY
Full programme on Website
All Welcome

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**THE FRANK MORRIS
SPIRITUALIST CENTRE**
1A York Road, Croydon CR0 3QT
(Corner of Canterbury Road)
Affiliated to GWCS League
Enquiries: Kath Morris
Tel: 020 8681 3847
April Events

Saturdays 7.30pm ~ £2.50
Service, Address & Clairvoyance
6th MARK CASSIDY
13th SANDRA DOUGHTY
20th STEWART FORDES
27th SHERON MARTIN
Special Event
Thursday 11th 7.30pm £3.50
DAVID CHAPMAN

Regular Events
Wednesdays 3rd & 17th
7pm - 9pm Healing &
Short Private Readings
3rd STEWART COOPER
17th IRIS BRIDGEWATER
All Welcome

**RICHMOND
SPIRITUALIST CHURCH**
97 Church Road, Richmond,
Surrey TW10 6LU
Website: www.richmond
spiritualistchurch.com
Email:
richmondchurch97@gmail.com

Enquiries: 07507 703497
Follow us on Facebook
April Events

Sunday Divine Service at 6.30pm
7th LYNN BURRIDGE
14th VANDA GALAZKA
21st JEFF HEWITT
28th ROSA PLAZA

Wednesday Clairvoyance at 7.30pm
3rd ASHLEY MILLS
10th JANET NEVILLE
17th TREVOR WARD
24th AUDREY WILLIAMS

Open Circles
First Monday of month 7.30pm
with DEL HODD £3.50 (Mbs £3)
Last Tuesday of month 7.30pm
with OWEN WILLIAMS
£3.50 (Members £3)

Open Platform
Second Tuesday of month
7.30pm with LYNN BURRIDGE
£3.50 (Members £3)
Meditation Circle

Third Monday of month at
7.30pm with DELL HODD &
ANGELA PENYCATE
(Please note that no pets or
children are admitted to circles
and the open platform)

Speakers and Chairperson's Class
First Tuesday of month 7.30pm
with LYNN BURRIDGE
£3.50 (Members £3)

After each service, there will be
free tea, coffee and biscuits,
and time for a chat

We have an absent healing book for
you to place the names of those in
need. We send out prayers to them
twice a week at the above services.

**SPIRITUAL
AWARENESS
GROUP**
Bringing Spirit to the people
Glyn Hall,
Cheam Road,
Ewell Village,
Surrey
KT17 1SP

Enquiries: Betty Masters
Tel: 07786 741509
Email: spiritualawareness
group@gmail.com
Sunday Services
with Clairvoyance
Entrance fee £4.00
Doors 6.15pm for
6.45pm start
April Events

7th ROY MACKAY
14th SANDRA DOUGHTY
21st No Service
28th CHRISTINE EASTON
Special Event:
Thursday 11th 7.30pm
Spiritual Workshop

**SUTTON YOUNG
SPIRITUALIST
CHURCH**
Thomas Wall Centre,
Benhill Avenue,
Sutton,
Surrey
SM1 4DP

Enquiries: 020 8641 2630
April Events

Sunday Service at 6.30pm
followed by Healing
7th ELAIN STANTON
14th PETER GODDARD
21st ANN BURBEDGE
28th Easter - Closed

Clairvoyant Evening at 7.30pm
Wednesday 10th April
with TANNYA STREATFIELD
We are a friendly independent
Spiritualist church
All very welcome indeed
Do come and visit us!

EAST SUSSEX

SEAFORDSPIRIT
Seaford Independent
Spiritualist Church,
3 Warwick Road,
Seaford,
East Sussex
BN25 1RS
Tel: 01323 737407

Email:
enquiries@seafordspirit.co.uk
Website:

www.seafordspirit.co.uk
Thursday 7.30pm
Divine Service
Friday 10.30am - 12 noon
Healing

Clairvoyant Evenings
Alternate Saturdays 7.30pm
Demonstrations and workshops
as advertised on website
All Welcome

WEST SUSSEX

ANGEL IN BLUE

Storrington Village Hall,
West Sussex
RH20 3DZ

Social, Support and Mediumship
Demonstration Evenings
The last Friday of each month
Starts at 7.00pm
Entrance £6 inclusive of
Raffle and Refreshments
Plus Cowfold Village Hall
quarterly from 1st March 2019
Enquiries: Contact Val Harber
01403 865823
angelinblue@btinternet.com

BARNHAM SPIRITUAL CENTRE

Barnham Community Hall,
Murrell's Field,
Yapton Road,
Barnham
PO22 0AY

Contact Darren Hart:
0774 945 4281

Every Monday 7.30pm
Evening of Mediumship
First Sunday of the month
6.30pm Divine Service
We are a spiritual centre
providing Evenings of
Mediumship on a weekly basis
and a monthly Divine Service
We also provide Private
Readings as well as Healing
Find details of all our latest
events on Facebook:
Barnham Spiritual Centre
Serving all local communities

CRAWLEY SPIRITUALIST CHURCH & HEALING CENTRE

Capel Lane,
Gossops Green,
Crawley,
West Sussex
RH11 8HL

President: Maureen Hedger

Tel: 01342 870657

March Events

Sunday Divine Service

6.30pm - 8.00pm

7th PAULINE WALSH

14th LESLEY & BRUCE INGRAM

21st IAIN MASON

28th LESLEY HOUBE

Wednesday 7.30pm 9.00pm

Clairvoyant Evening

£4.00 (Members £3.00)

3rd NIGEL GAFF

10th PAUL JOHNSTON

17th STUART COOPER

24th TRICIA BAMSEY

Spiritual Healing

is available on Thursdays

7.30pm - 9.00pm

E-mail:

crawleyspiritual@gmail.com

Website: www.crawley

spiritualistchurch.co.uk

TYNE & WEAR

NEWCASTLE UPON TYNE, HEATON AND BYKER SPIRITUALIST CHURCH

16 - 18 Tosson Terrace,
Heaton,
Newcastle upon Tyne,
Tyne and Wear
NE6 5LX

Telephone: 0191 273 7013

Sunday 4.30pm - 5.30pm

Healing

Sunday 6.30pm Divine Service

Monday 7pm Clairvoyance

Thursday 7pm

Discussion and Open Circle

Specials as advertised

All Welcome

WEST MIDLANDS



THE BUTTERFLY FELLOWSHIP 2012

Wollaston Village Hall
Community Centre,
Bridgnorth Road,
Stourbridge,
West Midlands
DY8 3QA

Wednesday 3rd April

2.00pm £2

Afternoon Club:

Reflexology with

KATE DANIELS

Friday 5th April 7.30pm FREE

Free Open Platform for

DONNA STEWART'S

STUDENTS

Wednesday 17th April

7.30pm £5

Demonstration of Mediumship

with PAUL JACOBS

Wednesday 1st May 2.00pm £2

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Angels with SHIRLEY FORD

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served after each event

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Off Manor Hill,
Sutton Coldfield
B73 6HD
Website:

www.scsconline.co.uk

Telephone: 0121 354 3266

Follow us on Facebook at:

Spiritualist Church,

Sutton Coldfield

Sunday 6.30pm Service

Monday 1.30pm Service

Tuesday 7.30pm

Mediumship Classes

Thursday 8.00pm Healing

Friday 7.30pm Open Circle

Saturday 11.00am Healing

Monthly Specials/Workshops -
please see Website/Facebook

WILTSHIRE

WILTON SPIRITUALIST CHURCH

Light, Nature, Truth
3 Warminster Road,
Wilton,
Salisbury,

Wiltshire SP2 0AT

Tel: 07892 685626

Follow us on Facebook at:

Wilton Spiritualist Church

Sunday 6.30pm

Divine Service

Includes a Demonstration

of Mediumship

Open Circle

2nd and 4th Tuesday of each

month at 7.30pm

Everyone Welcome

WEST YORKS

HEBER STREET SPIRITUALISTS' SOCIETY

The Mother Church of
British Spiritualism

11 Heber Street,

Keighley,

West Yorkshire

BD21 5JU

(For Sat Nav use BD21 5JU,

house number 11)

Tel: 01535 647080

www.spiritualistchurch

keighley.co.uk

Follow us on Facebook:

Keighley Spiritualist Church

Saturday 7pm

Divine Service

Tuesday 7.30pm

Healing

2nd & last Thursday of month

7.30pm Open Circle

Wednesday Special 7.30pm

Demonstration of Mediumship

once a month

See website or in Church for

details of Special Events

All Welcome

STH YORKS

WHITHAM ROAD SPIRITUALIST CHURCH

109 Whitham Road,
Broomhill, Sheffield,
South Yorkshire S10 2SL

Tel: 0114 2664025

Mob: 0742 266 5205

www.whithamroad

spiritualistchurch.co.uk

Sunday 6.30pm - 8pm

Divine Service

Sunday 3pm - 4.30pm

Open Circle

Tuesday 7.30pm - 9pm

Mediumship

Wednesday 11am - 1pm

Healing

Wednesday 1.30pm - 3pm

Open Circle

Wednesday 7.30pm - 9pm

Open Circle

We also hold monthly

Special Evenings of Mediumship

along with other Special Events

throughout the year,

including three Psychic Fairs,

a Psychic Supper,

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Development Courses

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THE GATEWAY CHRISTIAN SPIRITUALIST CHURCH

2A Northcote St
(off City Road)

CARDIFF CF24 3BH

Telephone: 029 20470461

Sunday 6.30pm Service

Tuesday 10.30am to 12noon

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Saturday 7.00pm

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Telephone: 01481 247185

Mobile: 07781 413218

Email:

greetingplace@cwgsy.net

Website:

www.healingand
spiritualcentre.com

Our regular services are:

Sunday 11.00am

Address and Communication

Monday 7.30pm Healing Group

Saturday 10.30am Healing
Clinic

Other services as announced
Everyone Welcome

GREECE



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Sundays 11am DIVINE SERVICE

Wednesdays 7.30pm

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Tuesday 2nd April 7.30pm £5

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Penetrating the Veil of Illusion"
by GARY KIDGELL

Sundays 3rd April - 8th May

7pm £10 each class

Psychic Meditative Art Classes

Thursday 4th April

(weekly class) 7.30pm - £10

Develop your Psychic Abilities

with FREDRIK HAGLUND

Friday 5th April 7.30pm £20

At St Mark's Unitarian Church

Demonstration of Mediumship

with JUNE FIELD

Saturday 6th & Sunday 7th April

10am - 5pm Two-Day Spiritual

Workshop with JUNE FIELD

Tuesday 16th April 7.30pm - £10

Spiritual Meditation

Friday 19th April 2019 7.30pm

£20 St Mark's Unitarian Church

Demonstration of Mediumship

with GORDON SMITH

Friday 19th - Sunday 21st April

10am - 5pm (expt Friday 1 - 5pm)

Improve your Mediumship

with GORDON SMITH - Pt 1

Tuesday 23rd April 6pm - 8.35pm

Mini Readings 15 mins for £10

Friday 26th April 6.30 - 8.30pm

The Zodiac Series: Art and

Astrology - Opening Night

Tuesday 7th May 7.30pm £5

Talk: "A Lifetime of Healing" by

JOHN MacMANAWAY

Friday 10th May 7.30pm £20

Augustine United Church

Demonstration of Modern Day

Seership with TONY STOCKWELL

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2019 10am - 5pm

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TONY STOCKWELL

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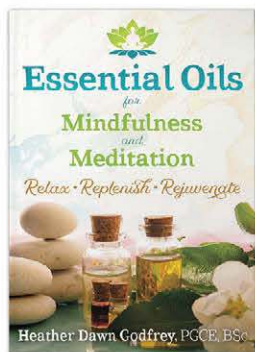


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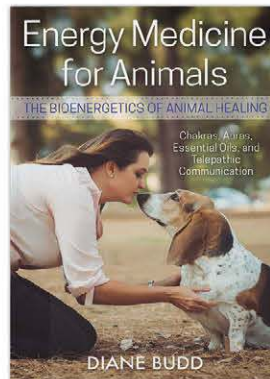
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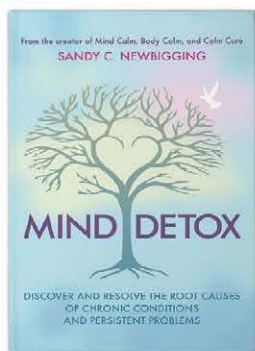
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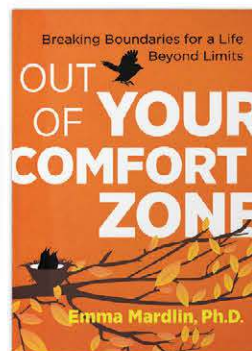
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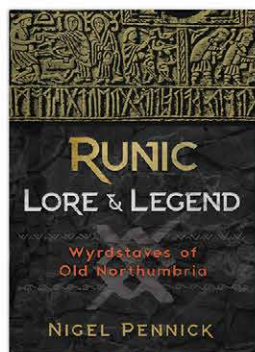
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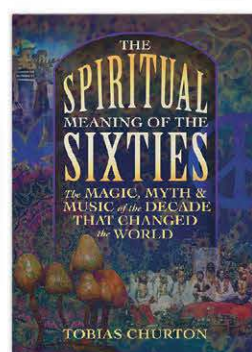
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